

## Confidential Registration and Consent for Treatment

The Cal Poly Humboldt Student Health and Wellbeing Services team is pleased to welcome you to Humboldt. Our goal is to help you with your incidental healthcare needs while studying at Cal Poly Humboldt. Our limited staff cannot provide services for all medical concerns, and we know it can be challenging to find services in the local community. Please see our Website at [wellbeing.humboldt.edu](http://wellbeing.humboldt.edu) for more details about our services. Please note that you are not formally our patient until you come in for care at the Student Health Center.

Following are six important key points for you to understand:

1. Your health information will be kept confidential except under certain defined situations. Our medical staff are “mandated reporters” and are required by law to report injuries caused by weapons, possible sexual assault, domestic or child abuse, or if you are in danger of injuring yourself or others. If you wish to discuss your situation with someone who is not a “mandated reporter”, we can connect you with certain staff members who have no mandated reporting requirement. If a clinician feels that your health or safety, or those of others, are immediately at risk, they may consult anyone who may be of help, including police, with or without your permission. If you are referred to a program of provider that is not part of the health center, we will discuss it with you and may share limited information in order to coordinate your care. We may use, or allow others to use, data you provide us, in aggregate form without any identifying information, for program evaluation and quality improvement activities, and/or research by internal or external investigators leading to contributions in our understanding, and facilitation, of student health & wellbeing.
2. Limited information may be shared between medical providers at Student Medical Services (SMS) and therapists at Counseling and Psychological Services (CAPS). Student Medical Services (SMS), Counseling and Psychological Services (CAPS) work closely on cases that involve mental health care. CAPS providers will have access to SMS medical records for coordinating care for clients seen in both units. SMS may discuss your treatment or share information with CAPS in an effort to provide integrated and effective care. At CAPS, you will be asked to sign a Release of Information form allowing your mental health clinician to share relevant (but limited) information with us. If you are receiving treatment at CAPS, you should not assume that your CAPS clinician has accessed your medical file or talked to your health care provider. It is your responsibility to share information with your medical and mental health care providers that you deem important or relevant to your care (such as use of medications/substances, thoughts of suicide, etc.). Please keep both units informed of changes in your care. If you have any questions about the coordination of care as described here, please ask our staff prior to the completion of the rest of this form.
3. Your health care at SMS may include assessment or treatment by a mental health professional as part of our holistic approach. You will likely meet with a counselor at SMS if you are seeking a new psychiatric medication, could use help with life-style changes that are impacting your health, and/or would benefit from emotional or psychological support. You will always be informed when a referral to a counselor is made. The counselor will review consent for services (including limits of confidentiality) at the time of your meeting. You can also find information on the CAPS website “[counseling.humboldt.edu](http://counseling.humboldt.edu)”.
4. Emergency Contacts will be called when deemed necessary. Emergency Contacts may be called (with or without your permission) when Student Medical Services staff or administrators become aware that: a) you are experiencing a major medical or psychiatric emergency; One in which your life, safety or long-term health appear to be at risk; b) your situation puts others at dire risk. For other problems, emergency contacts will only be called at your request. Should you disappear from the center in the middle of treatment or fail to show for a critical appointment, and cannot be reached, we may make alternative efforts to contact you or ask other university personnel to assist us doing so (e.g., through your emergency contact or trying to locate you at your place of residence).

5. Parents or guardians cannot gain access to your health information without your consent unless you are under 18 years of age. Students who are 18 years of age or older have legal status as adults, and therefore under Federal law have control over who has access to their medical information. Thus, documented consent from the student is necessary for any information to be released to anyone, including parents and guardians, with a few exceptions as discussed above. For students under the age of 18, parents or guardians may request and receive information. However, under California state law, certain information is protected and cannot be discussed with a parent or guardian without the student's documented permission. This includes information about birth control, pregnancy, and treatment of sexually transmitted diseases. Such permission can be given in writing or verbally to Health Center staff. In instances of sexual assault or psychiatric problems involving a minor, parents will not be contacted if the clinician determines that it would harm the student to do so.
  
6. The Health Portal/Secure Message Portal contains password protected confidential information that you control access to. Please keep in mind that the health portal password is the same as your Humboldt password. The Health Portal/Secure Message Portal is a feature of our computerized Medical Record System, which allows us to communicate with you in a medically confidential fashion, as required by Federal law. It is password protected to maintain this confidentiality. Not only can messages be sent, but copies of lab reports and important forms reside in the Health Portal. Do not share your password with anybody, unless you are OK with them seeing your confidential information.

The Student Health Center strives to maintain a healthy workplace environment. Recognizing that employees and patients to our offices may have sensitivity or allergic reactions to various scented products, we ask that when visiting the health center you refrain from using fragrant products including lotions, soaps or oils. Please respect our goal to be fragrance free.

I hereby give consent to the medical staff at Cal Poly Humboldt Student Medical Services for basic medical examination and treatment. This includes lab and x- ray tests, and any treatment within the usual scope of care at a Primary Care clinic (including, but not limited to procedures such as splinter removal, repair of lacerations, wart treatment, and abscess drainage), when deemed advisable by, and rendered under the general supervision, of a physician licensed under the provisions of the California Medical Practice Act. I understand that treatment will be kept confidential under current State and Federal medical privacy laws, except under the circumstances listed above, or by subpoena or required morbidity and mortality reporting.

Humboldt ID# \_\_\_\_\_ Date of Birth \_\_\_\_\_

Name of Student: \_\_\_\_\_

Parent or Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_