

AS Student Health Advisory Committee 12/2/19 Agenda

I. **In Attendance:** Cristian Rios, Jen Sanford, Kia Xiong, Maria Sanchez, Kalyn Garcia, Jeremiah Finley, Roman Sotomayor, Karen Selin, Tanae Nichols, Jo Bundros

II. Ongoing Discussions / Projects

A. AS Resoultion

1. ***For those receiving the resolution, how long will they have to take action?***

a) Next Step: Jeremiah to set up a meeting with Jen, Karen, Steve (interim ED) to discuss this issue and plan for next steps

2. ***Idea for Later on:*** Adding a check-in follow up period to resolution, say 6 months out, with specific criteria to look at.

a) Potentially a survey on campus: Initial and at 6 months out.

b) Ideas for how to do the survey:

(1) Could add several q's to pt satisfaction survey, specific to this. Is given to folks already coming into SHC.

(2) Private email survey, with follow-up period: May increase people's comfort with taking the survey

(3) Healthy minds survey this year, are some optional q's with this for each campus.

(4) Hard copy surveys in CAPS/SHC with a box they go into

c) Institutional Effectiveness would need to be involved

d) *Jo to brainstorm with Mira regarding options for survey, and the processes that would need to be followed to do a survey on campus*

3. ***Offer workshops to staff and students. Go beyond...***

4. ***Educational materials and handouts on quad***

a) Packet for HC providers, Roman updating materials

b) Potential training for providers

B. Offer workshop for Associated Students and RHA about how to be inclusive

1. Create subcommittee to develop educational materials and resources

a) To use for campus outreach

2. Members: Darin, Jeremiah, Maria, Roman, Mira, Jo

Coordinator: Jeremiah

C. Support group for voluntary sex workers on campus

1. Need for creating a safe space with support
2. Email Lasara (lfa13@humboldt.edu) if you have more thoughts or ideas regarding plans of action for this
3. Will continue to discuss as a group

D. On-campus parking permit requirement for students with disabilities who utilize accessible parking spaces discussion (Roman) via Legal Lounge

1. Hoping for sliding scale cost for parking pass
2. Connect to AS parking group
 - a) Meeting in process, Roman learned of 'scratcher type' permits on campus, idea sent on to Legal Lounge.

E. Sharps containers on campus for syringes - Continue to discuss

F. Looking for community over the holidays - Continue to discuss

G. Look for spaces to advertise resources and educational materials

1. SHC/ CAPS lobbies
2. Posters / fliers inside clinic rooms - Jo to look into this
3. Fliers around campus (have them approved/stamped at UC desk)
4. OhSNAP, CheckIt, PHE bulletin boards
5. TV's in depot, J, library
6. White boards in library, surveys, etc.
7. Jen: Possible grant pending, would include 3-4 screens with wellbeing messages, from CAPS, etc. One on each floor of SHC, two others somewhere else on campus. Goal of decreasing MH stigma and advertising services.
8. HSU social media: Description of resolution, summary, link to take survey
9. Marketing: Check with them re process
10. OrgSync? - campus wide
11. Brainstorm more advertising options in: Science buildings, BSS, Gyms
12. Chalking
13. Sandwich board: What's New?
14. Clubs on campus: Tabling with the survey

III. New Items of Discussion

A. Jen: Discussion of Potential Grant

1. Wrote into grant to support launching a chapter of Active Minds.
2. \$2,600 grant - for student members to travel to their annual convention.

3. Would need 4-5 students involved to open a chapter. Liza from CAPS wanting to mentor this group.
4. SHAC members to let others know of this opportunity too
5. Jen should know in a few weeks about the grant

B. *Doctor's Notes Discussion* - Continue to discuss

1. Issue of big delay or inability to get a doctor's note when needed, even though professors may require them for missed classes or needing assignment extensions
2. Karen: Trend is moving away from Dr notes, this discussion to continue between academic and medical. Karen to reach out to the Dean's office regarding this.