NARCAN

Harm Reduction

- Way to reduce the negative consequences associated with drug use
- Goal is to believe and respect the rights of those who use drugs
- Non-judgmental perspective
Opioids

- Broadly defined as any drug which acts on the brain's opioid receptors
- Typically used for pain relief, sedation, reduction of anxiety, feeling of relaxation
- Common Types: Codeine, Fentanyl, Hydrocodone, Heroin, Opium, Morphine, Oxycodone
Recognizing an Overdose

Person is:
- Not Responding
- Is not breathing or has shallow breathing
- Making Gurgling/snoring sounds
- Has blue skin and/or fingernails

Knuckle Rub on Sternum Technique

Creates a painful stimuli
Naloxone

- Medication that immediately reverses the effects of opioids
- Prevents death to someone whose breathing has slowed or stopped due to the effects of opioids
- Opioid Overdose events where naloxone is administered are reversed at rates between 83%-100%
- SAFE TO USE EVEN IF SOMEONE DID NOT TAKE AN OPIOID
- Store at room temperature
How to use Intranasal Narcan

https://youtu.be/xa7X0o_QKWk?t=30
California Law and Narcan

- **AB 635**: Protects doctors and other licensed professionals who prescribe or distribute naloxone.

- **AB 472**: "Good Samaritan Law" - protects people who call 911 at the scene of an overdose from prosecution for possession usable amounts of controlled substances.
Where to find Narcan

- Check it Forbes Gym 151
- Peer Health and Education RWC 127
- Vending machines
- Email me! @ss855@humboldt.edu
- Student Health and Wellness Center
- Ohsnap food pantry RWC 122

New QR code sticker on top of our boxes!

Anonymous optional 1 minute survey of where Narcan is from and if it was a helpful resource. Also for an individual to provide feedback to the Student Health and Wellness office.
Thank you for listening