

NARCAN

SHELBY: SOCIAL WORK STUDENT INTERN FOR THE STUDENT HEALTH
AND WELLNESS CENTER



Harm Reduction



- Way to reduce the negative consequences associated with drug use
- Goal is to believe and respect the rights of those who use drugs
- Non-judgmental perspective

Opioids

- Broadly defined as any drug which acts on the brain's opioid receptors
- Typically used for pain relief, sedation, reduction of anxiety, feeling of relaxation
- Common Types:
Codeine, Fentanyl,
Hydrocodone, Heroin,
Opium, Morphine,
Oxycodone



Recognizing an Overdose

- **Person is:**
 - Not Responding
 - Is not breathing or has shallow breathing
 - Making Gurgling/snoring sounds
 - Has blue skin and/or fingernails

- **Knuckle Rub on Sternum Technique**

Creates a painful stimuli



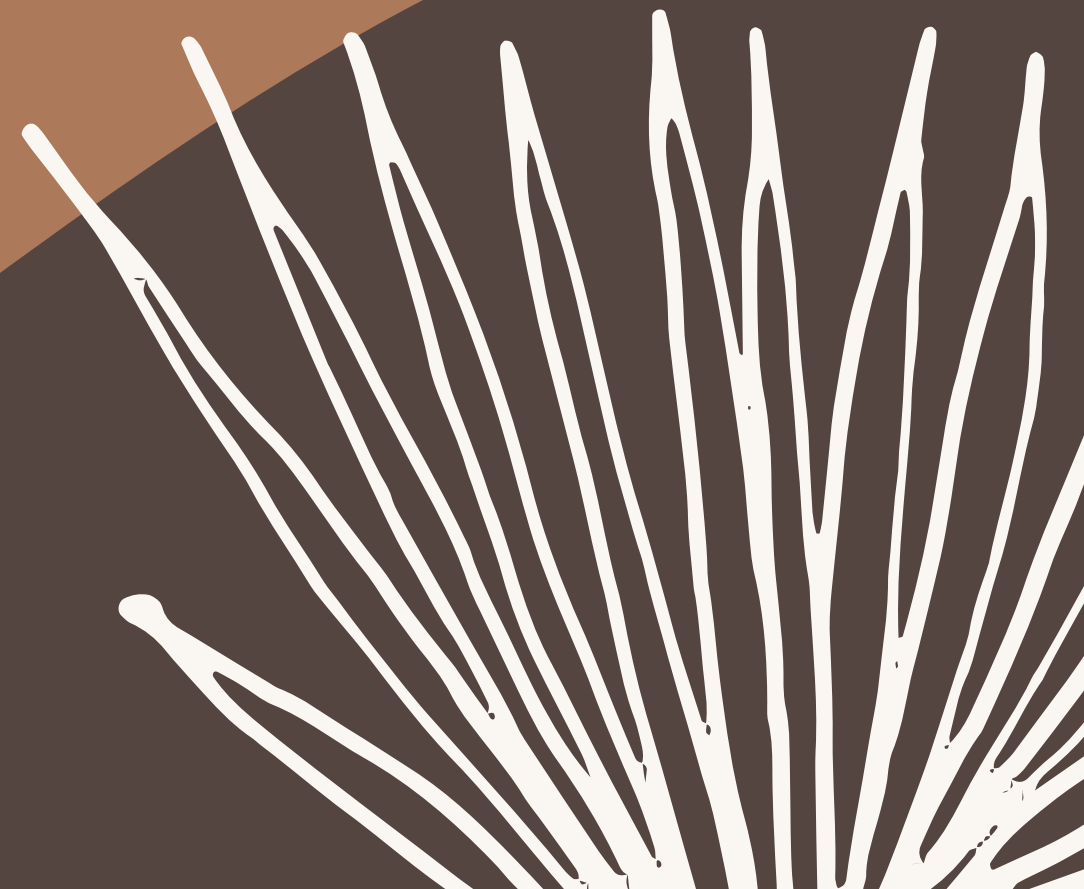
Naloxone



- Medication that immediately reverses the effects of opioids
- Prevents death to someone whose breathing has slowed or stopped due to the effects of opioids
- Opioid Overdose events where naloxone is administered are reversed at rates between 83%-100%
- SAFE TO USE EVEN IF SOMEONE DID NOT TAKE AN OPIOID
- Store at room temperature

https://youtu.be/xa7Xoo_QKWk?t=30

How to use
Intranasal Narcan



California Law and Narcan

● AB 635

Protects doctors and other licensed professionals who prescribe or distribute naloxone

● AB 472

"Good Samaritan Law"- protects people who call 911 at the scene of an overdose from prosecution for possession usable amounts of controlled substances

Where to find Narcan

- Check it Forbes Gym 151
- Peer Health and Education RWC 127
- Vending machines
- Email me!
[@ss855@humboldt.edu](mailto:ss855@humboldt.edu)
- Student Health and Wellness Center
- Ohsnap food pantry RWC 122

HUMBOLDT STATE UNIVERSITY
OhSNAP!



**PEER
HEALTH+**
EDUCATION

New QR code sticker on top of our boxes!

Anonymous optional 1 minute survey of where Narcan is from and if it was a helpful resource. Also for an individual to provide feedback to the Student Health and Wellness office



Thank you for listening

