



## **HSU Counseling & Psychological Services**

SHC, Room 205, 1 Harpst Street, Arcata, CA 95521 - (707) 826-3236

Low Cost and Non-Profit Counseling Services
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Alcoholics Anonymous (AA) (707) 442-0711

Changing Tides – www.changingtidesfs.org (707) 444-8293

2259 Myrtle Ave, Eureka

Community Resource Center (referrals & programs for low income families/persons)
 (707) 442-5239

212 G Street, Eureka

■ Emma Center (for women and trauma) – www.emmacenter.org (707) 825-6680

5251 Ericson Way, Suite #3, Arcata

Humboldt Alcohol and Other Drugs (707) 476-4054

720 Wood Street, Eureka

Humboldt Community Switchboard (referral center only) (707) 441-1001

Humboldt County Mental Health – CRISIS SERVICES 24-HOUR HOTLINE (707) 445-7715

720 Wood Street, Eureka or 1-888-849-5728

 Adult Services
 (707) 268-2900

 Children Services
 (707) 268-2800

Humboldt Domestic Violence Services (707) 444-9255

CRISIS LINE (707) 443-6042

or 1-866-668-6543

Humboldt Family Service Center (707) 443-7358

1802 California Street, Eureka

FREE WALK-IN CLINIC EVERY MONDAY, 12:00-4:00PM

Sliding Fee Scale: starts at \$5.00

Humboldt State University Health Center (707) 826-3146

Humboldt State University Counseling and Psychological Services (CAPS) – and to talk
 with a therapist by phone when CAPS is closed (e.g. evenings, weekends, holidays)

Humboldt State University Community Counseling Clinic (707) 826-3921

Narcotics Anonymous (NA) (707) 444-8645

National Suicide Prevention Lifeline
 1-800-273-TALK

North Coast Association of Mental Health Professionals (NCAMHP) - www.ncamhp.org

Open Door Community Health Centers

Arcata Open Door, 770 10<sup>th</sup> Street, Arcata (707) 826-8610

North Country Clinic, 785 18<sup>th</sup> Street, Arcata (707) 822-2481

McKinleyville Community Health Center, 1644 Central Avenue, McKinleyville (707) 839-3068

Eureka Community Health Center, 2200 Tydd Street, Eureka (707) 441-1624

All 4 clinics require referral from their MD or PA in order to be seen by their therapists Sliding Fee Scale: \$30.00-\$50.00 (accepts Medi-Cal)

Rape Crisis (24-hour) (707) 445-2881





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Remi-Vista 3960 Walnut Drive, Eureka Fees: Accepts Medi-cal

(707) 268-8722

For other counseling services see the yellow pages of the phone book under: Psychologists, Psychotherapists, or Marriage and Family Therapists.