

# HUMBOLDT STATE UNIVERSITY

# HSU Healthier TOGETHER

## Share Your Ideas on Student Wellbeing Priorities

### HSU's Student Needs

Humboldt State University students are facing a healthcare shortage on campus and we have a responsibility to fix it—wait times are increasing and there is insufficient capacity to meet student needs. Most students will use medical, counseling, or health education services during their time at HSU, and a healthier campus has a positive effect on the success of every student. With limited community resources, HSU's on-campus Health and Wellbeing Services are the only resource for many students

Student Health & Wellbeing Services across the CSU are almost entirely funded by student health fees, providing medical services, psychiatry, mental health counseling, and a range of campus-wide health education programs largely at no additional out-of-pocket cost to all students. But students seeking services have grown more quickly than resources, wait times are already long for first appointments, and they're growing.

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**1,700+ HSU students have untreated mental health concerns**

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**More than 100 students leave HSU each year because of untreated health barriers**

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**Community health resources are expensive and too few to make up for the campus shortage**

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### More Student Services

Closing the gap between students needs and on-campus service capacity is an urgent priority, and there are no other funds to address this issue.

The Student Fee Advisory Committee has recommended the campus consider significantly adjusting the two fees that support the range of student physical and mental health and wellbeing services.

This additional money could only be used to support physical and mental health and will support a number of potential improvements:

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**Shorter wait times with more psychiatrists, mental health therapists, doctors, nurses, and other medical providers**

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**Repairing the existing facility and the required space for more staff or building a larger facility in conjunction with campus housing that would add more medical and counseling services, expand basic needs services, and hundreds of new residence spaces for students**

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**Sustaining and expanding sexualized violence prevention programs like Check It! as temporary federal grant funding ends**

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**Student employment opportunities (more than 50 students total with increases)**

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**24/7 Plan B and other medication access through discreetly accessible vending machines**

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**Advancement of convenient technology like 24/7 emotional texting support, online scheduling, and birth control prescription renewals from your phone**

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**More availability and quicker scheduling of birth control implants, removals, STI screenings, and other lab work**

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**Advertising and other activities to support recruiting diverse candidate pools for new hires and increasing training for staff, particularly in meeting needs of underrepresented and marginalized communities**

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**More Oh SNAP! Student Food Pantry and farm stand services for students**

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**Expanded no-cost holistic health workshops for all students in yoga, mindfulness, meditation, cooking, and massage.**

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For more information, frequently asked questions, ways to share your voice, and opportunities to engage in the campus-wide open conversation around making student wellbeing a priority, visit

# [humboldt.edu/healthiertogether](https://humboldt.edu/healthiertogether)