

SHAC 10/7/19 Meeting Minutes

I. Introductions

- A. Name, if there's a department or organization you are affiliated with, and why you are interested in being a part of SHAC
- B. In attendance: Roman Sotomayor, Kia Xiong, Lasara Allen, Jeremiah Finley, Darin Torres, Jen Sanford, Mira Friedman, Maria Sanchez, Tanae Nichols, Kalyn Garcia, Cristian Rios, Karen Selin, Jo Bundros

II. What is SHAC?

- A. Committee through AS made up mostly of students, who serve as representatives and liaisons between students, the Student Health Center, and campus Administration
- B. Goal of helping to promote health and well-being of HSU students, including brainstorming about health needs of students, and facilitating ways of improving Student Health Center services to better meet those needs and better support students.
- C. SHAC makes recommendations regarding identified changes needed.

III. Intro to Student Health and Wellbeing Services

- A. Discussion of services available to students
 - 1. Injuries, if you get sick, sexual/ reproductive health, vaccinations, labs, availability of PrEP and PEP, x-rays, on site pharmacy, etc.
 - 2. CAPS/mental health - individual short term, drop-in groups.
 - 3. Clinical PHE, OhSNAP, PHE
 - 4. Health products vending machines
 - 5. Emergency housing

IV. Ex's of what SHAC has done in the past

- 1. SHAC Attack announcements and display boards (outreach for SHC)
- 2. Organized outreach events
- 3. Advocated for Health fee increase - 2 years ago students wanted more services, this fee allowed for that (*resulted in more mental health services, health products vending machines, lower wait times, expanded health education, increased # of SHC student jobs*)

V. What do you hear about Student Health and Wellbeing Services?

A. Are there specific student health needs not being met, or other ways that we can improve?

1. *Need for more support/inclusivity for trans students by the Student Health Center*

a) Concern regarding trans students experiencing harm from clinic staff not using correct pronouns and/or preferred names. Students being misgendered, feels unkind and can be dangerous.

b) Plans of action brainstormed as a group:

(1) Need for more training/education for SHC providers/staff

(2) Electronic medical record software (Pyramid) needs changes in the location (move to top of page) and larger font size for preferred name and pronouns

(a) Plan for creating a resolution to advocate for these changes in the Pyramid program (Jeremiah plans to start a draft, other members contributing too)

(3) Signage in SHC to educate students on their rights

(a) Also incorporating into SHC website, freshman orientations

(4) Implement a systems change where a person's last name, date of birth, student ID # are used as identifiers instead.

(5) Plan for creating a survey tool as a group, use to gather student input from across campus. Potentially holding a Town Hall forum as well.

2. *Support group for voluntary sex workers on campus*

a) Need for creating a safe space with support

b) Email Lasara (lfa13@humboldt.edu) if you have more thoughts or ideas regarding plans of action for this

c) Will continue to discuss as a group

VI. Additional Ideas

- A. Involvement in upcoming surveys (Healthy Minds)

VII. Announcements

- A. Darin - Health and Wellness Fair Oct 24th (put on by housing, open to all HSU students)

VIII. Future Meetings

- A. How often would we like to meet?
 - 1. Every two weeks for now

- B. Membership is open to all HSU students (although AS appoints those who vote) - *invite any other students you know who may want to attend*

- C. Will create a shared google team drive (Jo will share it with group)
 - 1. Let's put all meeting minutes, drafts of resolutions, etc into this drive