

Dear Cal Poly Humboldt Community,

We know this is a difficult time for our campus community. The team at Student Health & Wellbeing Services want our students to know that we are here to serve and support all students and value your diverse backgrounds and perspectives.

SHWS is open on Friday, April 26 for telehealth visits and looking forward to continuing to support our students. Please email health@humboldt.edu for medical appointments or email humboldtcaps@humboldt.edu for counseling appointments. We will strive to address your needs as promptly as possible.

Please know that students also have access to 24/7 TalkNow support, scheduled counseling, and medical services through telehealth at [TimelyCare](#). TimelyCare also has Health Coaching and many remote on-demand support resources.

Faculty and staff may access TimelyCare for consultation about students in distress. Call 833-4-TIMELY (press 2) any time, day or night. Faculty and staff have access to counseling services through [EAP](#).

Sincerely,
The Student Health & Wellbeing Team