

HUMBOLDT STATE UNIVERSITY

HSU Healthier TOGETHER

Share Your Ideas on Student Wellbeing Priorities

HSU's Student Needs

Humboldt State University students are facing a healthcare shortage on campus and we have responsibility to do what we can to address it. With limited campus resources, HSU's on-campus Health and Wellbeing Services are the only resource for many students. Student Health & Wellbeing Services across the CSU are almost entirely funded by student health fees, providing medical services, psychiatric, mental health counseling, and a range of campus-wide health education programs largely at no additional out-of-pocket cost to all students. But students seeking services have grown more quickly than resources, wait times are already long for first appointments, and they're growing.

This additional money could only be used to support physical and mental health and will support a number of potential improvements:

Shorter wait times with more psychologists, mental health therapists, doctors, nurses, and other medical providers

Expanding the existing facility and the required space for more staff or building a larger facility in conjunction with campus housing that would add more medical and counseling services, expand basic needs services, and hundreds of new residence spaces for students

Sustaining and expanding successful violence prevention programs like Check III as temporary federal grant funding ends

Student employment opportunities (more than 50 students total with increases)

1,700+ HSU students have untreated mental health concerns

More than 100 students leave HSU each year because of untreated health barriers

Community health resources are expensive and too few to make up for the campus shortage

More Student Services

Closing the gap between students' needs and on-campus service capacity is an urgent priority, and there are no other funds to address this issue.

The Student Fee Advisory Committee has recommended the campus consider significantly adjusting the fee list that supports the range of student physical and mental health and wellbeing services.

24/7 Plan B and other medication services through discreetly accessible vending machines

Advancement of convenient technology like 24/7 emotional texting support, online scheduling, and birth control prescription refills from your phone

More availability and quicker scheduling of birth control implants, removal, STI screenings, and other lab work

Advertising and other activities to support recruiting diverse candidate pools for new hires and increasing training for staff, particularly in meeting needs of underserved and marginalized communities

More On SNAP! Student Food Pantry and farm stand services for students

Expanded on-site holistic health workshops for all students in yoga, mindfulness, meditation, cooking, and massage.



For more information, frequently asked questions, ways to share your voice, and opportunities to engage in the campus-wide open conversation around making student wellbeing a priority, visit

humboldt.edu/healthiertogether