

Dear

Humboldt State University (HSU) is participating in the National College Health Assessment Web survey (NCHA-Web) sponsored and distributed by the American College Health Association (ACHA) and you have been randomly selected to participate. The NCHA-Web is a survey designed to assess student health behaviors in order to provide better services and support for HSU students. You may benefit by knowing that you have assisted in providing accurate information regarding health/wellness behaviors on our campus. The information will be used to develop health education and promotion programs and services for the HSU student body.

The NCHA-Web is completed online via the Internet. You may scroll through the survey as you fill this out. We encourage you to complete the survey in one sitting, which typically takes about 30-45 minutes. There is no cost to you beyond the time and effort required to complete the survey. **As a thank you for your consideration to participate, you have been automatically entered into a random drawing for one of twelve gift cards to the HSU Bookstore worth up to \$100.**

There may be some personal discomfort with the content of certain questions. For example, there are questions regarding illegal substance use and sexual behavior. You may answer only some questions, or you may choose not to participate in the survey at all. If you'd like to talk with someone about the issues addressed in the survey please contact:

- Counseling & Psychological Services [707-826-3236](tel:707-826-3236)
- Student Health Center [707-826-3146](tel:707-826-3146)

Your participation is completely voluntary and confidential. To ensure confidentiality, e-mail addresses are destroyed by ACHA before data are compiled and shared with HSU. The raw data file that is shared with your school will not contain any unique identifiers. If you feel that answering specific demographic questions might reveal your identity, you may leave them blank. You may answer only some questions, or you may choose not to participate in the survey at all. Any reports or publications based on this research will use only group data and will not identify you or any individual as being affiliated with this project.

Data transmission is encrypted and firewall securities are in place. After you submit the survey to the secure server, a message thanking you for taking the NCHA-Web will be displayed in your browser window, and you will receive a confirmation email.

If you have any questions about this research at any time, please call or email me atgay.hylton@humboldt.edu or [\(707\)826-5340](tel:707-826-5340). If you have any concerns with this study or questions about your rights as a participant, contact the Institutional Review Board for the Protection of Human Subjects atirb@humboldt.edu or [\(707\) 826-5165](tel:707-826-5165).

If you agree to participate in the ACHA NCHA-Web survey, click on the following Internet address to continue: [Take the survey](#)

Or copy and paste the URL below into your internet browser:

https://achasurveying.co1.qualtrics.com/jfe/form/SV_5cJMAF1tlernCT3?Q_DL=25YnwMorYDcyMzr_5cJMAF1tlernCT3_MLRP_8qZclceuHVUTTyB&Q_CHL=email

Thank you for your cooperation,
Gay Hylton and the American College Health Association

If you do not want to receive reminder messages about completing the survey, please click here to remove yourself from the survey mailing list: [Click here to unsubscribe](#)