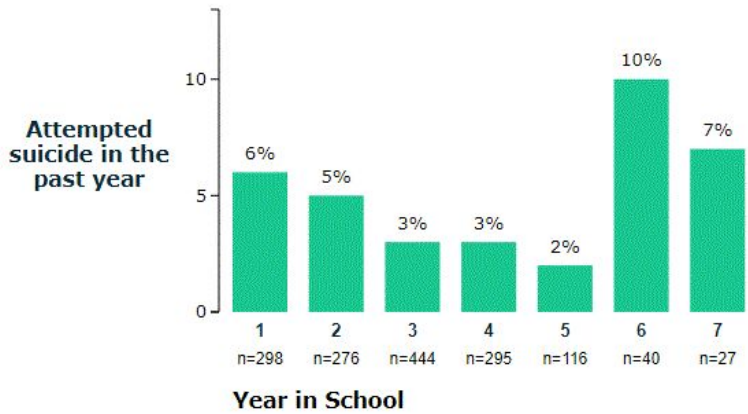


Suicidal Thoughts/Plans Among HSU Students Benchmarks Key Findings [DRAFT]

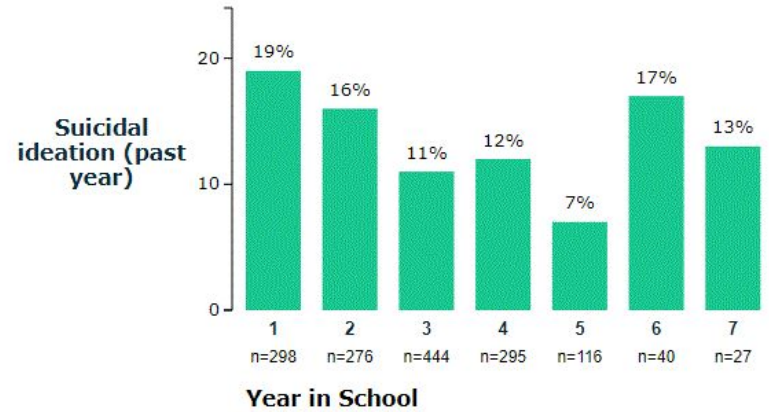
100 Universities and 10 Peer Institutions (Spring 2017 Healthy Minds Study, n=1717 of 4,000 sampled; 43% response)

Among the most striking results are the findings that 61% of HSU students screen positive for depressive symptoms (compared to under 40% nationally), 68% some anxiety, and 13% report suicidal ideation in the past year, with 9% reporting a plan). This all confirms or expands on other data reports including the ACHA National College Health Assessment (NCHA) survey and the National Survey of Student Engagement (NSSE).

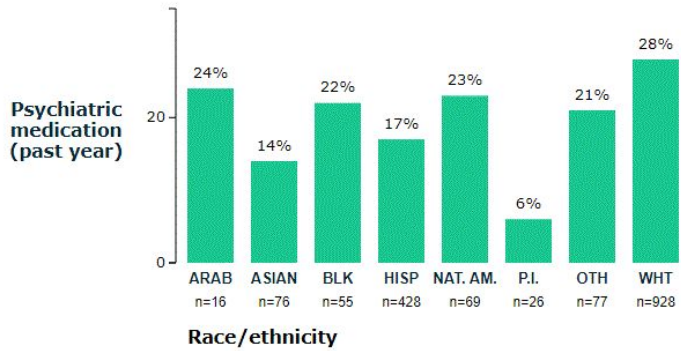




Survey respondents from Humboldt State University who reported attempted suicide in the past year grouped by year in school.



Survey respondents from Humboldt State University who reported suicidal ideation (past year) grouped by year in school.



Survey respondents from Humboldt State University who reported psychiatric medication (past year) grouped by race/ethnicity.

*The number of students in specific categories can add up to more than the total number of students for items where students are able to select multiple categories.

ARAB = Arab/Arab-American
 ASIAN = Asian/Asian-American
 BLK = African-American/Black
 HISP = Hispanic/Latino
 NAT. AM. = Native American
 OTH = Other
 P.I. = Pacific Islander
 WHT = White or Caucasian

