

# AS Student Health Advisory Committee 1/27/20 Minutes

## I. Introductions

- II. **In Attendance:** Roman Sotomayor, Mira Friedman, Darin Torres, Jeremiah Finley, Steve St. Onge, Kia Xiong, Lasara Allen, Cristian Rios, Karen Selin, Jo Bundros

## III. What is SHAC?

- A. Committee through AS made up mostly of students, who serve as representatives and liaisons between students, the Student Health Center, and campus Administration
- B. Goal of helping to promote well-being of HSU students
  - 1. Are there specific student health needs not being met, or aspects to care that can be improved?
- C. SHAC makes recommendations regarding identified changes needed.

## IV. Intro to Student Health and Wellbeing Services

- A. Services available to students
  - 1. Injuries, if you get sick, sexual/ reproductive health, vaccinations, labs, availability of PrEP and PEP, x-rays, on site pharmacy, etc.
  - 2. CAPS/mental health - individual short term, drop-in groups.
  - 3. Clinical PHE, OhSNAP, PHE
  - 4. Health products vending machines - *new machine in College Creek!*
  - 5. Emergency housing

## V. Ex's of what SHAC has done in the past

- 1. Organized outreach events
- 2. Advocated for Health fee increase - 2 years ago students wanted more services, this fee allowed for that (*resulted in more mental*

*health services, health products vending machines, lower wait times, expanded health education, increased # of SHC student jobs)*

## **VI. SHAC Work from Last Semester (Ongoing):**

A. Transgender and gender non-conforming students experiencing harm from clinic staff not using correct pronouns and/or names. Students being misgendered, is unkind and can be dangerous.

- a) Changes made to Pyramid EMR program (*correct names/pronouns are now at the top of page in larger font*)
- b) In-service done for SHC providers /staff to raise awareness of these issues
  - (1) Further training needed for SHC staff, educational materials being developed by sub-committee
- c) Suggested Change:
  - (1) Students can choose to give last name, date of birth, student ID # as identifiers when they are at the counter
- d) *AS resolution created by SHAC advocating for these changes*
  - (1) Sub-committee met with directors of health center, medical services, CAPS regarding these issues and plans for next steps
    - (a) Ideas brainstormed re changes to Pyramid EMR program, lab insurance billing, CAPS intake forms
  - (2) Sub- committee created
    - (a) Goal of offering workshops for AS and Housing about how to be inclusive
    - (b) Develop educational materials and resources, for trainings for HC providers and professors
    - (c) Idea of putting together a survey tool, for students to indicate how they are being treated in the SHC
    - (d) Plan for an open forum / workshop event

**e) New updates:**

- (1) Tai Parker from Open Door did an inservice with Clinical PHE team
  - (a) Roman and Mira to meet regarding possibly bringing Tai Parker and/or Dr. Cannon in to give a larger in-service
  - (b) Brochures / pamphlets from this in-service will be used in the sub-committee for developing educational materials
- (2) CAPS intake form has been updated, 'other' category from gender section has been removed
- (3) Education to SHC staff needed regarding discussing with students the frustrating limitations of some billing and Family Pact programs with names
- (4) Education Outreach
  - (a) Once education materials are ready, plan to hold SHC workshop first, and then later on a world cafe style event for larger campus
- (5) Need for signage in patient rooms - with clear info regarding patient rights and reporting
- (6) Idea of including a few questions in the SHC hard copy surveys, or utilizing the ACHA survey

**VII. New Items Discussed**

**A. Support group for voluntary sex workers on campus**

- a. Lasara Allen, Clinical Peer Health Educator is starting up an advocacy/support group on campus
- b. Meeting Mondays at 7 pm in the BSS student lounge
- c. Email Lasara directly for more info or to get involved [lfa13@humboldt.edu](mailto:lfa13@humboldt.edu)
- d. Lasara to send out flier once it's ready

**B. Discussion of Potential Grant to launch a chapter of Active Minds**

- a. Maria Sanchez, Clinical Peer Health Educator is starting up a local chapter. [mcs788@humboldt.edu](mailto:mcs788@humboldt.edu). Will need 4-5 students total to start up.

C. Gender Inclusive Taskforce

- a. Are about to release a survey, Roman to share once it's ready

D. Housing Health Event

- a. Darin is putting together a health event in April, more info to follow

**VIII. Other Items from Last Semester (For Future Meetings)**

*A. On-campus parking permit requirement for students with disabilities who utilize accessible parking spaces discussion*

*B. Sharps containers on campus for syringes*

*C. Doctor's Notes Discussion*

1. Issue of big delay or inability to get a doctor's note when needed, even though professors may require them for missed classes or needing assignment extensions
2. Karen: Trend is moving away from Dr notes, this discussion to continue between academic and medical. Karen to reach out to the Dean's office regarding this.

**IX. Future Meetings**

A. Continuing to meet every 2 weeks on Mondays at 3 pm

B. Membership is open to all HSU students (although AS appoints those who vote) - *invite any other students you know who may want to attend*

C. Will add all new members to our google team drive

1. Let's put all meeting minutes, drafts of resolutions, etc into this drive