

Humboldt Community Resource List

October 2019 (8th edition)



Category	Page	Category	Page
<i>Community Info and Referral</i>	1	Housing: Transitional	19
Abuse (Adult/Children)	3	LGBTQ+	20
Adoption Services	3	Mediation/Conflict resolution	20
Advocacy & Legal Services	3	Medical Information/Insurance	20
Cancer Services	5	Medical Marijuana	21
Caregiver Services	6	Medical Services	21
Child Care	6	Mental/Behavioral Health	24
Civil Rights/Human Rights Advocacy	7	Native American Services	25
Clothing/Hygiene Resources	7	Organization Resources	26
Dental Services	8	Parenting Resources	28
Developmental/Intellectual Disability Services	8	Pets/Animals	29
Disability-related Resources	8	Prenatal Services	31
Discounts & Reduced Fee	9	Recreation & Fun	31
Domestic/Intimate Partner Violence	10	Senior Services	32
Education	11	Service Agencies, Clubs and Funders	33
Employment & Training	12	Shelters: Emergency/Crisis	35
Financial Assistance with Training and Supports	13	Spanish Language Resources and Support	35
Food – Meals	14	Substance Use Disorder (SUD) Services	36
Food – Pantries & Other Resources	14	SUD: Residential Facilities and Clean & Sober Houses	37
Grief and Bereavement Services	17	Transportation	38
Health and Wellness	17	Veterans	39
Housing: Assisted Living	17	Volunteer Opportunities	40
Housing: Long Term Care	18	Youth Services	41
Housing: Permanent/Rapid Re-Housing	19		

- Search engine version of this list at [Humboldt Network of Family Resource Centers site \(http://www.hnfrc.org/home/resource-search-engine\)](http://www.hnfrc.org/home/resource-search-engine)
- DHHS and St Joseph's do not endorse listed services and cannot guarantee accuracy
- Send corrections and updates to CalFreshOutreach@co.humboldt.ca.us
- Semi-annual updates issued April and October

Main Category	Name	Address	Phone	Website	Brief Description
Community Info & Referral	<i>2-1-1 Humboldt (HNFRC Member)</i>	1707 E St. Suite 4, Eureka, CA 95501	2-1-1 or 707-441-1001, 877-460-6000	http://www.211humboldt.org/	Comprehensive database of information on resources available in Humboldt County. Call the help line from any phone in Humboldt County to talk to a real person: A caring, highly-skilled call center specialist who will link you to the right telephone numbers for real help. It's free, it's easy, and it's confidential.
Community Info & Referral	<i>Arcata Family Resource Center (HNFRC Member)</i>	2400 Baldwin St., Arcata, CA 95521	707-862-1002	http://www.hnfr.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling (substance use disorder), clothing closets, tutoring, lice checks, play groups, free access to computer/internet/fax, community events and activities and job support.
Community Info & Referral	<i>Arcata House, Arcata House Partnership</i>	1005 11th St., Arcata, CA 95521	707-822-4528, 707-633-6236	http://www.arcatahouse.org/	Connection and referral to resources available in Humboldt County, food programs, health services, substance use support, clothing and hygiene products, showers on a limited basis, housing navigation services, application assistance to entitlement benefits, job search and application assistance and other services.
Community Info & Referral	<i>Area 1 Agency on Aging Senior Information & Assistance</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/	Helps seniors to find community resources and publishes the Senior Information Guide. Pick up a copy at the office or visit the website and print one.
Community Info & Referral	<i>Area 1 Agency on Aging: Senior Information Guide</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/programs-and-services/senior-information-and-assistance/senior-information-guide	A categorized phone and internet directory of programs and services relating to seniors. Available in hard copy and online at the website.
Community Info & Referral	<i>Betty Chinn- Betty Kwan Chinn Day Center</i>	133 Seventh St., Eureka, CA 95501	707-407-3833	https://www.bettychinn.org/betty-kwan-chinn-day-center.html	Open Monday through Friday from 8:00 a.m. to 3:00 p.m. Phone calls received until 4:30 p.m. Homeless day center providing case management, employment, housing, and food-related resources.
Community Info & Referral	<i>Blue Lake Community Resource Center (HNFRC Member)</i>	111 Greenwood, Blue Lake, CA 95525	707-668-4281	https://www.stjoehumboldt.org/for-community/community-resource-centers/	One of five Community Resource Centers (CRCs) operated by St. Joseph Health – Humboldt County; coordinates local programs and provides community information and referrals. Also a member of the Humboldt Network of Family Resource Centers (HNFRC). Bilingual staff.
Community Info & Referral	<i>Bridgeville Community Center (HNFRC Member)</i>	38717 Kneeland Road, Bridgeville, CA 95526	707-777-1775	http://www.bridgevillecommunitycenter.org/	Provides a variety of community services including a monthly newsletter, annual Bridgefest event, senior programs, food pantry, family support, computer access and more. Member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Carlotta Healthy Start Community Center (HNFRC Member)</i>	300 Wilder Road, Carlotta, CA 95528	707-768-3860	http://www.hnfr.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling (Substance Use Disorder), clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.
Community Info & Referral	<i>Community Disability Resource Guide (Tri-County Independent Living)</i>	---	---	http://www.tilinet.org/wp-content/uploads/Resource-Guide.pdf	A comprehensive guide developed to help persons with disabilities and their service providers find needed services.
Community Info & Referral	<i>Eureka Community Resource Center</i>	35 West Third St., Eureka, CA 95501	707-442-5239	https://www.stjoehumboldt.org/for-community/community-resource-centers/	One of five Community Resource Centers (CRCs) operated by St. Joseph Health – Humboldt County; coordinates local programs and provides community information and referrals.
Community Info & Referral	<i>Fortuna Adventist Community Services</i>	2331 Rohnerville Road, Fortuna, CA 95540	707-725-1166	http://fortunaacs.com/	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet, and food pantry. Bilingual staff available Tues/Wed 9:30 to 11:30 a.m.
Community Info & Referral	<i>Fortuna Family Resource Center (HNFRC Member)</i>	2089 Newburg Road, Fortuna, CA 95540	707-725-9082	https://sfe-fesd-ca.schoolloop.com/frc	Services and/or referrals include food assistance, health services, student and family support, counseling, clothing vouchers, tutoring, playgroups, free internet/fax, computer, community events and activities and job support. Member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Gene Lucas Community Center</i>	3000 Newburg Road, Fortuna, CA 95540	707-725-3300	http://www.ervmgc.com/	New Name & Location: was the Eel River Multi-Generational Center. Provides a healthy and supportive environment that promotes interaction, understanding and respect between generations through a variety of activities, classes, programs and services. Offers bilingual classes.

Main Category	Name	Address	Phone	Website	Brief Description
Community Info & Referral	<i>Hupa Family Resource Center (HNFRC Member)</i>	T8 Holt St., Hoopa, CA 95546	530-625-4000	http://www.hnfr.org/	Services offered through the HNFRC include: Food programs, student and family support, counseling (Substance Use Disorder), clothing closets, tutoring, lice checks, free computer/internet/fax, community events and activities and job support.
Community Info & Referral	<i>Jefferson Community Center (HNFRC Member)</i>	1000 B St., Eureka, CA 95501	707-497-6280	http://www.Jefferson-project.org	Part of Eureka's Westside Community Improvement Association; offers extensive, diverse community services and recreational opportunities. Also a member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Loleta Community Resource Center (HNFRC Member)</i>	Loleta Elementary School, 700 Loleta Drive, Loleta, CA 95551	707-733-5239	https://www.stjoehumboldt.org/for-community/community-resource-centers/	One of five Community Resource Centers (CRCs) operated by St. Joseph Health – Humboldt County; coordinates local programs and provides community information and referrals. Bilingual Coordinator Marina Cortez-Hash. Also a member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Manila Community Resource Center (HNFRC Member)</i>	1611 Peninsula Drive, Manila, CA 95521	707-444-9771	http://manilacrc.org/	Community Support services include food programs, student and family support, job seeker resources, play groups, counseling and medical referrals, fax/internet, connection to CalWORKs and CalFresh, community events, meeting space. Tues/Wed/Thu 1 to 5 p.m. Member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Marshall Family Resource Centers (HNFRC Member)</i>	2100 J St., Eureka, CA 95501 and 216 West Harris St., Eureka, CA 95501	707-441-2516	http://www.eurekacityschools.org/in dex.php?option=com_content&view=article&id=385:marshall-family-resource-center&Itemid=265	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling, clothing closets, tutoring, lice checks, free computer/internet/fax, parent support group, community events and activities and job support.
Community Info & Referral	<i>Mattole Valley Resource Center (HNFRC Member)</i>	203 Old Coast Wagon Road, Petrolia, CA 95558	707-629-3348	http://www.hnfr.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling, tutoring, lice checks, play groups, free computer/internet/fax, parent support, after school programs, community events and activities and job support.
Community Info & Referral	<i>McKinleyville Family Resource Center (HNFRC Member)</i>	1450 Hiller Road, McKinleyville, CA 95519	707-840-0905	http://mckfrc.org/	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling (Substance Use Disorder), clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.
Community Info & Referral	<i>Mobile Outreach Vehicle, HOME Program, DHHS</i>	930 Sixth St., Eureka, CA 95501	707-441-4650	http://humboldt.gov.org/383/Mobile-Outreach-Program	Mobile unit that travels to outlying areas of Humboldt County. Provides assistance with CalFresh and other social services provided by the County of Humboldt.
Community Info & Referral	<i>Pine Hill/South Bay Family Resource Center (HNFRC Member)</i>	5230 Vance Avenue, Eureka, CA 95503	707-445-5933	https://southbayusd.org/family-resource-center	Food programs, health services, student and family support, counseling referrals, play groups, free computer/internet/fax usage, community events and activities, housing search, and Cal Fresh sign ups. Member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Queer Humboldt Extensive Resource List (Community Info)</i>	PO Box 45, Arcata, CA 95518-0045	707-502-2890	http://www.queerhumboldt.org/resources/resource-download/	View or download a comprehensive 15 page resource list maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
Community Info & Referral	<i>Rio Dell Community Resource Center (HNFRC Member)</i>	99 Wildwood Avenue, Rio Dell, CA 95562	707-764-5239	https://www.stjoehumboldt.org/for-community/community-resource-centers/	One of five Community Resource Centers (CRCs) operated by St. Joseph Health – Humboldt County; coordinates local programs and provides community information and referrals. Also a member of the Humboldt Network of Family Resource Centers (HNFRC).
Community Info & Referral	<i>Southern Humboldt Family Resource Center (HNFRC Member)</i>	344 Humboldt Avenue, Redway, CA 95560	707-923-1147	https://www.facebook.com/pages/Family-Resource-Center-Southern-Humboldt/124716694350164?rf=162340227123806	Services offered through the HNFRC include: Food programs, health services, student and family support, counseling (Substance Use Disorder), clothing closets, tutoring, lice checks, play groups, free computer/internet/fax, community events and activities and job support.

Main Category	Name	Address	Phone	Website	Brief Description
Community Info & Referral	<i>Willow Creek Community Resource Center (HNFRC Member)</i>	38883 Highway 299, Willow Creek, CA 95573	530-629-3141	https://www.stjoehumboldt.org/for-community/community-resource-centers/	One of five Community Resource Centers (CRCs) operated by St. Joseph Health – Humboldt County; coordinates local programs and provides community information and referrals. Also a member of the Humboldt Network of Family Resource Centers (HNFRC).
Abuse (Adult/Children)	<i>Adult Protective Services (APS), DHHS</i>	808 E St., Eureka, CA 95501	707-476-2100, after 5 p.m., weekends, toll free 866-527-8614	http://humboldt.gov.org/499/Adult-Protective-Services	APS provides protective services to elders (65 and older) and dependent adults (18-64) who are unable to protect their own interests or care for themselves.
Abuse (Adult/Children)	<i>CASA of Humboldt</i>	2356 Myrtle Avenue, Eureka, CA 95501	707-443-3197	http://www.humboldtcasa.org/	Court Appointed Special Advocates (CASA) speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Abuse (Adult/Children)	<i>Child Abuse Prevention Coordinating Council</i>	PO Box 854, Eureka, CA 95502	707-445-7006	http://www.capcchumboldt.org	Provides training, public awareness and support regarding child abuse prevention, intervention and treatment efforts.
Abuse (Adult/Children)	<i>Child Welfare Services Ombudsman (DHHS) (Abuse)</i>	2430 Sixth St., Eureka, CA 95501	707-388-6777	https://humboldt.gov.org/2360/CWS-Office-of-the-Ombudsperson	DHHS-Child Welfare Services (CWS) Office of the Ombudsperson provides the following services: independent review of concerns or complaints; information, consultation and facilitation; and, assistance with problem resolution.
Abuse (Adult/Children)	<i>Child Welfare Services, DHHS</i>	929 Koster St., Eureka, CA 95501	707-445-6180	http://humboldt.gov.org/497/Child-Welfare-Services	Emergency Response workers investigate reports of child maltreatment. Protection of the child is the main goal, and maintaining the family unit is emphasized whenever possible. Emergency response services are available 24 hours a day, seven days a week.
Abuse (Adult/Children)	<i>Long-Term Care Ombudsman Program, Area 1 Agency on Aging</i>	434 Seventh St., Eureka, CA 95501	707-269-1330	http://www.a1aa.org/programs-and-services/ombudsman	The Long-Term Care Ombudsman Program is a community-supported program, built largely of volunteers who are trained and certified to advocate for the rights of residents of skilled nursing and residential care facilities.
Abuse (Adult/Children)	<i>North Coast Rape Crisis Team</i>	PO Box 1011, Eureka, CA 95502	Hum: 443-2737, hotline 445-2881. Del Norte: 465-6961, hot-line 465-2851	http://www.ncrct.org	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them. 24 hour crisis line, in-person counseling, support group, advocacy, accompaniment, information and referrals, prevention education.
Adoption Services	<i>Adoption Horizons/Licensed</i>	10 W Seventh St. Suite F, Eureka, CA 95501	707-444-9909	http://www.adoption-horizons.org/	Provides adoptable children with families, state licensed home studies, counseling/adoption planning for pregnant woman, adoption education, preparation and guidance to singles and couples desiring to adopt.
Adoption Services	<i>Adoption Services Bureau, State Department of Social Services</i>	749 F St., Arcata, CA 95521	707-826-9180	http://www.cdss.ca.gov/Benefits-Services/Adoption-Services/Adoptions/Adoption-Field-Offices/Arcata-Adoption-Office	For parents who relinquish a child to an adoption agency for placement, who place a child directly, or who wish to adopt. Information available about licensed public and private adoption agencies.
Adoption Services	<i>Environmental Alternatives Foster Family Agency</i>	612 G St. Suite 104, Eureka, CA 95501	707-443-7370	http://www.ea.org/	Provides nurturing homes with love to match with foster children. Social workers visit the kids and their foster parents weekly. Operates several six-bed group homes and a 30 bed group home, as well as offering transitional rental housing for youth aged 18-24 who have aged out of foster care.
Adoption Services	<i>Infant Placement Program: Adoption Horizons</i>	10 W Seventh St. Suite F, Eureka, CA 95501	707-444-9909	http://www.adoption-horizons.org/programs/infant-placement/	The Infant Placement Program differs from other independent adoption programs. This program is geared exclusively for women who want to improve themselves through the process of adoption. Adoption Horizons assists the family through the matching and legal processes, as well as counsels and supports the birthmother.
Advocacy & Legal Services	<i>"Roadmap to Re-entry: a California Legal Guide"</i>	---	---	http://www.rootandrebound.org/roadmap-to-reentry-guide	Root & Rebound Re-entry Advocacy Center produces a comprehensive guide to increase access to justice and opportunity for people in reentry from prison and jail, and to educate and empower those who support them. View the guide online or download the 1,000+ page PDF. Topics include housing, public benefits, ID and other key documents, court-ordered debt, employment and education.

Main Category	Name	Address	Phone	Website	Brief Description
Advocacy & Legal Services	<i>Blue Lake Tribal Court, Blue Lake Rancheria Tribe</i>	428 Chartin Road, Blue Lake, CA 95525	707-668-5101	http://www.bluelakerancheria-nsn.gov/govLawTribalCourt.html	Has jurisdiction over civil and criminal matters arising within the tribe's reservation as expressly provided in tribal ordinances.
Advocacy & Legal Services	<i>California Indian Legal Services</i>	324 F St., Eureka, CA 95501	707-443-8397, 800-347-2402	http://www.calindian.org/	Legal services to protect/advance Indian rights, foster self-determination, and facilitate tribal nation-building.
Advocacy & Legal Services	<i>Catholic Charities, Immigration and Citizenship Services</i>	987 Airway Court, Santa Rosa, CA 95403	707-578-6000 (Immigration Front Desk)	http://www.srcharities.org/get-help/immigration-services	Citizenship classes, refugee resettlement, DACA, preparing documents for visa petitions, adjustments of status, affidavits of support, consular processing documents, and work authorizations.
Advocacy & Legal Services	<i>Child Welfare Services Ombudsman (DHHS) (Advocacy)</i>	2430 Sixth St., Eureka, CA 95501	707-388-6777	https://humboldt.gov.org/2360/CWS-Office-of-the-Ombudsperson	DHHS-Child Welfare Services (CWS) Office of the Ombudsperson provides the following services: independent review of concerns or complaints; information, consultation and facilitation; and, assistance with problem resolution.
Advocacy & Legal Services	<i>Community Corrections Resource Center</i>	404 H St., Eureka, CA 95501	707-267-9320	http://www.humboldt.gov.org/1413/Community-Corrections-Resource-Center	An interagency collaborative program providing correctional supervision, substance abuse and mental health assessment and treatment, vocational services, and linkages to community-based services to those on probation. Mon-Fri 8 a.m.-noon, 1-4:30 p.m.
Advocacy & Legal Services	<i>Court Appointed Special Advocates (CASA)</i>	2356 Myrtle Avenue, Eureka, CA 95501	707-443-3197	http://www.humboldtcasa.org/	Court Appointed Special Advocates (CASA) speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Advocacy & Legal Services	<i>Family Law Self-Help Center</i>	825 Fifth St. Room 303, 95501 Eureka	707-445-7256	http://humboldt.courts.ca.gov/sh/	Provides help with both family and civil law. Services are available to all parties that represent themselves regardless of income. Self-Help Center staff can provide you with information about your legal rights and obligations.
Advocacy & Legal Services	<i>Finding Resources and Empowerment through Education: F.R.E.E. (an HSU Club)</i>	1 Harpst St., Arcata, CA 95521	707-826-3776	https://clubs.humboldt.edu/club_sites/free-finding-resources-and-empowerment-through-education	Provides leadership by encouraging advocacy, values, and customs that will lead to the continued recruitment, retention and graduation of low-income and undocumented students; some pro bono lawyers from the Bay Area hosting webinars and giving free legal services.
Advocacy & Legal Services	<i>Homeless Court Services</i>	825 Fifth St., Eureka, CA 95501	707-445-7256	http://www.humboldt.courts.ca.gov/index.htm	Homeless Court occurs monthly in a variety of shifting locations throughout Eureka and Arcata. Various community partners offer intake services. For more information, please contact the Courthouse at 707-445-7256.
Advocacy & Legal Services	<i>Hoopa Valley Tribal Court, Hoopa Tribe</i>	11860 State Highway 96 (Tribe), Hoopa Justice Center P.O. Box 1389, Hoopa, CA 95546	530-625-4305	https://www.hoopa-nsn.gov/the-tribal-government/hoopa-valley-tribal-court	The court hears cases involving family law, child abuse and neglect, evictions, domestic violence, restraining orders, juvenile delinquency, juvenile wellness court, traffic citations, and civil complaints for monetary damages. Hoopa Justice Center location 12530 State Highway 96, Hoopa.
Advocacy & Legal Services	<i>Humboldt County District Attorney</i>	825 Fifth St., Fourth Floor, Eureka, CA 95501	707-445-7411	http://www.humboldt.gov.org/289/district-attorney	Prosecutes crimes occurring within the boundaries of Humboldt County, supplies legal and technical assistance to police agencies and serves as legal advisor to the Grand Jury.
Advocacy & Legal Services	<i>Humboldt County Probation Department</i>	2002 Harrison Avenue, Eureka, CA 95501	707-445-7401	http://www.co.humboldt.ca.us/prob/	As an agent of the Court they reduce the impact of crime in the community through investigation, prevention, supervision, collaboration, detention, and victim restitution.
Advocacy & Legal Services	<i>Karuk Judicial System, Karuk Tribe</i>	PO Box 629, Yreka, CA 96097	530-841-3143 ext 6	http://www.karuk.us/index.php/departments/judicial-system	The mission of the Karuk Judicial System is to restore and preserve traditional methods of resolving disputes between and among Tribal citizens to provide equality, justice, safety and security for all tribal citizens and to all people within the Karuk Tribe Jurisdiction.
Advocacy & Legal Services	<i>Karuk Tribe - Child & Family Services</i>	64236 Second Avenue, Happy Camp, CA 96039 Also have an office in Orleans, CA	530-493-1600	http://www.karuk.us/karuk2/home	A federally recognized tribe of Karuk people. They are an indigenous people of California, located in the northwestern corner of the state, in Humboldt and Siskiyou Counties.
Advocacy & Legal Services	<i>Legal Services of Northern California</i>	123 Third St., Eureka, CA 95501	707-445-0866	http://www.lsnr.info/	The mission of LSNC is to provide quality legal services to empower the poor to identify and defeat the causes and effects of poverty within their community efficiently utilizing all available resources.

Main Category	Name	Address	Phone	Website	Brief Description
Advocacy & Legal Services	<i>Long-Term Care Ombudsman Program, Area 1 Agency on Aging</i>	434 Seventh St., Eureka, CA 95501	707-269-1330	http://www.a1aa.org/	The Long-Term Care Ombudsman Program is a community-supported program, built largely of volunteers who are trained and certified to advocate for the rights of residents of skilled nursing and residential care facilities.
Advocacy & Legal Services	<i>Lorna Stewart, Disability Lawyer</i>	1402 Union St., Suite B, Eureka, CA 95501	707-445-9056 or toll free 888-423-4453	https://lsdisability.com/	Apply for Social Security Disability benefits first and wait for decision. If denied, contact a disability lawyer.
Advocacy & Legal Services	NAACP	P.O. Box 1434, Eureka, CA 95502-1434	707-502-2543	https://www.facebook.com/EurekaNAACP/ https://www.eurekanaacp.org/	The mission of the National Association for the Advancement of Colored People (NAACP) is to secure the political, educational, social, and economic equality of rights in order to eliminate race-based discrimination and ensure the health and well-being of all persons.
Advocacy & Legal Services	<i>Public Law Library of Humboldt County</i>	812 Fourth St., RM G04, Eureka, CA 95501	707-476-2356	http://co.humboldt.ca.us/law-library	The mission of the Humboldt County Law Library is to provide the public with free access to up-to-date, user-friendly and appropriate legal resources.
Advocacy & Legal Services	<i>Self Help Centers, Humboldt Superior Court</i>	825 Fifth St., Room 310, Eureka, CA 95501	707-445-7256	http://humboldt.courts.ca.gov/sh/	Provides assistance in the areas of both family law and non-family (civil) law. These services are available to all self-represented parties regardless of income. Provides information on legal rights and obligations; they cannot provide legal advice. Specific areas of help are listed on website.
Advocacy & Legal Services	<i>Teresa Foster, Immigration Consultant</i>	2180 Jefferson St. Suite 103, Napa, CA 94559	707 255-8666	https://www.teresafosterimmigration.com/	Helping immigrants re-unite with loved ones through various visa processes, up to and including residency and citizenship; based in Napa, office serves the immigrant community throughout the state. Mrs. Foster is not an attorney; she is a consultant, with a bond on file at the CA Secretary of State.
Advocacy & Legal Services	<i>Veterans Justice Outreach</i>	Services through SF VA Healthcare System; see website	---	http://www.va.gov/homeless/vjo.asp	A program to avoid the unnecessary criminalization of mental illness and extended incarceration among Veterans by ensuring that eligible justice-involved veterans have timely access to VHA services as clinically indicated. Specialists are responsible for direct outreach, assessment, and case management.
Advocacy & Legal Services	<i>Victim Witness & CA Victim Compensation, Humboldt County District Attorney</i>	825 Fifth St., fourth floor, Eureka, CA 95501	707-445-7411	http://www.co.humboldt.ca.us/distattty/	Assists victims of crime and offers support services to victims, their families and witnesses during criminal proceedings. Victim Witness Assistance Centers work directly with the CA Victim Compensation Program (CalVCP) to assist victims.
Advocacy & Legal Services	<i>VINE Line (Victim Information & Notification Everyday)</i>	---	877-411-5588	https://www.vinelink.com	VINE helps victims of crime with information about the custody of their offender; it is provided by the Humboldt County Sheriff & the CA Department of Corrections and Rehabilitation. VINE is a free service, available 24-hours a day, seven days a week, in English and Spanish. All registrations are confidential.
Advocacy & Legal Services	<i>Yurok Tribal Court, Yurok Tribe</i>	190 Klamath Blvd., PO Box 1027, Klamath, CA 95548	707-482-1350	http://www.yuroktribe.org/tribalcourt/	The Court's role is to protect the values of the people, to support the development of those values within each member of the community, and to ensure that the responsibility to protect our traditions and traditional lands are carried out. Yurok Justice Center location 230 Klamath Blvd, Klamath, CA 95548.
Cancer Services	<i>All Cancer Support Group, St. Joseph Health – Humboldt County</i>	2700 Dolbeer St., Eureka, CA 95501	445-8121 ext. 6349	https://www.stjosephhumboldt.org/our-services/cancer-program/support-services/	Group designed for those who are currently undergoing cancer treatment or have completed treatment, along with family/friends. Facilitated by April Alexander, Oncology Social Worker. Meets third Thursday of the month at 5:30 p.m. in various locations; please call for more information.
Cancer Services	<i>American Cancer Society</i>	317 I St., Eureka, CA 95503	707-442-1436 Office # 443-2241	http://www.cancer.org/	Comprehensive source of national and local resources and information for those dealing with the challenges of cancer. ACS Thrift Store at 2942 F St., Eureka.
Cancer Services	<i>American Society of Clinical Oncology(ASCO)</i>	2318 Mill Road, Suite 800, Alexandria, VA 22314	571-483-1300	http://www.cancer.net/	Cancer.Net provides timely, comprehensive, oncologist-approved information from the ASCO. Cancer.Net brings the expertise and resources of ASCO to people living with cancer and those who care for and about them to help patients and families make informed health care decisions.
Cancer Services	<i>Cancer Care Program, St. Joseph Health – Humboldt County</i>	2700 Dolbeer St., Eureka, CA 95501	707-269-4242, 800-477-1922	http://www.stjosepheureka.org/Our-Services/Cancer-Program.aspx	Comprehensive cancer care to reduce morbidity and mortality from cancer.

Main Category	Name	Address	Phone	Website	Brief Description
Cancer Services	<i>Cancer Support Group, Prostate (St. Joseph's)</i>	2700 Dolbeer St., Eureka, CA 95501 (St. Joseph's Hospital)	707-496-8340	http://www.stjoehumboldt.org/Our-Services/Cancer-Program/Support-Services.aspx	This support group is open to people that have been diagnosed with prostate cancer and their loved ones. Provides education, resources, and support.
Cancer Services	<i>Evergreen Lodge, St. Joseph Health – Humboldt County</i>	2700 Dolbeer St., Eureka, CA 95501	707-445-8121 ext. 7980	https://www.stjoehumboldt.org/for-community/evergreen-lodge/	Low-cost lodging for patients receiving cancer treatment at St. Joseph Hospital.
Cancer Services	<i>Humboldt County Breast and Gyn Health Project</i>	987 Eighth St., Arcata, CA 95521	707-825-8345	http://www.hcbhp.org	Community resource of support and education for those facing a breast health concern, gynecologic cancer concern, or a diagnosis of breast or gynecologic cancer.
Cancer Services	<i>Leukemia & Lymphoma Society</i>	3 International Drive Suite 200, Rye Brook, NY 10593	888-557-7177	http://www.lls.org	Mission is aimed towards curing leukemia, lymphoma, Hodgkin's disease and myeloma, and improve the quality of life of patients and their families. Nearest local chapters are in Sacramento or S.F.
Cancer Services	<i>National Coalition for Cancer Survivorship</i>	8455 Colesville Road Suite 930, Silver Spring, MD 20910	877-622-7937	http://www.canceradvocacy.org	Represents individuals living with, through and beyond a cancer diagnosis. Advocate for quality cancer care for all people touched by cancer and for changes in how the nation researches, regulates, finances and delivers quality cancer care.
Caregiver Services	<i>Elite Caregivers Senior Home Care</i>	PO Box 6888 Eureka, CA 95502	707-496-8499	http://www.elite-caregivers.com	Aides provide personal care, companionship and life enrichment services to help seniors and others requiring assistance to continue to live independently in the comfort of their own home. Aides work independently and in teams to meet the needs of clients. Owned and operated by John and Laura Neely for over 25 years.
Caregiver Services	<i>Humboldt Senior Resource Center/ Adult Day Health Services (Caregiver Services)</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	This licensed, therapeutic day program offers comprehensive care, activities, health monitoring, therapies, social services, meals, and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health, and prevent decline of their abilities. Call ext. 3203.
Caregiver Services	<i>Humboldt Senior Resource Center/Alzheimer's Resource Center</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	An extensive Alzheimer's Resource Library is located at HSRC. Staff is available to provide consultations regarding dementia care and referrals to community resources. Caregiver support groups are available, as well as caregiver training workshops. Call ext. 3203.
Caregiver Services	<i>In-Home Supportive Services (IHSS), Mental Health, DHHS (Caregiver)</i>	808 E St., Eureka, CA 95501	707-476-2100, toll free 866-527-8614	https://humboldt.gov.org/502/In-Home-Supportive-Services	In-Home Supportive Services (IHSS) is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Caregiver Services	<i>Pacific Medical Resources</i>	612 Second St., Eureka, CA 95501	707-798-6244	https://www.pacificmedicalresources.com/	Services from light housekeeping to complex personal care, such as: children and adults with special needs; the terminally ill home in their final days; clients discharged from hospital setting who need extra care after surgery, etc. A for-profit organization.
Caregiver Services	<i>Redwood Caregiver Resource Center</i>	1140 Sonoma Avenue, Ste. 1B, Santa Rosa, CA 95405	1-800-834-1636, 707-542-0282	http://www.redwoodcrc.org/	Serves family caregivers through the National Family Caregiver Support Program (NFCSP). NFCSP serves families and informal caregivers of individuals 60 and over or individuals of any age with Alzheimer's disease or related disorders with neurological and organic brain dysfunction.
Caregiver Services	<i>Visiting Angels</i>	1112 Fifth St., Eureka, CA 95501 and 1719 Main St., Fortuna, CA 95540	707-442-8001 and 707-725-3611 and 707-825-8008	http://www.visitingangels.com/eureka/home	A national network of elder care agencies committed to providing families with the best possible in-home care. Please call to learn more and schedule an appointment at the Eureka location. The Arcata location has limited hours. Call for more details.
Childcare	<i>Changing Tides Family Services (Child Care)</i>	2379 Myrtle Ave, Eureka, CA 95501	707- 444-8293	http://changingtidesfs.org/child-care	Child Care, counseling, respite care, developmental and mental health services and other community resources.
Childcare	<i>Child Development Lab (CDL), Humboldt State University</i>	1 Harpst St., Arcata, CA 95521	707-826-3838	https://childrencenter.humboldt.edu/	The CDL is a designed to provide a model preschool for children, create a learning center for students, support and educate parents and serve as a research and instructional center for HSU. The CDL serves children from 2 years 9 months to 5 years of age. Any local family is eligible to enroll their children in the morning sessions Monday through Friday or afternoon sessions Monday through Thursday.

Main Category	Name	Address	Phone	Website	Brief Description
Childcare	<i>College of the Redwoods: Child Development Center</i>	7351 Tompkins Hill Road, Eureka, CA 95503	707-476-4337	https://www.redwoods.edu/cdc	Open to the community. For children age 18 months to 5 years old. The center serves as a laboratory for Early Childhood Education students, and enriching, educational childcare for children of CR student parents, staff, and faculty.
Childcare	<i>Humboldt State Children's Center</i>	1 Harpst St., Arcata, CA 95521 (Jensen House #94)	707-826-3838	https://childrencenter.humboldt.edu/	Affordable high quality child care for children 3 months to 5 years old whose parents are HSU students, staff or faculty. Based on a sliding scale. Open Mon. through Fri., 7:30 a.m. to 5:30 p.m. Aftercare is available from 5:30 to 6:30 p.m. during the academic year.
Childcare	<i>Northcoast Children's Services</i>	1266 Ninth St., Arcata, CA 95521	707-822-7206 1-800-808-7206	http://ncsheadstart.org/	Early Head Start for 0 to 3 year olds and Head Start for 3 to 5 year olds is offered in various communities.
Civil Rights/Human Rights Advocacy	<i>American Civil Liberties Union (ACLU), Redwood Chapter</i>	917 3rd St. Suite Q, Eureka, CA 95501	707-336-2258	http://redwoodaclu.blogspot.com/	To preserve, protect and defend the essential civil liberties enshrined in the state and federal constitutions.
Civil Rights/Human Rights Advocacy	<i>Humboldt Center for Constitutional Rights (HCCR)</i>	637 F St., Arcata, CA 95521, P.O Box 685, Bayside CA 95524	707-633-9085	http://www.humrights.org	Vision is to ensure that every member of the Humboldt community feels confident expressing his or her constitutional rights and empowered by the knowledge that HCCR is ready to defend those rights, should they be violated.
Civil Rights/Human Rights Advocacy	<i>Humboldt County Human Rights Commission</i>	825 Fifth St. Room 1A, Eureka, CA 95501	866-809-4373; 707-268-2548	http://humboldt.gov.org/1308/Human-Rights-Commission	Aids in the eradication of discrimination in the county specifically in cases of employment, public services and housing.
Civil Rights/Human Rights Advocacy	<i>Western Regional Advocacy Project (W.R.A.P.)</i>	2940 16th St. Suite 200-2, San Francisco, CA 94103	415-621-2533	http://wraphome.org	Created to expose and eliminate the root causes of civil and human rights abuses of people experiencing poverty and homelessness in the community.
Clothing/Hygiene Resources	<i>Angels of Hope Thrift Store</i>	1309 10th St., Arcata, CA 95521	707-822-5019	http://youthability.org/angels-of-hope-thrift-store	Store is a training center in which disadvantaged youth and young adults learn retail skills and basic workplace knowledge. Store proceeds fund the on-the-job training program. Low cost clothing, shoes, housewares, kitchen stuff, furniture, appliances. Mon-Sat 10 a.m.-7 p.m., Sun 11 a.m.- 5 p.m.
Clothing/Hygiene Resources	<i>Arcata Pool</i>	1150 16th St., Arcata, CA 95521	707-822-6801	http://arcatapool.com/	Facility use is \$8.50 for adults, \$7.25 for seniors, and \$5.00 for youths. Discounted price is \$4.00 for recipients with proof of SSI Disability, Medi-Cal, or EBT, also offered on childrens swimming lessons.
Clothing/Hygiene Resources	<i>Betty Chinn - Betty's Blue Angel, Betty Chinn (C/H Resources)</i>	133 Seventh St., Eureka CA 95501	707-407-3833	http://www.bettysblueangel.com/	Provides clothing and hygiene products at various locations throughout Humboldt County.
Clothing/Hygiene Resources	<i>Betty Chinn at St. Vincent de Paul's Free Dining Facility</i>	35 West Third St., Eureka, CA 95501	707-407-3833	http://bettychinn.org/bettys-shower/	Showers available Monday, Wednesday and Friday from 8 a.m. to noon. First come, first served. Early arrival is recommended.
Clothing/Hygiene Resources	<i>Eureka Rescue Mission - Men's Program (C/H)</i>	110 Second St., Eureka, CA 95501	707-443-4551	http://www.eurekarescuemission.org/	Dinner and breakfast are served. For emergency shelter arrive between 5:30 to 6 p.m. People are released from 7 to 7:30 a.m. Showers are Tuesdays and Thursdays 1 to 3 p.m. Has a clothing closet. Walk-ins may be possible.
Clothing/Hygiene Resources	<i>Fortuna Adventist Community Services (C/H Services)</i>	2331 Rohnerville Road, Fortuna, CA 95540	707-725-1166	http://fortunaacs.com/	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet, and food pantry. Bilingual staff available Tues/Wed 9:30 to 11:30 a.m.
Clothing/Hygiene Resources	<i>Frederick and Charles Beauty College</i>	831 F St., Eureka, CA 95501	707-443-2733	http://fandcbeauty.com/	Haircuts for \$10. Call for information on other lower cost services.
Clothing/Hygiene Resources	<i>Loads of Love</i>	Arcata Speed Wash, 1080 F ST., Eureka, CA 95521	707-683-9762	---	The Loads of Love initiative helps to wash the clothes and bedding of individuals and families living in poverty. Loads of Love provides quarters and detergent for two loads of laundry per family. First and second Thursday of every month 12 p.m. to 2 p.m.
Clothing/Hygiene Resources	<i>Our Savior's Lutheran Church (C/H resources)</i>	425 Shaw Avenue, Ferndale, CA 95536	707-786-9619	---	Free clothing closet open on Wednesdays from 1 to 4 p.m., located directly behind church on Shaw Ave. Dry goods food pantry also available.
Clothing/Hygiene Resources	<i>Raven Project, RCAA (C/H Resources)</i>	523 T St. (Drop-In Center), Eureka, CA 95501	707-443-7099	http://rcaa.org/youth-services-bureau	Provides food, clothing, showers, and other services to homeless youth 21 years of age or younger. The RAVEN Project is open Monday from 5:00-9:00 p.m., Wednesday from 1:00-6:00 p.m., Friday from 1:00-4:00 p.m., and Sunday from 1:00-5:00 p.m.

Main Category	Name	Address	Phone	Website	Brief Description
Clothing/Hygiene Resources	<i>Ruth's Room, Rio Dell Baptist Church</i>	100 Butcher, Rio Dell, CA 95562	707-764-3811	https://www.facebook.com/pages/Rio-Dell-Baptist-Church/368400067958	No cost clothing closet for everyone; Tuesday, 10 a.m. to 1 p.m.
Dental Services	<i>Denti-Cal (dental coverage for Medi-Cal beneficiaries)</i>	---	800-322-6384	https://www.denti-cal.ca.gov/	Dental Services are one of the benefits under the Medi-Cal program. Denti-Cal administers coverage. Check website for help finding a provider.
Dental Services	<i>K'ima:w Medical Center (Dental)</i>	535 Airport Road, Hoopa CA 95546	530-625-4261	https://kimaw.org/	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.
Dental Services	<i>Open Door Community Health Centers, Burre Dental Center (Dental Only)</i>	959 Myrtle Avenue, Eureka, CA 95501	707-442-7078	http://opendoorhealth.com/opendoor/locations/burre-dental-center/	DENTAL ONLY. Primary dental care, including routine and preventive dental examinations and care for children and adults. Restorative care, including fillings, root canals, partial and full dentures, available by appointment. Same day, walk-in and urgent care provided for toothache, other oral pain and infection. Currently has limited access for new adult patients, please call for more information.
Dental Services	<i>Redwoods Rural Health Center (Dental)</i>	101 West Coast Road #B, Redway, CA 95560	707-923-4313	http://www.rrhc.org/dental-clinic	Provides responsive, preventive, high quality primary health care services, through a variety of healing disciplines, to all people without regard to social or economic status. No longer accepting new patients or walk ins currently as of Jan. 2019.
Dental Services	<i>Smile Humboldt</i>	529 I St., Eureka, CA 95501	707-476-4924	http://www.smilehumboldt.org/	Oral Health resources, training, education, and preventive services in schools identified with high untreated rates of decay. Tobacco cessation and Rethink Your Drink resources in dental offices, and Brush, Book, Bed materials for parents of children ages 0-5.
Dental Services	<i>Smile Humboldt Family</i>	529 I St., Eureka, CA 95501	707-502-7406	https://humboldt.gov.org/655/Oral-Health	Care coordination and support for children ages 0-12 on Medi-Cal who are considered high risk. Dental coaches help families make dentist appointments, assist with specific dental needs and provide oral health education and oral health supplies to the whole family.
Dental Services	<i>United Indian Health Services (Potawat Village, Arcata) (Medical Services)</i>	1600 Weeot Way, Arcata, CA 95521	707-825-5000	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Dental Services	<i>United Indian Health Services (Weitchpec) (Medical Services)</i>	Libby Nix Community Center, Highway 96, Weitchpec, CA	530-625-4300	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Developmental/Intellectual Disability Services	<i>Butler Valley (Disability Services)</i>	4635 Broadway, Eureka, CA 95503	707-442-2451	http://www.butlervalley.org/	Provides residential services and day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Developmental/Intellectual Disability Services	<i>Creating Behavioral and Educational Momentum (CBEM)</i>	---	707-798-6220	http://www.cbemllc.com/	<i>Available only to Regional Center clients.</i> CBEM provides crisis services to individuals with developmental or intellectual disabilities. CBEM prescribes to both Applied Behavior Analysis and Mental Health principles. Unlike facility-based programs, CBEM meets clients in their homes, schools, group homes and in the community.
Developmental/Intellectual Disability Services	<i>Humboldt Community Access and Resource Center (HCAR)</i>	1707 E St. Suite 2, Eureka, CA 95501	707-443-7077	http://www.hcar.us/	Serves those with developmental/intellectual disabilities by promoting individual independence, community inclusion and family unity through a wide variety of services and supports.
Developmental/Intellectual Disability Services	<i>Redwood Coast Regional Center (RCRC)</i>	525 Second St., Suite 300, Eureka CA 95501	707-445-0893	http://www.redwoodcoastrc.org	Offers services and supports for children and adults with developmental/intellectual disabilities who live in Del Norte, Humboldt, Lake, and Mendocino Counties.
Disability-related Resources	<i>CA Department of Rehabilitation (Disability Resources)</i>	1330 Bayshore Way, Suite 101, Eureka, CA 95501	707-445-6300	http://www.dor.ca.gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.
Disability-related Resources	<i>California Phones, CA Telephone Access Program</i>	---	800-806-1191	http://www.californiaphones.com/	CTAP offers free, specialized phones designed for individuals who have restricted mobility, speech impairments, or who are blind or deaf. A program of CA's Public Utilities Commission Deaf and Disabled Communication Program. Requires application and verification of impairment.

Main Category	Name	Address	Phone	Website	Brief Description
Disability-related Resources	<i>Community Disability Resource Guide (Tri-County Independent Living)</i>	---	---	http://www.tilinet.org/wp-content/uploads/Resource-Guide.pdf	A comprehensive guide developed to help persons with disabilities and their service providers find needed services.
Disability-related Resources	<i>Dial-A-Ride (Disability Resources)</i>	HTA, 133 V St., Eureka, CA 95501	707-443-0826	http://www.hta.org	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority, although the service is a collaboration with HCAR. Visit HTA website for appropriate form.
Disability-related Resources	<i>Easy Call, Advanced Security Systems (Disability Resources)</i>	1336 Fourth St., Eureka, CA 95501	707-443-6366	http://www.advancedsecurity.us	"I've fallen and can't get up" EasyCall button for seniors/disabled.
Disability-related Resources	<i>Food For People (Homebound Delivery Program) (Disability Resources)</i>	307 W. 14th St., Eureka, CA 95501	707-445-3166 x303	http://foodforpeople.org/programs/homebound-delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form.
Disability-related Resources	<i>Fortuna Senior Bus (Disability Resources)</i>	5 Park St., Fortuna, CA 95540	707-725-7625	http://friendlyfortuna.com/index.aspx?nid=98	Reservation and dispatcher-based system, which means you call dispatchers to schedule the times you need the bus. Buses servicing seniors and persons with disabilities (disability under 50 with doctor's note) \$2.50/ride or 15 trips for \$22.50.
Disability-related Resources	<i>Fortuna Transit (Disability Resources)</i>	5 Park St., Fortuna, CA 95540	707-725-7625	http://friendlyfortuna.com/index.aspx?nid=98	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or persons with a disability; Monday through Friday 8:30 a.m. to 4 p.m.
Disability-related Resources	<i>Humboldt Senior Resource Center/Adult Day Health Services (Disability Resources)</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	This licensed, therapeutic day program offers comprehensive care, activities, health monitoring, therapies, social services, meals, and transportation for adults age 18 and older with chronic conditions or disabilities. The program is designed to help participants stay mentally and physically active, reduce isolation, improve or maintain their health, and prevent decline of their abilities. Call ext. 3203.
Disability-related Resources	<i>In-Home Supportive Services (IHSS), Mental Health, DHHS (Disability Resources)</i>	808 E St., Eureka, CA 95501	707-476-2100, toll free 866-527-8614	https://humboldt.gov.org/502/In-Home-Supportive-Services	In-Home Supportive Services (IHSS) is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Disability-related Resources	<i>PG&E: Medical Baseline Program</i>	---	---	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	The Medical Baseline Program, also known as Medical Baseline Allowance, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes two different kinds of help: a lower rate on your monthly energy bill, and, extra notifications in advance of a Public Safety Power Shutoff.
Disability-related Resources	<i>Social Security Administration</i>	3144 Broadway St., Eureka, CA 95501	866-828-1991	http://www.ssa.gov/	Administers Social Security disability and retirement benefits. Monday, Tuesday, Thursday, Friday 9 a.m. to 4 p.m., Wednesday 9 a.m. to noon.
Disability-related Resources	<i>Tri-County Independent Living</i>	139 Fifth St., Eureka, CA 95501	707-445-8404	http://www.tilinet.org/	Services aimed towards those with disabilities. Information is available on a number of topics including finances, Social Security, accessible housing, service dogs, technical equipment, and accessibility in the community.
Discounts & Reduced Fee	<i>Access from AT&T (low cost internet access)</i>	---	---	https://www.att.com/shop/internet/access/index.html?source=ECmj0000000000mbU&wtExtndSource=access#/	AT&T offers low-cost wireline home Internet service to qualifying households, including households with an SSI or CalFresh recipient.
Discounts & Reduced Fee	<i>Amazon</i>	---	---	www.Amazon.com	Amazon Prime is available for \$5.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes the music and video streaming libraries and free shipping.
Discounts & Reduced Fee	<i>Arcata Pool (discount)</i>	1150 16th St., Arcata, CA 95521	707-822-6801	http://arcatapool.com/	Facility use is \$8.50 for adults, \$7.25 for seniors, and \$5.00 for youths. Discounted price is \$4.00 for recipients with proof of SSI Disability, Medi-Cal, or EBT, also offered on childrens swimming lessons.

Main Category	Name	Address	Phone	Website	Brief Description
Discounts & Reduced Fee	<i>Assurance Wireless (low cost cell phone/plans)</i>	PO Box 5040, Charleston, IL 61920	888-321-5880	http://www.assurancewireless.com/Public/Welcome.aspx	Assurance Wireless is a California LifeLine provider for cell phones; it is a government benefit program supported by the federal Universal Service Fund and the California LifeLine Program. Enrollment is available to consumers who qualify based on household income or who receive certain public assistance programs, like Medi-Cal or CalFresh. Form available on website.
Discounts & Reduced Fee	<i>CarrollCo Energy Savings Assistance Program (Reduced fee)</i>	102 W Fourth St., Eureka, CA 95501	707-497-6235	---	CarrollCo, as part of PG&E's Energy Savings Assistance Program, is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more and see if a household qualifies for free services. Informational fliers will be provided upon request.
Discounts & Reduced Fee	<i>Coast2CoastRX</i>	---	---	https://www.coast2coastrx.com/	Coast2CoastRx Card is a free prescription coupon card provided by community governments. Cardholders save on both brand name and generic drugs. Endorsed by County of Humboldt.
Discounts & Reduced Fee	<i>ID Card from DMV</i>	---	---	---	DMV Reduced Fee: can receive a form from DHHS-Social Services for reduced DMV fee for ID if receiving CalFresh, CalWORKs, other benefits. DMV Fee Waiver: Persons experiencing homelessness may get a form from many organizations serving persons experiencing homelessness, as well as at DHHS-Social Services.
Discounts & Reduced Fee	<i>Morris Graves Museum of Art (reduced fee)</i>	636 F St., Eureka, CA 95501	707-442-0278	http://www.humboldtarts.org/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.
Discounts & Reduced Fee	<i>PG&E: California Alternate Rates for Energy Program (CARE)</i>	---	---	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	California Alternate Rates for Energy Program (CARE) is a PG&E discount program that helps eligible customers pay their energy bills. CARE provides a monthly discount of 20% or more on gas and electricity. Participants qualify through income guidelines or if enrolled in certain public assistance programs including CalFresh and Medi-Cal.
Discounts & Reduced Fee	<i>PG&E: Family Electric Rate Assistance Program (FERA)</i>	---	---	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	Family Electric Rate Assistance Program (FERA) is a PG&E discount program that helps eligible customers pay their energy bills. FERA provides a monthly discount of 18% on electricity only. Must be a household with three or more people. Participants qualify through income guidelines.
Discounts & Reduced Fee	<i>PG&E: Medical Baseline Program</i>	---	---	https://www.pge.com/en_US/residential/save-energy-money/help-paying-your-bill/longer-term-assistance/longer-term-assistance.page	The Medical Baseline Program, also known as Medical Baseline Allowance, is an assistance program for residential customers who have special energy needs due to qualifying medical conditions. The program includes two different kinds of help: a lower rate on your monthly energy bill, and, extra notifications in advance of a Public Safety Power Shutoff.
Discounts & Reduced Fee	<i>Sequoia Park Zoo</i>	3414 W St., Eureka, CA 95503	707-441-4263	http://www.sequoiaparkzoo.net/	Established in 1907, Sequoia Park Zoo is the oldest zoo in California and one of the smallest accredited zoos in the country. Reduced entrance fees with EBT card (CalFresh/CalWORKs) or BIC (Medi-Cal). All visitors half price first Wednesday of the month.
Domestic/Intimate Partner Violence	<i>Break the Cycle</i>	PO Box 811334, Los Angeles, CA 90081	424-265-7346	https://www.breakthecycle.org/	Provides comprehensive resources and technical assistance for dating abuse prevention.
Domestic/Intimate Partner Violence	<i>Breaking the Cycle - Domestic Violence Treatment</i>	2830 G St. Suite D, Eureka, CA 95501	707-442-7806	https://www.facebook.com/pages/Breaking-The-Cycle-Domestic-Violence-Treatment/102696349798315	Domestic Violence counseling services, counseling and mental health.
Domestic/Intimate Partner Violence	<i>Crisis Services: Humboldt Domestic Violence Services</i>	P.O. Box 969, Eureka, CA 95502	707-443-6042, 707-444-9255 (business)	http://www.hdvs.org/	24-hour support line; emergency shelter and SafeHaven program for survivors and their children; peer support groups; emergency food, clothes, toiletries, and TAP support; advocacy and accompaniment to law enforcement, hospitals, and court; assistance with DV restraining orders and 1 on 1 peer counseling (by appointment only). All services except for the hotline require a personal intake and determination of eligibility.
Domestic/Intimate Partner Violence	<i>Family Violence Prevention Program, Public Health, DHHS</i>	908 Seventh St., Eureka, CA, 95501	707-268-2132	http://humboldt.gov.org/616/Family-Violence-Prevention-Program	Works as a lead agency with Humboldt Domestic Violence Services, North Coast Rape Crisis Team, Six Rivers Planned Parenthood and the Yurok tribe's Violence Project to implement domestic violence prevention programs in the community.

Main Category	Name	Address	Phone	Website	Brief Description
Domestic/Intimate Partner Violence	<i>Family Violence Project, Humboldt Family Service Center</i>	1802 California St., Eureka, CA	707-443-7358	http://humboldtfamilyservice.org/family-violence-project.html	Comprehensive treatment program serving families involved in domestic violence. Low-cost counseling with emphasis on children and families. Orientation group, men's group. Day/eve groups. Office hours 9-Noon, 1 to 4 p.m. Monday through Thursday, 9 a.m. to 1 p.m. Friday.
Domestic/Intimate Partner Violence	<i>New Beginnings</i>	PO Box 75125, Seattle, WA 98175-0125	24/7 help line 206-522-9472; office 206-783-4520	http://www.newbegin.org/	Provides services to those whose lives have been affected by domestic violence - physical, emotional, or sexual abuse.
Domestic/Intimate Partner Violence	<i>North Coast Rape Crisis Team</i>	PO Box 1011, Eureka, CA 95502	707-443-2737 (Eureka), 707-445-2881 (Eureka hotline), 707-465-6961 (Del Norte)	http://www.ncrct.org/	Serves survivors of all ages and genders who have experienced sexual abuse and the non-offending people who care about them. 24 hour crisis line, in-person counseling, support group, advocacy, accompaniment, information and referrals, prevention education.
Domestic/Intimate Partner Violence	<i>Project Connect, Ki'ma:w Medical Center, Hoopa Valley Tribe</i>	535 Airport Road, Hoopa, CA 95546	530-625-4261 ext 401 or 402	https://kimaw.org/	A public health initiative to address domestic violence and sexual assault through community interaction and education. Focus on prevention.
Domestic/Intimate Partner Violence	<i>Safe Haven, RCAA</i>	Confidential	707-269-2075	---	Only the County can refer clients. Long term shelter for women and children fleeing domestic violence and abuse. Case management and Substance Use Disorder (SUD) program participation is required. Therapeutic services are offered.
Domestic/Intimate Partner Violence	<i>Two Feathers Native American Services (Domestic Violence Services)</i>	1560 Betty Court Suite A, McKinleyville, CA 95519	707-839-1933	http://www.twofeathers-nafs.org/	Social Work, Emergency Services, Counseling, Therapeutic Culture Groups. Services are free. Also helps with emergency food, clothing, and shelter (up to 3 days) for domestic violence. Contact person Kim Brown.
Education	<i>Available Education-Related Resources</i>			http://www.cdss.ca.gov/Portals/9/A/CIN/2019/I-15_19_ES.pdf	A document issued by the CA Department of Social Services that lists several education-related resources for youth in foster care.
Education	<i>College of the Redwoods</i>	7351 Tompkins Hill Road, Eureka, CA 95501	707-476-4100	https://www.redwoods.edu/cdc	A junior college offering classes that can lead to certifications and Associates Degrees. Prerequisites in IGETC (Inter-segmental General Education Transfer Curriculum) for University transfer available.
Education	<i>English Express Humboldt (Education)</i>	---	707-443-5021, Mary Ann Hytken, teacher/maestra	http://www.englishexpresshumboldt.org/	English Express holds adult English Language Development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna. Childcare is free. Enrollment is free. MarketPlace English offers free, drop in instruction to ALL AGES at La Pasadita Market in Eureka and La Chapparita Market in Fortuna. Check website for current days/times.
Education	<i>Eureka Adult School</i>	2100 J St., Eureka, CA 95501	707-441-2400	http://www.eurekacityschools.org	The Career and Education Center at Eureka Adult School provides an affordable, flexible way for you to enhance your life and expand your employment opportunities. Most classes are offered on a quarterly schedule, and some are open for mid-class enrollment.
Education	<i>FAFSA (Free Application for Federal Student Aid)</i>	---	800-433-3243	http://www.fafsa.ed.gov	A federally-funded single source to find out all financial aid a person may be eligible for (including grants, loans, etc.) from one application. Part-time and full-time students are eligible, with emphasis on helping those with lower incomes.
Education	<i>Humboldt County Library</i>	Main: 1313 3rd St., Eureka, CA 95501 See website or call for branch locations	707-269-1918	https://humboldt.gov.org/1346/Public-Library	A vital community resource, the Library provides services through the Main Library in Eureka, ten Branch Libraries, and a Bookmobile. Everyone is welcome to visit and use the Humboldt County Library. 'Permanent' Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. 'Express' Library Cards are free of charge and available without providing such an address.
Education	<i>Humboldt Literacy Project (Eureka)</i>	537 G St. Suite 203, Eureka, CA 95501	707-445-3655	http://www.humlit.org	Teaching adults the literacy skills they need on the job, at home, and in the community.
Education	<i>Humboldt Literacy Project (Fortuna)</i>	922 N St., Fortuna, CA 95540	707-725-0655	http://www.humlit.org	Teaching adults the literacy skills they need on the job, at home, and in the community.

Main Category	Name	Address	Phone	Website	Brief Description
Education	<i>Humboldt State University</i>	1 Harpst St., Arcata, CA 95521	707-826-3011	http://www.humboldt.edu	CA State University provides classes to achieve Bachelor's and Master's degrees.
Employment & Training	<i>Blue Lake Casino, Career Opportunities</i>	777 Casino Way, Blue Lake, CA 95525	877-252-2946	http://www.bluelakecasino.com/careers/	Career opportunities at the Blue Lake Casino & Hotel.
Employment & Training	<i>CA Department of Rehabilitation (Employment)</i>	1330 Bayshore Way Suite 101, Eureka, CA 95501	707-445-6300	http://www.dor.ca.gov/	Works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.
Employment & Training	<i>CalJOBS, Online Job Search</i>	---	1-800-758-0398 (help desk)	www.caljobs.ca.gov	A state-run website for job seekers to find local and state-wide job openings in California. Contact the help desk Mon-Fri between 8:00 a.m. and 5:00 p.m. for assistance with account set-up, website issues, or general information.
Employment & Training	<i>CareerBuilder, Online Job Search</i>	200 N. LaSalle St., Suite 1100, Chicago, IL 60601	1-800-891-8880 (support)	www.careerbuilder.com	CareerBuilder is a global, end-to-end human capital solutions company that helps millions of people find jobs and hundreds of thousands of employers to find, hire, and manage the great talent they need.
Employment & Training	<i>County of Humboldt, Career Opportunities</i>	---	---	https://www.governmentjobs.com/careers/humboldtcountyca	List of Humboldt County job openings for all interested job seekers. Find openings for all county departments. Numerous entry level and advanced positions. Sign up for "interest cards" to be notified automatically of openings in your area of interest.
Employment & Training	<i>Education at Work, Career Technical Education, (was HROP)</i>	901 Myrtle Avenue, Eureka, CA 95501	707-445-7000	http://internet.humboldt.k12.ca.us/cte.php	Career Technical Education (CTE) programs offer both academic and career-oriented training that prepare youth and adults for a wide range of high-wage, high-skill, and high-demand careers. CTE programs are found in high schools, community and technical colleges, four year universities and more.
Employment & Training	<i>Employment Training Division, Social Services, DHHS</i>	929 Koster St., Eureka CA 95501	707-441-4600	http://humboldt.gov.org/543/Employment-Training	Provides a comprehensive range of workforce preparation and job search assistance for individuals involved with several county programs including CalWORKs, General Relief, Helping Humboldt, Probation and Transitional-Age Youth as well as wage subsidies and job placement assistance for employers.
Employment & Training	<i>Express Employment Professionals</i>	14 West Wabash St., Eureka, CA 95501	707-268-1866	http://eurekaca.expresspros.com/	Temp agency; Serves local businesses with both full-time and temporary staffing and job placement in addition to providing human resource services and consulting.
Employment & Training	<i>Humboldt County Craigslist: Jobs</i>	Not listed	No Phone	http://humboldt.craigslist.org/ijj/	Online local listing of job opportunities posted by employers.
Employment & Training	<i>Humboldt State University, Career Opportunities</i>	Siemens Hall 212, 1 Harpst St., Arcata, CA 95521	707-826-3626 (phone) 707-826-3625 (fax)	https://hraps.humboldt.edu/	Humboldt State University's Human Resources web page. Browse open staff, faculty, or management position quickly and easily before proceeding through the university's internal job application process.
Employment & Training	<i>Indeed, Online Job Search</i>	---	---	www.indeed.com	The world's #1 job site, with over 200 million unique visitors every month from over 60 different countries. Indeed helps companies of all sizes hire the best talent and offers the best opportunity for job seekers to get hired.
Employment & Training	<i>Monster, Online Job Search</i>	Monster Worldwide, Inc. 133 Boston Post Rd., Weston, MA 02493	978-461-8000 (phone) 978-461-8100 (fax)	www.monster.com	Monster is a global online employment solution for people seeking jobs and the employers who need great people.
Employment & Training	<i>Northern California Indian Development Council</i>	241 F St., Eureka, CA 95501	707-445-8451	http://www.ncidc.org/	Services available to American Indians [Native Americans]: job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.
Employment & Training	<i>Open Door Community Health Centers, Career Opportunities</i>	670 9th St., Suite 203, Arcata, CA 95521	707-826-8633 ext. 5175	http://opendoorhealth.com/opendoor/careers/	Career and provider partnership opportunities currently offered by Open Door Community Health Centers.
Employment & Training	<i>Pathway to Payday</i>	133 Seventh St., Eureka, CA 95501	707-407-3833	http://bettychinn.org/	Pathway to Payday is a job workshop series that provides participants with application and interviewing tips as well as real interviews from businesses with open positions. The workshop takes place six times a year. Call for more information about this program.
Employment & Training	<i>Sequoia Personnel Services</i>	2930 E St., Eureka, CA 95501	707-445-9641	http://www.sequoiapersonnel.com/	Full service Employment Agency including permanent placement and temporary services; Working to help all members of the area with their employment needs.

Main Category	Name	Address	Phone	Website	Brief Description
Employment & Training	<i>The SMART Center (Formerly The Job Market, Multiple Agencies)</i>	409 K St., Eureka, CA 95501	707-444-2222 (EDD); 707-441-5627 (TJM)	http://www.edd.ca.gov/	Education and training geared towards those who have been laid off, dislocated, or are re-entering the workforce. A variety of services geared toward employment and unemployment are offered. Unemployment Insurance Benefit info.
Employment & Training	<i>The SMART Center (Website)</i>	---	-----	https://thesmartcenter.biz/job-seekers/job-seeker-services/	Site listing almost 30 local training sites across county for basic skills training, computer training, vocational training and job readiness training.
Financial Assistance with Training and Supports	<i>California Tribal TANF Partnership (Financial Resources)</i>	636 H St., Eureka, CA 95501	707-476-0344	http://www.cttp.net/	Provides educational training, career and employment opportunities toward self-sufficiency; through various supported services and programs with temporary financial assistance.
Financial Assistance with Training and Supports	<i>CalWORKs, Social Services, DHHS</i>	929 Koster St., Eureka, CA 95501; Garberville and Hoopa offices	877-410-8809	http://humboldt.gov.org/525/CalWORks	The California Work Opportunity and Responsibility to Kids (CalWORKs) program is CA's Temporary Assistance for Needy Families (TANF) program. It provides temporary financial assistance and employment-focused services to families with minor children. Must meet income/property limits.
Financial Assistance with Training and Supports	<i>General Relief, Social Services, DHHS</i>	929 Koster St., Eureka CA 95501	707-269-4106	http://humboldt.gov.org/527/General-Relief	A county-funded general assistance program for indigent county residents that offers repayable benefits. Individual must meet restrictive income and property limits. Assistance to disabled recipients with processing of applications for SSI/SSP. Not for people with children.
Financial Assistance with Training and Supports	<i>Healthy Kids Humboldt, St. Joseph Health – Humboldt County (Medical)</i>	2200 Harrison Ave, Eureka, CA 95501	707-442-6066	https://www.stjoehumboldt.org/for-community/healthy-kids-humboldt/	Bilingual staff provides free tax preparation services offered year round to low-to moderate-income individuals and families.
Financial Assistance with Training and Supports	<i>Hoopa Valley Tribal Temporary Assistance to Needy Families (TANF)</i>	82 Willow St., Hoopa, CA 95546	530-625-4816	http://www.hoopatanf.com/	The Hoopa Tribal TANF program is designed to provide opportunities for eligible needy native families to support in the development of native communities.
Financial Assistance with Training and Supports	<i>Karuk Tribal Temporary Assistance to Needy Families (TANF)</i>	Administration: 110 Nugget St., PO Box 1016, Happy Camp, CA 96039	530-493-1440	http://www.karuk.us/index.php/departments/tanf-dept/138-tanf	Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.
Financial Assistance with Training and Supports	<i>North Coast Regional Department of Child Support Services</i>	2420 Sixth St., Eureka, CA 95501 and 850B Main St., Weaverville, CA 96093	866-901-3212	http://humboldt.gov.org/DCSS	Caring professionals serving Humboldt and Trinity families living in separate households. Utilizes legal practices to establish paternity and resolve financial issues related to supporting their children. Mediated child support and time share agreements, and free budgeting skills education for parents using Department services. Learn more at https://www.youtube.com/watch?v=LtjAIT63ORM
Financial Assistance with Training and Supports	<i>Social Security Administration (Financial)</i>	3144 Broadway St., Eureka, CA 95501	866-828-1991	http://www.ssa.gov/	Administers Social Security disability and retirement benefits. Monday, Tuesday, Thursday, Friday 9 a.m. to 4 p.m., Wednesday 9 a.m. to noon.
Financial Assistance with Training and Supports	<i>Tsunami Enterprises</i>	PO Box 608, Ukiah, CA 95482	707-463-2546, 707-462-6023	http://www.tsunami-enterprises.org	Provides representative payee and money management services. Only for SSI or SSA.
Financial Assistance with Training and Supports	<i>VITA: Volunteer Income Tax Assistance, 2-1-1</i>	---	2-1-1 or 707-441-1001, 877-460-6000	https://211humboldt.org/	FREE tax preparation services offered year round for low-to-moderate income individuals and families. Bilingual services available. Services offered at various locations throughout county. Please call or visit website for more information.
Financial Assistance with Training and Supports	<i>Wiyot Tribe Health & Human Services</i>	Wiyot Tribe 1000 Wiyot Drive, Loleta, California 95551	707-733-5055	http://wiyot.us/programs-and-services/health-and-human-services	There are a wide variety of Social Services offered at the Tribal Office. Some services are based on need and/or income qualification.
Financial Assistance with Training and Supports	<i>Yurok Social Services Department, Yurok Tribe</i>	190 Klamath Blvd. PO Box 1027, Klamath, CA 95548	707-482-1350	http://www.yuroktribe.org/departments/socialservices/	Mission is to help tribal members and families achieve independence, self-sufficiency and healthy, productive communities. Services include: General Assistance, Food Distribution, Low Income Home Energy Assistance Program, Tribal TANF, and the Yurok Domestic Violence/Sexual Assault Project.

Main Category	Name	Address	Phone	Website	Brief Description
Financial Assistance with Training and Supports	<i>Yurok Tribal Temporary Assistance to Needy Families (TANF), Yurok Tribe</i>	Eureka: 3400 Erie St., Eureka, CA 95501 Klamath: 190 Klamath Blvd., PO Box 1027, Klamath, CA 95548	707-482-1350	http://www.yuroktribe.org/departments/socialservices/socialservicestanf1.htm	Mission Statement: To help Yurok needy families work toward and achieve self-sufficiency in a culturally appropriate way.
Food - Meals	<i>Betty Chinn - Betty's Blue Angel, Betty Chinn (Food Resources)</i>	133 Seventh St., Eureka CA 95501	707-407-3833	http://www.bettysblueangel.com/	Breakfast/dinners provided in multiple areas, Betty's mission extends far beyond food. Pick up a list at Betty Chinn's Day Center.
Food - Meals	<i>Eureka Rescue Mission - Men's Program (Meal)</i>	110 Second St., Eureka, CA 95501	707-443-4551	http://www.eurekarescuemission.org/	Hot meals offered daily. Breakfast at 6 a.m. on weekdays and 7 a.m. on weekends. Dinner begins at 6:30 p.m.
Food - Meals	<i>Eureka Rescue Mission - Women & Children's Program (Meal)</i>	107 3rd St., Eureka, CA 95501	707-443-5016	http://www.eurekarescuemission.org/	Hot meals offered. Breakfast offered at 8:00 a.m. on Tuesdays. Dinner is served daily at 5:30 p.m.
Food - Meals	<i>Humboldt Senior Resource Center/ Dining Center (Fortuna) (Food)</i>	Mountain View Village Retirement Center, 2130 Smith Lane, Fortuna CA 95540	707-725-6245	http://www.humsenior.org	If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6.00 per meal. Lunch served in Fortuna, Tuesday through Friday, from 12:00 to 12:30 p.m.
Food - Meals	<i>Humboldt Senior Resource Center/Dining Center (Arcata) (Food)</i>	Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway, Arcata, CA 95521	707-825-2027	http://www.humsenior.org/	Call for reservations. If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6 per meal. Lunch served in Arcata, Tuesday through Friday, from 11:30 a.m to 12:15 p.m.
Food - Meals	<i>Humboldt Senior Resource Center/Home Delivered Meals (Food)</i>	---	707-443-9747	http://www.humsenior.org/	Home Delivered Meals are available to homebound elderly in Arcata, Eureka, Fortuna, and McKinleyville. Drivers also provide "wellness checks" for clients on their routes. Call ext. 1221.
Food - Meals	<i>Humboldt Senior Resource Center/Senior Dining Center (Eureka) (Food)</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org/	Call for reservations. If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6 per meal. Lunch served in Eureka, Tuesday through Friday, from 11:45 a.m. to 12:15 p.m.
Food - Meals	<i>St Vincent de Paul Free Dining Facility</i>	35 W Third St., Eureka, CA 95501; 513 K St., Arcata, CA 95521	707-445-9588	---	Hot lunch is served seven days a week, from 11 a.m. to 12:30 p.m. except for the first two weekends of the month.
Food - Pantries and Other Resources	<i>"Summer Meals" text 97779</i>	---	866-348-6479	---	Text "Summer meals" to 97779 or call 866-348-6479 to find a nearby free Summer food service site for children.
Food - Pantries and Other Resources	<i>Arcata House Partnership (Arcata Pantry)</i>	Trinity Baptist Church, 2450 Alliance Road, Arcata, CA 95521	707-633-6236	www.arcatahouse.org	Emergency food pantry provides groceries to households every Wednesday.
Food - Pantries and Other Resources	<i>CalFresh, Social Services, DHHS</i>	929 Koster St., Eureka, CA 95501; Garberville and Hoopa offices.	877-410-8809	http://humboldt.gov.org/calfresh	CalFresh is CA's name for the federal Supplemental Nutrition Assistance Program (SNAP). Applications are taken at DHHS's Social Services Office (Mon - Fri 7:30 a.m.- 5:30 p.m.), or apply online at C4Yourself.com or GetCalfresh.org. Call 877-410-8809 to apply over the phone and for other locations/application methods.
Food - Pantries and Other Resources	<i>Food For People</i>	307 West 14th St., Eureka, CA 95501	707-445-3166	http://www.foodforpeople.org	The Food Bank for Humboldt County. Call Monday between 9:00 a.m. and 4:00 p.m. to schedule an appointment for that week. Pantry hours of operation are Monday-Thursday from 9:30 a.m. to 3:30 p.m. See website for pantry locations and other information.

Main Category	Name	Address	Phone	Website	Brief Description
Food - Pantries and Other Resources	<i>Food For People (Arcata Pantry)</i>	Arcata Seniors, 321 Martin Luther King Jr. Way, Arcata, CA 95521	707-825-2027	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Blue Lake Pantry)</i>	Blue Lake Community Resource Center, 111 Greenwood Avenue, Blue Lake CA 95525	707-668-4281	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Bridgeville Pantry)</i>	Bridgeville Community Center, 38717 Kneeland Road, 95526 Bridgeville	707-777-1775	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Dinsmore Pantry)</i>	Route 36 Mile Marker 42.5, Dinsmore, CA	707-777-1775	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Eureka pantries)</i>	Humboldt Senior Resource Center, 1910 California St., Eureka, CA 95501	No Phone	http://foodforpeople.org/programs/pantry-network	Commodities distributed at Humboldt Senior Resource Center on the third Wednesday of each month between 10 and 11:30 a.m.
Food - Pantries and Other Resources	<i>Food For People (Ferndale Pantry)</i>	Ferndale Community Church, 712 Main St., Ferndale, CA 95536	707-786-4475	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Fortuna Pantry)</i>	St. Joseph's Pantry Shelf, 2292 Newburg Road, Fortuna, CA 95540	707-725-1148	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Free Produce Distributions)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166	http://foodforpeople.org/programs/free-produce-markets	Seasonal free produce distributions May through October, once per month, in Eureka, Fortuna, Garberville, and Redway. Must meet income guidelines. Call or see website for days, times, and locations.
Food - Pantries and Other Resources	<i>Food For People (Garberville Pantry)</i>	Christian Science Reading Room, 438 Maple Lane, Garberville, CA 95542	707-923-3295	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Homebound Delivery Program) (Food Resources)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166 x303	http://foodforpeople.org/programs/homebound-delivery-program	Volunteers deliver a monthly bag of groceries for adults younger than 60 years old who are too ill or disabled to leave home. Requires a referral from a medical professional. See website for application and referral form
Food - Pantries and Other Resources	<i>Food For People (Loleta Pantry)</i>	Loleta Community Church, 228 Church St., Loleta, CA 95551	707-733-5239 (Resource Center); 707-733-5751 (Church)	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (McKinleyville Pantry)</i>	McKinleyville Family Resource Center, 1450 Hiller Rd., McKinleyville, CA 95519	707-840-0905	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food for People (Mobile Produce Pantry)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166	http://www.foodforpeople.org/programs/mobile-produce-pantry	Mobile Produce Pantry is a refrigerated truck full of fresh fruits and vegetables driven to distribution locations county wide. See website for times and locations.

Main Category	Name	Address	Phone	Website	Brief Description
Food - Pantries and Other Resources	<i>Food For People (Orick Pantry)</i>	Orick Elementary School, 120918 Highway 101, Orick, CA 95555	707-488-2803	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Scotia Pantry)</i>	143 Main St., Scotia, CA 95565	707-764-5239	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Trinidad Pantry)</i>	Lion's Club/Town Hall, 409 Trinity St., Trinidad, CA 95570	n/a	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Food For People (Willow Creek Pantry)</i>	Willow Creek Community Resource Center, 38883 Highway 299, Willow Creek, CA 95573	530-629-3141	http://foodforpeople.org/programs/pantry-network	Food for People's Emergency Food pantries provide groceries to households monthly. Must meet income guidelines. Call or see website for times.
Food - Pantries and Other Resources	<i>Fortuna Adventist Community Services (Food Resources)</i>	2331 Rohnerville Road, Fortuna, CA 95540	707-725-1166	http://fortunaacs.com/	Serving the Eel River Valley, provides info on community resources and operates a thrift store, clothing closet, and food pantry. Bilingual staff available Tuesday and Wednesday 9:30 a.m. to 11:30 a.m.
Food - Pantries and Other Resources	<i>Hoopa Valley Tribe, Food Distribution Program</i>	PO Box 498, Hoopa, CA 95546	530-625-4646 fax 530-625-4717	https://www.hoopa-nsn.gov/the-tribal-government/departments/food-distribution	The Food Distribution Program on Indian Reservations (FDPIR) is a Federal program that provides USDA foods to low-income households living on Indian reservations. Office Hours: Mon-Fri 8 a.m. to 5 p.m. Website has food distribution forms.
Food - Pantries and Other Resources	<i>Humboldt State University, "Oh Snap!"</i>	Recreation and Wellness Center, Room 122, HSU Campus, 1 Harpst St., Arcata, CA 95521	707-826-4565	http://hsuohsnap.org/	Oh SNAP! Services for HSU students include campus food pantry, cooking classes, CalFresh app assistance. Pantry open Tuesday and Thursday at 9:00-11:00 a.m and 1:00-5:00 p.m., Friday at 9:00-11:00 a.m. and 2:00-6:00 p.m.
Food - Pantries and Other Resources	<i>Our Savior's Lutheran Church (Food Resources)</i>	425 Shaw Avenue, Ferndale, CA 95536	707-786-9619	---	Free clothing closet open on Wednesdays from 1 to 4 p.m., located directly behind church on Shaw Ave. Dry goods food pantry also available. Grief support group meets at 4:30 p.m. on Wednesdays. Beginning September 6th, free English-Second-Language and GED courses will be offered to adults Monday/Wednesday/Friday from 1:00-4:00 p.m.
Food - Pantries and Other Resources	<i>Raven Project, RCAA (Food Resources)</i>	523 T St. (Drop-In Center), Eureka, CA 95501	707-443-7099	http://rcaa.org/youth-services-bureau	Provides food, clothing, showers, and other services to homeless youth 21 years of age or younger. The RAVEN Project is open Monday from 5:00-9:00 p.m., Wednesday from 1:00-6:00 p.m., Friday from 1:00-4:00 p.m., and Sunday from 1:00-5:00 p.m.
Food - Pantries and Other Resources	<i>Salvation Army</i>	2123 Tydd St., Eureka, CA 95501	707-442-6475	http://www.salvationarmyusa.org	Food boxes Monday through Thursday 11 a.m. to 3 p.m. Must provide ID and # of people in household (including proof of ID for each adult member and proof for children such as SS card, etc. only for first calendar year visit, then just bring adult IDs for visits after that), income eligibility proof. Limit once a month.
Food - Pantries and Other Resources	<i>See Extensive Listing of Resource Centers</i>	numerous in county	---	---	Many of the family/community resource centers in the Community Info and Referral section offer some food services.
Food - Pantries and Other Resources	<i>The Journey Church, Rio Dell Assembly of God</i>	95 Bellevue Avenue, Rio Dell, CA 95562	707-764-5460	http://thejourneyhumboldt.com/	Emergency food services. Tuesdays and Thursdays 8:30 a.m. to 1 p.m.
Food - Pantries and Other Resources	<i>Two Feathers Native American Services (Food Resources)</i>	1560 Betty Court Suite A, McKinleyville, CA 95519	707-839-1933	http://www.twofeathers-nafs.org/	Social Work, Emergency Services, Counseling, Therapeutic Culture Groups. Services are free. Also helps with emergency food, clothing, and shelter (up to 3 days) for domestic violence. Contact person Kim Brown.
Food - Pantries and Other Resources	<i>USDA National Hunger Hotline</i>	50 Broad St. Suite 1103, New York, NY 10004	866-3-HUNGRY (English); 877-8-HAMBRE (Spanish)	https://www.hungerfreeamerica.org/about/our-work/usda-national-hunger-hotline	Hotline for referrals to food programs across the US; covers SNAP/CalFresh, WIC, food pantries, summer meals, soup kitchens, other emergency food programs. From 8 a.m. to 8 p.m. eastern time, English and Spanish. (Organizations contact http://nhc.fns.usda.gov/nhc/submit to be listed.)

Main Category	Name	Address	Phone	Website	Brief Description
Food - Pantries and Other Resources	<i>Yurok Food Distribution, Yurok Tribe</i>	190 Nelson Lane, Crescent City, CA 95532	707-464-1852	http://www.yuroktribe.org/departments/socialservices/fdp.htm	Provides an alternative to CalFresh for low-income tribal members residing within non-metropolitan areas of Humboldt and Del Norte & to other low income individuals residing on the Yurok Reservation. Offers USDA food commodities & fresh fruit and produce. Also offers a tailgate option for delivery.
Grief & Bereavement Services	<i>Compassionate Friends</i>	819 15th St., Eureka, CA 95501-2455; 464 Maple Lane, Garberville, CA 95542	707-445-2197 (Carol); 707-733-1906 or 415-244-7199 (Anne)	http://www.compassionatefriends.org	National organization for members (or a friend) of a family that has suffered the death of a child. Facilitates meetings to give support. Eureka and Southern Humboldt chapters (www.compassionatefriendssohum.org/home.aspx). Eureka chapter does not have a webpage. Meetings held every 2nd Tuesday of each month at 7:00 p.m., 819 5th Street in Eureka.
Grief & Bereavement Services	<i>GriefNet</i>	PO Box 3272, Ann Arbor, MI, 48106-3272 USA	734-761-1960	http://www.griefnet.org	Has over 50 e-mail grief support groups and two web sites. An integrated approach to on-line grief support provides help to people working through loss and grief issues of many kinds. Companion site, KIDSAID.com, provides a safe environment for grieving kids and their parents to find information.
Grief & Bereavement Services	<i>Hospice of Humboldt (Grief Services)</i>	3327 Timber Fall Court, Eureka, CA 95503	707-445-8443	http://www.hospiceofhumboldt.org/	Hospice of Humboldt's (HoH) vision: a community in which no one dies alone or afraid and all who grieve are comforted. Grief support services include drop-in support groups, community arts gatherings and direct 1-on-1 counseling. A comfortable, safe place to explore grief for all, incl. children; grief support services are free and available to anyone in community, regardless of previous connection with HoH.
Grief & Bereavement Services	<i>Public Health Nursing Grief Support, Public Health, DHHS</i>	317 Second St., Eureka, CA 95501	707-268-2105	http://humboldt.gov.org/583/Public-Health-Nursing	A Public Health Nurse will provide support when a family has experienced a fetal demise, infant or child death. Referrals area accepted from agencies, medical providers, and families may self-refer.
Health & Wellness	<i>Breastfeeding Task Force (BTF) (H&W)</i>	---	707-441-5573	http://first5humboldt.org/programs-and-partners/partners/resources/breastfeeding-task-force/	BTF's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. Members include lactation consultants, health care providers, nurses, doulas, peer counselors and mothers. DHHS's Maternal Child & Adolescent Health program helps coordinate the BTF.
Health & Wellness	<i>Latino Outdoors (H & W)</i>	---	707-502-4574	http://latinooutdoors.org	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs. Contact Ruby Rodriguez.
Health & Wellness	<i>Physical Activity and Nutrition Program (DHHS-PH Healthy Communities) (H&W)</i>	908 7th St., Eureka, CA 95501	707-268-2132	https://humboldt.gov.org/2049/Physical-Activity-and-Nutrition-Program	Supports CalFresh-funded agencies with resources related to healthy eating and active living such as recipe cards, cookbooks, physical activity dvds and brochures.
Health & Wellness	<i>Rx Safe Humboldt</i>	---	707-443-4563	http://www.rxsafehumboldt.org/	The Rx Safe Humboldt Coalition works to reduce overuse of opioids in Humboldt; resources for community members include a Alternative Pain Management Resource guide.
Housing: Assisted Living	<i>Addie Meedom House</i>	1444 Parkway Dr., Crescent City, CA 95531	866-646-0142	http://www.addiemeedomhouse.com/	Addie Meedom House staff are dedicated to providing senior supported living that offers exceptional care and excellent value. They encourage you to call them Toll Free at 866-646-0142 to schedule a tour or request more information.
Housing: Assisted Living	<i>Alder Bay Assisted Living</i>	1355 Myrtle Avenue, Eureka, CA 95501	707-832-4815	http://www.alderbayalf.com/	Alder Bay Assisted Living provides a full range of exceptional senior living options. Their community offers all of the comforts of home with the added benefit of a team of experienced, caring professionals dedicated to providing you or your loved one with quality service.
Housing: Assisted Living	<i>California Department of Social Services (CDSS), Licensed Care Facilities</i>	744 P St. MS 8-30-90 Sacramento, CA, 95814	1-800-952-5253, (916) 651-8848, CCLD Complaint Hotline 1-844-LET-US-NO	http://www.cdss.ca.gov/inforesources/Community-Care-Licensing/Facility-Search-Welcome	California Department of Social Services maintains an online database that contains informative listings of licensed care facilities within the state of California. The database is free to use and is constantly being updated to ensure accurate and up-to-date information.

Main Category	Name	Address	Phone	Website	Brief Description
Housing: Assisted Living	<i>Cutten Care Home</i>	6253 Berry Ln., Eureka, CA 95501	707-444-3428	http://www.cuttencarehome.com/index.html	A privately owned and operated 15 bed residential care home. Family oriented setting that promotes and enhances a positive quality of life for every resident. Family and friends are encouraged to stop by for a visit and a cup of coffee, or to join residents for lunch. Offers a selection of daily planned activities such as exercise, history trivia, bingo, and music.
Housing: Assisted Living	<i>Frye's Care Home</i>	2240 Fern St., Eureka, CA 95503	707-442-2712	http://www.fryescarehome.com/	Frye's Care Home is a privately owned and operated senior living community offering both Assisted Living and Memory Care. Please contact them to schedule a tour or to request more information.
Housing: Assisted Living	<i>Humboldt House Lodge</i>	4041 F St., Eureka, CA 95503	707-601-5561	https://www.humboldthouselodge.net/	Owned and managed by long-time registered nurse Susan Powell, Humboldt House Lodge is a senior living facility that offers independent and assisted living options. Each room is private and features its own bedroom and deck or balcony. Please call to schedule an appointment and tour the facility.
Housing: Assisted Living	<i>Riverhouse Assisted Living</i>	510 Painter St., Rio Dell, CA 95562	707-764-5505	http://riverhouseliving.com/	Riverhouse Assisted living is a small, 6-resident assisted living facility owned and managed by George and Peggy Patmore. Located near the Eel River in Rio Dell, the home offers a scenic and personal experience for its residents. Call for more information and to schedule a personal tour.
Housing: Assisted Living	<i>Sequoia Springs Senior Living Community (Avalon), Fortuna</i>	2401 Redwood Way, Fortuna, CA 95540	707-726-0111	http://sequoiasprings-sl.com/	Sequoia Springs Assisted Living Community, located in Fortuna, is an exclusive retirement community, providing independent living, assisted living and Alzheimer's and dementia care for seniors. Their beautiful community offers the perfect retirement experience for independent seniors and for those needing assistance with their daily activities.
Housing: Assisted Living	<i>Timber Ridge, Eureka</i>	2740 Timber Ridge Ln., Eureka, CA 95503	707-443-3000	http://www.timberidgecare.com/communities/eureka	Timber Ridge is a senior living community with three different locations within Humboldt County. The Eureka location features 1 to 4 bedroom and studio apartment-style homes, fine dining, and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	<i>Timber Ridge, Eureka Renaissance</i>	2780 Timber Ridge Ln., Eureka, CA 95503	707-443-3000	http://www.timberidgecare.com/communities/eureka-renaissance	Timber Ridge Renaissance communities offer personalized care for residents with Alzheimer's, dementia, and other memory diseases. With compassion and expertise, Eureka Renaissance staff work hard to ensure that residents receive the care they need. Eureka Renaissance residents enjoy therapeutic activities and a cozy home-like environment with the safety and security that families expect.
Housing: Assisted Living	<i>Timber Ridge, McKinleyville</i>	1400 Nursery Way, McKinleyville, CA 95519	707-839-9100	http://www.timberidgecare.com/communities/mckinleyville	Timber Ridge is a senior living community with three different locations within Humboldt County. The McKinleyville location features one bedroom and studio apartment-style homes, fine dining, and ample activities for residents to enjoy. Call or visit the website for more information on this and other Timber Ridge locations.
Housing: Assisted Living	<i>Timber Ridge, McKinleyville Renaissance</i>	1400 Nursery Way, McKinleyville, CA 95519	707-839-9100	http://www.timberidgecare.com/communities/mckinleyville-renaissance	Timber Ridge Renaissance communities offer personalized care for residents with Alzheimer's, dementia, and other memory diseases. With the same care and warmth found in their other communities, McKinleyville Renaissance residents enjoy therapeutic activities and a cozy home-like environment with the safety and security that families expect.
Housing: Long Term Care	<i>Butler Valley (Long Term Care)</i>	4635 Broadway, Eureka, CA 95503	707-442-2451	http://www.butlervalley.org/	Provides residential services and day program to individuals with intellectual disabilities; facilities in Arcata and Eureka.
Housing: Long Term Care	<i>Eureka Rehab & Wellness Center</i>	2353 23rd St., Eureka, CA 95501	707-445-3261	http://eurekarehabwc.com/	At Eureka Rehabilitation & Wellness Center in Eureka, it is their goal to provide their patients with a caring and compassionate environment. Their short-term and long-term care programs include Physical Therapy, Occupational Therapy, Speech Therapy, and Respiratory Therapy and it's their skilled 24 hours nursing staff that assist in everyday tasks such as dressing and eating.
Housing: Long Term Care	<i>Fortuna Rehab & Wellness Center</i>	2321 Newburg Rd., Fortuna, CA 95540	707-725-4467	http://fortunarehabwc.com/	Fortuna Rehabilitation & Wellness Center offers both short-term and long-term care with programs that include Physical Therapy and Speech Therapy. High quality of 24 hour nursing care. Bereavement support provided for families with a local hospice agency, and help for patients to connect with their spiritual side.

Main Category	Name	Address	Phone	Website	Brief Description
Housing: Long Term Care	<i>Granada Rehab & Wellness Center</i>	2885 Harris St., Eureka, CA 95503	707-443-1627	http://granadarehabwc.com/	Granada Rehab & Wellness center in Eureka is a long-term care facility with 24-hour nursing staff on hand to make life as convenient and enjoyable as possible for its residents. The facility has 87 beds and offers a variety of services ranging from wound care and dietary services to religious services and a beauty shop.
Housing: Long Term Care	<i>Seaview Rehab & Wellness Center</i>	6400 Purdue Dr., Eureka, CA 95503	707-443-5668	http://seaviewrehabwc.com/	At Seaview Rehabilitation & Wellness Center in Eureka, they have a high quality 24 hour nursing staff that strives to build an environment of care and compassion for their patients. Their short-term and long-term care programs include Physical Therapy, Occupational Therapy, Speech Therapy, and Respiratory Therapy.
Housing: Long Term Care	<i>Southern Humboldt Skilled Nursing Facility</i>	733 Cedar St., Garberville, CA 95542	707-923-3921	http://www.shchd.org/jerold-phelps-community-hospital/	The Southern Humboldt Skilled Nursing Facility has 8 beds in a warm and friendly atmosphere with an excellent staff to care for your loved ones. It is located in the same building as Jerold Phelps Community Hospital and our local Southern Humboldt Community Clinic, onsite lab, radiology, CT scanner, mammography, and emergency room.
Housing: Permanent/Rapid Re-Housing	<i>Arcata House Partnership</i>	1005 11th St., Arcata, CA 95521	707-822-4528	http://www.arcatahouse.org/	A permanent supportive housing program for people who are chronically homeless and disabled. Clients are helped to locate an appropriate unit and negotiate a lease with a landlord.
Housing: Permanent/Rapid Re-Housing	<i>Area 1 Agency on Aging, Homesharing</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/homesharing	Provides tools and resources to help seniors find homesharing tenants in exchange for rent, services, or both. Northcoast Homeshare provides personal support to both the home sharer and the home seeker to find the best match possible. Both are interviewed, background checked and asked to submit a thorough application.
Housing: Permanent/Rapid Re-Housing	<i>Carlos L. Lopez and Associates LLC (Housing)</i>	434 Seventh St., #210 Eureka, California 95501	707-267-0740 email preferred: see description	http://www.career-rehab.com/	A unique partnership between the Department of Veterans Affairs and Housing and Urban Development (HUD) that provides long-term case management, financial supportive services and permanent housing support for chronically homeless veterans. kgonzalez@career-rehab.com or k.gonzalez@VA.gov
Housing: Permanent/Rapid Re-Housing	<i>Hoopa Valley Tribal Housing Authority</i>	25 Hostler Field Housing Hwy 96, Hoopa	530-625-4759	---	Low income and market based rentals.
Housing: Permanent/Rapid Re-Housing	<i>Humboldt Housing Authority (HHA) (for HUD/Section 8)</i>	735 West Everding St., Eureka, CA 95501	707-443-4583	---	HHA is a local public housing agency, serving families and senior citizens of low & moderate income. Section 8 includes a housing choice voucher program, where eligible clients may work with a landlord who is willing to accept the voucher to pay for part or all of the rent.
Housing: Permanent/Rapid Re-Housing	<i>North Coast Veterans Resource Center (SSVF) (Re-Housing)</i>	109 4th St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	NCVRC operates a Supportive Services for Veteran Families (SSVF) program. SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, to become housed or remain housed.
Housing: Permanent/Rapid Re-Housing	<i>Yurok Indian Housing Authority</i>	15540 N. Highway 101, Klamath, CA 95548	800-281-4749	http://www.yurokhousing.com	Services include rehabilitation programs, elder emergency assistance, rental programs for low rent and students, home ownership programs and weatherization.
Housing: Transitional	<i>Betty's House Family Shelter</i>	624 C St., Eureka, CA 95501	707-407-3833	http://bettychinn.org/	Betty's House Family Shelter serves families with children aged 0-17 years old. The shelter offers case management, resource referrals, meals, and a stay of up to 6 months. Referrals are accepted from CalWORKS or Child Welfare Services. Call the provided number for more information.
Housing: Transitional	<i>Betty's House Medical Respite</i>	624 C St., Eureka, CA 95501	707-407-3833	http://bettychinn.org/	Betty's House Medical Respite is a shelter that provides meals and a 21 day stay for residents referred to the program, with a total capacity of 10 adult individuals at a time. All referrals must go through the Care Transitions Team at St. Joseph Hospital, but feel free to call us at the provided number for general information.
Housing: Transitional	<i>Betty's Village</i>	DHHS Koster Campus, Washington Street, Eureka, CA 95501	707-407-3833	http://bettychinn.org/	Betty's Village is temporary transitional housing located on Washington Street, next to the DHHS Koster Campus in Eureka. The shelter serves up to 40 adult individuals at any one time, along with their pets. Mobile Medical is offered at the location on Mondays. Call for more information on this program.

Main Category	Name	Address	Phone	Website	Brief Description
Housing: Transitional	<i>Bridge House Program – RCAA</i>	904 G St., Eureka, CA 95501	707-269-9590	http://rcaa.org/	Bridge House is a large Victorian that serves as an entry home for five one- and two-parent families and, if space permits, pregnant women. Offers structure and stability to families who are ready to assume more responsibility for developing strengths and life skills. It is NOT a 24-hour staffed program.
Housing: Transitional	<i>Mercy's Haven (Housing-Transitional)</i>	PO Box 607, 311 1/2 Greenwood Rd., Blue Lake, CA 95525	707-844-3042	http://www.mercyshaven.org/	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support, and accountability for moms willing to grow and build successful lives with their children. Please call us or visit the website to learn more about what they do and apply for residency.
Housing: Transitional	<i>North Coast Veterans Resource Center (Housing - Transitional)</i>	109 4th St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	NCVRC operates 3 programs for homeless veterans in Eureka. Transitional housing (TH) program consists of 36 VA Grant & Per Diem beds, 3 currently designated for female veterans. In TH veterans engage w/case management staff from moment they enroll; staff & veteran work to develop an Individual Service Plan to identify various barriers and develop goals to overcome them.
Housing: Transitional	<i>RCAA - Launch Pad Transitional Living Program (Housing)</i>	1100 California St., Eureka, CA 95501	707-445-1360	http://rcaa.org/youth-services-bureau	The Launch Pad is a long term transitional living program for homeless youth or youth fleeing dangerous living situations. Drop-In hours are 3:00-5:00 p.m. every Wednesday (or by appointment). During Drop-In all prospective youth meet with program staff; youth are informed of program expectations and given a brief tour of the TLP living facility.
Housing: Transitional	<i>Serenity Inn, Alcohol Drug Care Services</i>	2109 Broadway, Eureka, CA 95501	707-442-4815	---	Low-cost motel with single rooms and shared living spaces/dorm style; clean and sober policy.
Housing: Transitional	<i>THP Plus, Youth Services Bureau, RCAA</i>	1100 California St., Eureka, CA 95501	707-443-8322 ext 202/206	http://rcaa.org/youth-services-bureau	A transitional housing program for 18 to 24 year olds who have been emancipated from the foster care system or probation system. Has bilingual staff and materials in Spanish.
LGBTQ+	<i>Eric Rofes Multicultural Queer Resource Center (ERC), HSU</i>	Warren House 53, 1 Harpst St., Arcata, CA 95521	707-826-3795	https://www2.humboldt.edu/erc	The ERC's mission is to shift public opinion of the queer community on campus and in the local area from tolerance to acceptance. The ERC creates a hub for students to learn about events and organizations on campus.
LGBTQ+	<i>Humboldt Pride</i>	PO Box 111, Eureka CA 95502	---	https://www.facebook.com/pg/humboldtpride	Extensive listing of Humboldt, regional and national resources. Can subscribe to a free monthly e-newsletters on website to stay in the know on all things queer in Humboldt.
LGBTQ+	<i>PFLAG (formerly known as Parents, Families and Friends of Lesbians and Gay)</i>	---	---	https://www.facebook.com/pflag.eureka	Uniting people who are lesbian, gay, bisexual, transgender, and queer (LGBTQ) with families, friends, and allies, PFLAG is committed to advancing equality through its mission of support, education, and advocacy. See website for local chapter meeting time/location.
LGBTQ+	<i>Queer Humboldt</i>	PO Box 45, Arcata, CA 95518-0045	707-502-2890	http://www.queerhumboldt.org	Queer Humboldt is an organization dedicated to providing resources for the queer community. Website lists local events, resources, groups, links, visitor information, news and pictures that will benefit the queer community.
LGBTQ+	<i>Queer Humboldt Extensive Resource List (LGBTQ+)</i>	PO Box 45, Arcata, CA 95518-0045	707-502-2890	http://www.queerhumboldt.org/resources/resource-download/	View or download a comprehensive 16 page resource list maintained by Queer Humboldt. Community service groups, open and affirming churches and spiritual organizations, youth, homelessness, crisis, social groups, mental wellness, health wellness, legal resources, wedding resources and more.
Mediation/Conflict resolution	<i>Humboldt Mediation Services (HMS)</i>	317 Third St., Eureka CA 95501	707-445-2505	http://www.humboldtmediationservices.org/	HMS is a community organization of trained volunteer mediators, offering conflict resolution services for disputes including divorce/separation, child custody, family conflict, workplace or business conflict and tenant-landlord issues. Neutral facilitators and consultants in the construction of agreements. Fees are on a sliding scale; no one turned away due to inability to pay.
Medical Information/Insurance	<i>Covered CA Certified Enrollment Counselors</i>	---	---	https://apply.coveredca.com/hix/entry/locateassister/searchentities	Find local help to enroll in health care coverage and discuss options: certified insurance agents, certified enrollment counselors, county offices.
Medical Information/Insurance	<i>Healthy Kids Humboldt, St. Joseph Health – Humboldt County</i>	2200 Harrison Ave, Eureka, CA 95501	707-442-6066	https://www.stjoehumboldt.org/for-community/healthy-kids-humboldt/	Bilingual staff Marcelina Mejia de Castillo and Lucy Silveira. Services focus on children's health insurance, Medi-Cal enrollment and navigation of the health care system.

Main Category	Name	Address	Phone	Website	Brief Description
Medical Information/Insurance	<i>Humboldt Independent Practice Association (IPA)</i>	2662 Harris St., Eureka, CA 95503	707-443-4563	http://www.humboldtipa.com/	The Humboldt IPA provides leadership in working with health plans and health care providers to ensure that medical care is provided in a manner that enhances the public health and promotes access to quality care.
Medical Information/Insurance	<i>Humboldt-Del Norte County Medical Society</i>	PO Box 6457 Eureka, CA 95502	707-442-2367	http://www.hdncms.org/	Professional Organization for Physicians. Local component of California Medical Association.
Medical Information/Insurance	<i>Kris Kelly Health Information Center</i>	2700 Dolbeer St., Eureka, CA 95501	707-442-9094	---	A resource of legitimate health websites. A social worker is located inside the Evergreen Lodge at St. Joseph Hospital.
Medical Information/Insurance	<i>Medi-Cal, Social Services, DHHS (Insurance)</i>	929 Koster St, Eureka, CA 95501; Garberville and Hoopa offices.	877-410-8809	http://humboldt.gov.org/528/Medi-Cal	Medi-Cal is CA's Medicaid program; health care coverage for low to middle income individuals and families. Applications are taken over the phone at 877-410-8809, at DHHS - Social Services (Mon - Fri 7:30 a.m. to 5:30 p.m.) and at C4Yourself.com. Call for other locations and application methods.
Medical Information/Insurance	<i>NeedyMeds, Inc.</i>	PO Box 219, Gloucester, PA 01931	800-503-6897	http://www.needymeds.org	Online resource for finding patient assistance programs that provide free/low-cost medications.
Medical Information/Insurance	<i>Open Door Community Health Centers, Member Services Department</i>	963 Myrtle Avenue, Eureka, CA 95501	707-269-7073	http://opendoorhealth.com/opendoor/services/member-services/	Free assistance for patients and community members to access programs and benefits they may be eligible for, like Medi-Cal, CoveredCA.com, CalFresh and more. Help navigating medical care in Humboldt and Del Norte counties.
Medical Information/Insurance	<i>Partnership HealthPlan of California</i>	1036 Fith St., Suite E, Eureka CA 95501	800-863-4155	http://www.partnershiphp.org/	Managed care organization for Medi-Cal (MC) in Humboldt. Ensures MC recipients have access to quality medical care. Help finding doctors and specialists, help resolving issues. Open Monday through Friday 8 a.m. to 5 p.m.
Medical Information/Insurance	<i>Redwood Coast PACE, Humboldt Senior Resource Center</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org/dmdocuments/PACE_Brochure.pdf	Program of All-inclusive Care for the Elderly, a health plan that provides medical care and supportive services for eligible frail adults age 55 and older who need a nursing home level of care, but who wish to remain at home. Service area from Trinidad to Scotia, inland to Blue Lake and Carlotta. Call ext. 1203.
Medical Information/Insurance	<i>Rx Safe Humboldt</i>	---	707-443-4563	http://www.rxsafehumboldt.org/	The Rx Safe Humboldt Coalition works to reduce overuse of opioids in Humboldt; resources for community members include a Alternative Pain Management Resource guide.
Medical Marijuana	<i>Humboldt California Association</i>	601 I St., Arcata, CA 95521	707-822-9330	http://www.theheartofhumboldt.com/	Medical marijuana dispensary. Hours Monday through Thursday 10 a.m. to 7 p.m., Friday 10 a.m. to 8 p.m, Saturday 11 a.m. to 8 p.m, and Sunday 11 a.m. to 6 p.m.
Medical Marijuana	<i>Humboldt County Collective</i>	1670 Myrtle Avenue, Ste B, Eureka, CA 95501	707-442-2420	https://www.facebook.com/The-Humboldt-County-Collective-129949220363162/	Medical marijuana collective.
Medical Marijuana	<i>Humboldt Patient Resource Center</i>	980 6th St., Arcata, CA 95521, 445 5th St., Eureka, CA 95501	707-826-7988	http://hprcarcata.com/	Medical marijuana dispensaries.
Medical Services	<i>Childhood Lead Poisoning Prevention Program (DHHS-PH Healthy Communities)</i>	908 7th St., Eureka, CA 95501	707-268-2132	https://humboldt.gov.org/607/Childhood-Lead-Poisoning-Prevention-Program	Provides case management services for children with elevated blood lead levels. Works with families and providers to identify and reduce sources of lead in the home. Free lead test kits and educational information available.
Medical Services	<i>Hospice of Humboldt (Medical)</i>	3327 Timber Fall Court, Eureka, CA 95503	707-445-8443	http://www.hospiceofhumboldt.org/	Help with end of life planning; no cost or obligation for Information Visits. Once patient with a terminal illness is enrolled, full range of medical and supportive services; an interdisciplinary team collaborates to design a Plan of Care to meet needs of patient, caregivers and families or friends.
Medical Services	<i>Jerold Phelps Community Hospital</i>	733 Cedar St., Garberville, CA 95542	707-923-3921	http://www.shchd.org	Jerold Phelps Community Hospital is a Critical Access Hospital located in downtown Garberville. Acute and swing beds available. Offers a 24-hour emergency room, radiology, mammography, full lab services and a low-dose CT scanner.
Medical Services	<i>K'ima:w Medical Center (Medical)</i>	535 Airport Road, Hoopa CA 95546	530-625-4261	https://kimaw.org/	Provides high-quality health care to the Native American people and all others seeking services on the Hoopa Valley Indian Reservation and surrounding areas.
Medical Services	<i>Mad River Hospital</i>	3800 Janes Rd., Arcata, CA 95521	707-822-3621	http://www.madriverhospital.com/	Mad River Community Hospital is a 78-bed, acute care medical facility.

Main Category	Name	Address	Phone	Website	Brief Description
Medical Services	<i>Medi-Cal, Social Services, DHHS (Medical)</i>	929 Koster St., Eureka, CA 95501; Garberville and Hoopa offices.	877-410-8809	http://humboldt.gov.org/528/Medi-Cal	Medi-Cal is CA's Medicaid program; health care coverage for low to middle income individuals and families. Applications taken at over the phone at 877-410-8809, at DHHS - Social Services (Mon - Fri 7:30 am - 5:30 pm), and at C4Yourself.com. Call for other locations/application methods.
Medical Services	<i>Open Door Community Health Centers, Administration (Arcata)</i>	1275 Eighth St., Arcata, CA 95521	707-826-8633	http://www.opendoorhealth.com/opendoor/	Open Door Administrative Departments.
Medical Services	<i>Open Door Community Health Centers, Eureka Community Health & Wellness Center</i>	2200 Tydd St., Eureka, CA 95501	707-441-1624	http://opendoorhealth.com/opendoor/locations/eureka-community-health-center/	Provides high quality medical, dental and mental health care and health education to all, regardless of financial, geographical, or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, Ferndale Community Health Center</i>	638 Main St., Ferndale, CA 95536	707-786-4028	http://opendoorhealth.com/opendoor/locations/ferndale-community-health-center/	Provides high quality medical, dental and mental health care and health education to all, regardless of financial, geographical, or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, Fortuna Community Health Center</i>	3750 Rohnerville Road, Fortuna, CA 95540	707-725-4477	http://opendoorhealth.com/opendoor/locations/fortuna-community-health-center/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients and to learn more about dental services at this facility.
Medical Services	<i>Open Door Community Health Centers, Humboldt Open Door Clinic</i>	770 10th St., Arcata, CA 95521	707-826-8610	http://opendoorhealth.com/opendoor/locations/humboldt-open-door-clinic/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, McKinleyville Community Health Center</i>	1644 Central Avenue, McKinleyville, CA 95519	707-839-3068	http://opendoorhealth.com/opendoor/locations/mckinleyville-community-health-center/	Provides high quality medical, dental and mental health care and health education to all, regardless of financial, geographical, or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, Mobile Health Services</i>	Locations vary. Call for more information.	707-443-4666	http://opendoorhealth.com/opendoor/locations/mobile-health-services/	Using a combination of fully-equipped mobile clinic vans and fixed clinic sites, Open Door Mobile Health Services provides comprehensive care to homeless community members. Offers walk-in and scheduled appointments at all locations.
Medical Services	<i>Open Door Community Health Centers, NorthCountry Clinic</i>	785 18th St., Arcata, CA 95521	707-822-2481	http://opendoorhealth.com/opendoor/locations/northcountry-clinic/	Provides high quality medical, dental and mental health care and health education to all, regardless of financial, geographical, or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, Redwood Community Health Center</i>	2350 Buhne St., Suite A, Eureka, CA 95501	707-443-4593	http://opendoorhealth.com/opendoor/locations/redwood-community-health-center/	Provides high quality medical, dental and mental health care and health education, regardless of financial, geographical or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Community Health Centers, Willow Creek Community Health Center</i>	38883 Highway 299, Willow Creek, CA 95573	530-629-3111	http://opendoorhealth.com/opendoor/locations/willow-creek-community-health-center/	Provides high quality medical, dental and mental health care and health education to all, regardless of financial, geographical, or social barriers. Call to check if accepting new patients.
Medical Services	<i>Open Door Health Centers, Administration (Arcata Plaza)</i>	670 Ninth St., Suite 203, Arcata, CA 95521	707-826-8633	http://opendoorhealth.com/opendoor/	Open Door Administrative Departments. Headquarters of the Latino Health Coordinators which oversee Spanish language support across Open Door clinics. Offers a comprehensive health and wellness program that utilizes the Promotora Model of care to reach Humboldt County's Latino community through Mobile Health Services. Classes/special groups are held in Spanish, are free and open to the community.
Medical Services	<i>Open Door, Eureka Community Health & Wellness Center Pediatrics</i>	2200 Tydd St., Eureka, CA 95521	707-269-7051	http://opendoorhealth.com/opendoor/locations/eureka-community-health-center/	Comprehensive pediatric services, including health screenings, immunizations and boosters, well-child exams, acute care and more.

Main Category	Name	Address	Phone	Website	Brief Description
Medical Services	<i>Planned Parenthood of Northern CA, Eureka Health Center (Medical)</i>	3225 Timber Fall Court Suite B, Eureka, CA 95501	707-442-5700	http://www.plannedparenthood.org/srpp/	Information on a variety of healthy living topics; same day appointments available; ensures access to reproductive and sexual health care for all.
Medical Services	<i>Public Health Clinic, Public Health, DHHS</i>	529 I St., Eureka, CA 95501	707-445-6200	http://humboldt.gov.org/557/Public-Health-Clinics	PHC offers adult, travel immunizations, and children's immunizations. Tuberculosis testing/screening and other services available at the main clinic in Eureka. Limited services are available at the Willow Creek and Garberville clinics.
Medical Services	<i>Redwood Memorial Hospital, Fortuna</i>	3300 Renner Drive, Fortuna, CA 95540	707-725-3361	https://www.stjoehumboldt.org/	A St. Joseph Health critical access hospital; along with Eureka campuses offers comprehensive services including emergency care.
Medical Services	<i>Redwood Urgent Care</i>	2440 23rd St., Eureka, CA 95501	707-298-2011	https://redwoodurgentcare.com/	Open 365 days a year. An alternative to the emergency room for those without chronic or life-threatening conditions. Monday through Sunday 9 a.m. to 6:30 p.m., major holidays 9 a.m. to 5 p.m.
Medical Services	<i>Redwoods Rural Health Center</i>	101 West Coast Road, Redway, CA 95560	707-923-2783	http://www.rrhc.org/forward	Provides responsive, preventive, high quality primary health care services, through a variety of healing disciplines, to all people without regard to social or economic status.
Medical Services	<i>See listings in Housing: Long Term Care section</i>	---	---	---	For skilled nursing facilities/long-term care, see Housing: Long-Term care section.
Medical Services	<i>Six Rivers Medical Center</i>	850 Hwy 96, Willow Creek	560-629-3116	http://www.madriverhospital.com/six-rivers-medical-center-willow-creek	Services include medical, pediatrics, physical therapy, health maintenance and promotion, diagnosis and management of primary care concerns.
Medical Services	<i>Southern Humboldt Community Clinic</i>	509 Elm St., Garberville, CA 95542	707-923-3921	http://www.shchd.org	The Southern Humboldt Community Clinic is a full-service rural clinic open weekdays 8:30 a.m. to 5 p.m., and also offers a visiting nurse program. There are outpatient services available on-site including lab, radiology, mammography and CT so there is no need to go anywhere else.
Medical Services	<i>Southern Trinity Health Services</i>	321 Van Duzen Rd., PO Box 4, Mad River, CA 95552	707-574-6616	http://www.sthsclinic.org/	Provides access to quality, comprehensive, innovative, and integrated primary health care and emergency medical services regardless of ability to pay.
Medical Services	<i>St. Joseph Health Medical Group (formerly Humboldt Medical Specialists) (medical)</i>	2773 Harris St. Suite D, Eureka CA 95501	707-476-2909	http://www.stjosephhealthmedicalgroup.com/	St. Joseph Health Medical Group offers women a full range of women's health and wellness services, including obstetrical and gynecological care which is appropriate of each stage of life. Prenatal and gynecological services are also available in Spanish.
Medical Services	<i>St. Joseph Hospital, Eureka</i>	St. Joseph Hospital: 2700 Dolbeer St.; General Hospital Campus: 2200 Harrison Avenue, Eureka, CA 95501	707-445-8121, 707-445-5111	https://www.stjoehumboldt.org/	St. Joseph Hospital and General Hospital campuses are located within a block of each other in Eureka. The acute care hospital offers comprehensive services including emergency, level 3 trauma program, cardiac services, an accredited cancer program, childbirth center, neurosurgery, outpatient laboratory and orthopedic and sports medicine.
Medical Services	<i>Student Health and Wellbeing Services, Humboldt State University</i>	1 Harpst St., Arcata, CA 95521	707-826-3146	https://wellbeing.humboldt.edu/shc-welcome-letter	Student Health and Wellbeing Services (SHWS) consists of medical services, counseling and psychological services and health education for HSU students.
Medical Services	<i>United Indian Health Services (Fortuna) (Medical Services)</i>	3302 Renner Drive Suite C, Fortuna, CA 95540	707-725-7988	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Medical Services	<i>United Indian Health Services (Potawat Village, Arcata) (Medical Services)</i>	1600 Weeot Way, Arcata, CA 95521	707-825-5000	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").

Main Category	Name	Address	Phone	Website	Brief Description
Medical Services	<i>United Indian Health Services (Weitchpec) (Medical Services)</i>	Libby Nix Community Center, Highway 96, Weitchpec, CA	530-625-4300	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Mental/Behavioral Health	<i>Adult Outpatient Clinic, Mental Health, DHHS</i>	720 Wood St., Eureka, CA 95501	707-268-2945	http://humboldt.gov.org/1739/Adult-Outpatient-Services	Provides mental health screening, assessment, referral, and individual and group therapy for eligible adults.
Mental/Behavioral Health	<i>Celebrate Recovery (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
Mental/Behavioral Health	<i>Changing Tides Family Services (Counseling)</i>	2259 Myrtle Avenue, Eureka, CA 95501	707-268-2800, 707-444-8293, 800-795-3554	http://changingtidesfs.org/mental-health	Mental health services including individual and group therapy, case management and brokerage services, therapeutic behavioral services, and other mental health services which are intended to support children and youth up to age 20.
Mental/Behavioral Health	<i>Children & Family Services, Mental Health, DHHS</i>	1711 Third St., Eureka, CA 95501	707-268-2800	http://www.humboldt.gov.org/1601/Childrens-Mental-Health-Services	Provides assessment, treatment, medication support, and case management for children, youth, and families.
Mental/Behavioral Health	<i>Crestwood</i>	2370 Buhne St., Eureka, CA 95501	707-442-5721	http://www.crestwoodbehavioralhealth.com/eureka	Home to a mental health rehabilitation center and a social rehabilitation program (transitional residential).
Mental/Behavioral Health	<i>Crisis Line Text Messaging Option</i>	---	Text HOME to 741741	https://www.crisistextline.org/how-it-works/	Crisis Text Line serves anyone, in any type of crisis, providing access to free, 24/7 support and information via text messages. Text HOME to 741741 about any type of crisis to reach a volunteer Crisis Counselor. The goal of any text conversation is to get you to a calm, safe place. Sometimes that means providing a referral to further help and sometimes it just means being there and listening.
Mental/Behavioral Health	<i>Crisis Stabilization Unit, Mental Health, DHHS</i>	720 Wood St., Eureka CA 95501	707-476-4094 707-445-7715 (crisis line), toll free crisis line 888-849-5728	http://humboldt.gov.org/450/Crisis-Stabilization-Unit	The Crisis Stabilization Unit (CSU) is an outpatient program that provides crisis intervention and stabilization services to individuals in need of immediate and emergency services.
Mental/Behavioral Health	<i>Garberville Mental Health Outpatient, Mental Health, DHHS</i>	727 Cedar St., Garberville, CA 95542	707-268-2990 707-923-2729	https://humboldt.gov.org/766/DHHS-Locations	Humboldt County mental health services. Counselors onsite and outreach. Assessments, medication clinic last Wednesday of the month.
Mental/Behavioral Health	<i>GriefShare (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	GriefShare is a 13-week video seminar and support group for men and women grieving the loss of someone close. Your journey from mourning to joy.
Mental/Behavioral Health	<i>Hoopa Valley Tribe, Behavioral Health Services (Mental Health services)</i>	535 Airport Road, Hoopa, CA 95546	530-625-4261 ext 450	https://kimaw.org/	Mental health, Substance Use Disorder programs, children and family services, Parole/Probation.
Mental/Behavioral Health	<i>Humboldt Family Service Center</i>	1802 California St., Eureka, CA 95501	707-443-7358	http://humboldtfamilyservice.org	Variety of sponsored programs including substance abuse, gambling addiction, family violence and counseling services for both adults and children; Medi-Cal and other insurance accepted, and sliding fee scale is available; clinical intake form available on website.
Mental/Behavioral Health	<i>HumWORKs, Social Services, DHHS</i>	929 Koster St., Module B, Eureka, CA 95501	707-269-4179	http://humboldt.gov.org/424/HumWORKs	For CalWORKs recipients only. Group program that addresses Substance Abuse, Mental Health and Domestic Violence related barriers to employment.
Mental/Behavioral Health	<i>Medi-Cal, Partnership Health Plan of California (Beacon Health Strategies)</i>	200 State St., Boston, MA 02109	888-204-5581	http://beaconhealthstrategies.com/	Partnership Health Plan of CA (PHC) is the managed care plan for Medi-Cal (MC). PHC contracts with Beacon Health Strategies to administer some of the mental health benefits for MC. MC recipients can contact to find mental/behavioral health providers/services.
Mental/Behavioral Health	<i>Mental Health Same Day Services, Mental Health, DHHS</i>	720 Wood St., Eureka CA 95501	707-445-7715	http://humboldt.gov.org/1760/24-hour-Crisis-Services	Same Day Services and Psychiatric Emergency Services offer mental health crisis and stabilization services for persons exhibiting acute psychological distress. Outpatient therapy, outpatient medication support, and case management available.
Mental/Behavioral Health	<i>North Coast Association of Mental Health Professionals</i>	PO Box 5363, Eureka, CA 95502	707-441-3832	http://www.ncamhp.org	A clinical membership directory of local mental health professionals. Listing searchable by specialty, region, clinician name, etc. Resource is available by print or online (donations accepted).

Main Category	Name	Address	Phone	Website	Brief Description
Mental/Behavioral Health	<i>North Coast Veterans Resource Center (HCHV) (Behavioral Health)</i>	109 Fourth St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	At the HCHV behavioral health program, NCVRC employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: substance abuse, healthy relationships, anger management and communication skills.
Mental/Behavioral Health	<i>Remi Vista Community Counseling Services</i>	3960 Walnut Drive, Eureka CA 95503	707- 268-8722	https://remivistainc.net/community-counseling-services/	Services include group homes, school-based and clinic-based mental health services, wrap around programs, supported living for developmentally disabled adults. Accepting referrals for transitional housing. Affordable (\$50) mental health counseling.
Mental/Behavioral Health	<i>Sempervirens Psychiatric Health Facility, Mental Health, DHHS</i>	720 Wood St., Eureka, CA 95501	707-445-7710	http://humboldt.gov.org/437/Sempervirens-Psychiatric-Health-Facility	Offers a locked hospital based treatment for clients who have serious and persistent mental illness that need acute psychiatric care. It is a Medi-Cal and Medicare certified 16 bed facility, and the only inpatient psychiatric hospital within a 300 mile radius.
Mental/Behavioral Health	<i>United Indian Health Services (Fortuna) (Behavioral health)</i>	3302 Renner Drive Suite C, Fortuna, CA 95540	707-725-7988	http://www.unitedindianhealthservices.org	Direct health care services are made available to eligible people of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Mental/Behavioral Health	<i>United Indian Health Services (Potawat Village, Arcata) (Medical Services)</i>	1600 Weeot Way, Arcata, CA 95521	707-825-5000	http://www.unitedindianhealthservices.org	Direct health care services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Mental/Behavioral Health	<i>United Indian Health Services (Weitchpec) (Medical Services)</i>	Libby Nix Community Center, Highway 96, Weitchpec, CA	530-625-4300	http://www.unitedindianhealthservices.org	Direct health care services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Mental/Behavioral Health	<i>Willow Creek Mental Health Outpatient, Mental Health, DHHS</i>	77 Walnut Way, Willow Creek, CA 95573	530-629-2410	http://humboldt.gov.org/766/DHHS-Locations	Call to check for availability of services.
Native American Services	<i>Bear River band of the Rohnerville Rancheria</i>	588 Singley Road, Loleta, CA 95551	707-733-1900 ext. 3558	http://www.brb-nsn.gov/	The Bear River Social Services Department exists to serve, support, and respect every member of the Bear River Community in a compassionate way while promoting health, safety, self-sufficiency and overall well-being. The Social Services Department is committed to working to advance new and effective ways of living while honoring traditional values and beliefs.
Native American Services	<i>Big Lagoon Rancheria</i>	708 Ninth St. , Arcata, CA 95521	707-826-2079	---	The Big Lagoon Rancheria is a federally-recognized tribe located in Humboldt.
Native American Services	<i>Blue Lake Rancheria</i>	428 Chartin Road, P.O. Box 428, Blue Lake, CA 95525	707-668-5101	https://bluelakerancheria-nsn.gov/	The Blue Lake Rancheria strives each day to secure a better future for its people; protect its sovereignty and heritage; learn from the past; and build a resilient, healthy economy and environment, with benefits for the Tribe, the region and the planet.
Native American Services	<i>CA Tribal TANF Partnership (Native American Services)</i>	636 H St., Eureka, CA 95501	707-476-0344	http://www.cttp.net/	Provides educational training, career and employment opportunities toward self-sufficiency; through various supported services and programs with temporary financial assistance.
Native American Services	<i>Hoopla Valley Tribe, Behavioral Health Services (Native American Services)</i>	535 Airport Road, Hoopa, CA 95546	530-625-4261 ext 450	https://kimaw.org/	Mental health, Substance Use Disorder programs, children and family services, Parole/Probation.
Native American Services	<i>Karuk Tribal Temporary Assistance to Needy Families (TANF) (NA Services)</i>	Administration: 110 Nugget St., PO Box 1016, Happy Camp, CA 96039	530-493-1440	http://www.karuk.us/index.php/departments/tanf-dept/138-tanf	Mission: To preserve and strengthen the children and families of the Karuk Tribe and other Native American Tribes through an effective social welfare system that empowers individuals and families to work toward and achieve self-sufficiency, sobriety, and to become loving responsible parents in a culturally relevant way.
Native American Services	<i>Northern California Indian Development Council</i>	241 F St., Eureka, CA 95501	707-445-8451	http://www.ncidc.org/	Services available to American Indians [Native Americans]: job/career counseling, community service block grants for emergency services, computer use, disaster planning resources, etc.

Main Category	Name	Address	Phone	Website	Brief Description
Native American Services	<i>Trinidad Rancheria</i>	1 Cher-Ae Lane, Trinidad, CA 95570	707-677-0211	https://trinidad-rancheria.org/member-services/	The Member Services Program within the Tribal Programs Department is designed to be the central intake to assist Tribal Members with all of their needs and requests. Current services offered include referral services and case management; see website or call for more detail.
Native American Services	<i>Trinidad Rancheria, Animal Control (NA Services)</i>	1 Cher-Ae Lane, Trinidad, CA 95570	707-599-6828	http://trinidad-rancheria.org/animal-control	The purpose of the Animal Control program is to assist the Rancheria community with animal-related issues, as well as act as a resource and educational tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.
Native American Services	<i>Two Feathers Native American Services (NA Services)</i>	1650 Betty Court Suite A, McKinleyville, CA 95519	707-839-1933	http://www.twofeathers-nafs.org/	Social work, emergency services, counseling, therapeutic culture groups. Services are free. Also helps with emergency food, clothing and shelter (up to 3 days) for domestic violence victims. Contact person Kim Brown.
Native American Services	<i>United Indian Health Services (Fortuna) (NA Services)</i>	3302 Renner Drive Suite C, Fortuna, CA 95540	707-725-7988	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Native American Services	<i>United Indian Health Services (Potawat Village, Arcata) (NA Services)</i>	1600 Weeot Way, Arcata, CA 95521	707-825-5000	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Native American Services	<i>United Indian Health Services (Weitchpec) (NA Services)</i>	Libby Nix Community Center, Highway 96, Weitchpec, CA	530-625-4300	http://www.unitedindianhealthservices.org	Direct Health Care Services are made available to eligible persons of "Indian descent" and eligible non-Indian members (married to, or a child of a person who is an "enrolled member").
Native American Services	<i>Wiyot Tribe Health & Human Services</i>	Wiyot Tribe, 1000 Wiyot Drive, Loleta, California 95551	707-733-5055	http://wiyot.us/programs-and-services/health-and-human-services	There are a wide variety of Social Services offered at the Tribal Office. Some services are based on need and/or income qualification.
Native American Services	<i>Yurok Social Services Department, Yurok Tribe</i>	190 Klamath Blvd, PO Box 1027, Klamath, CA 95548;	707-482-1350	http://www.yuroktribe.org/departments/socialservices/	Mission is to help tribal members and families achieve independence, self-sufficiency and healthy, productive communities. Services include: General Assistance, Food Distribution, Low Income Home Energy Assistance Program, Tribal TANF, and the Yurok Domestic Violence/Sexual Assault Project.
Native American Services	<i>Yurok Tribal Temporary Assistance to Needy Families (TANF), Yurok Tribe</i>	See brief description for multiple locations	707-482-1350 530-625-4130	http://www.yuroktribe.org/departments/socialservices/	Mission Statement: To help Yurok needy families work toward and achieve self-sufficiency in a culturally appropriate way. Eureka: 3400 Erie St., Eureka, CA 95501; Klamath: 190 Klamath Blvd., PO Box 1027, Klamath, CA 95548. Weitchpec: Hwy 96, Weitchpec (right after the bridge)
Organization Resources	<i>CalFresh Outreach, DHHS-Social Services</i>	929 Koster St., Eureka, CA 95501	---	---	Organizations that assist community members with food security by assisting with enrollment in and retention of CalFresh nutrition assistance benefits should contact CalFreshOutreach@co.humboldt.ca.us to see what supports and services may be available.
Organization Resources	<i>CalFresh Task Force</i>	---	---	https://www.foodforpeople.org/calfresh-task-force	The Humboldt County CalFresh Task Force brings together community-based organizations and County agencies serving CalFresh eligible households in Humboldt County and is facilitated by Food for People. Stay up-to-date on local CalFresh enrollment statistics and processes, in addition to state and federal legislation that impacts the community. Website has many resources.
Organization Resources	<i>Community Health (CH) Assessment and CH Improvement Plan (DHHS, Public Health)</i>	---	---	https://humboldt.gov.org/DocumentCenter/View/71701/2018-Community-Health-Assessment-PDF	The Community Health Assessment (CHA) summarizes data from a variety of sources to offer a snapshot of Humboldt health. DHHS-PH and community partners use the CHA to update the Community Health Improvement Plan (CHIP) and as a resource for planning and policy making. To access both the CHA and CHIP, visit humboldt.gov.org/PublicHealth . The resulting communitywide health improvement efforts are being branded as Live Well Humboldt.

Main Category	Name	Address	Phone	Website	Brief Description
Organization Resources	<i>Community Health Alliance</i>	P.O. Box 367, Eureka, CA 95502	707-269-1776	https://www.communityhealthalliance.org/	The Community Health Alliance of Humboldt - Del Norte, Inc. (CHA) is a network of health care providers, consumers, employers, and community leaders serving as the North Coast's forum for community-based health planning and advocacy. Quarterly membership meetings.
Organization Resources	<i>DHHS-Social Services Community Liaison</i>	929 Koster St., Eureka, CA 95501	---	https://humboldt.gov/DocumentCenter/View/55558/1-13-30-Info-Sheet---Social-Services-Community-Liaison	The Social Services community liaison works with partners on issues related to enrollment and retention in CalFresh, CalWORKs, Welfare-to-Work and Medi-Cal, and also supports communication with the Employment Training Division, General Relief and the Transportation Assistance Program. The community liaison can also link partners to information about other DHHS programs.
Organization Resources	<i>DHHS-Social Services Eligibility and Benefits Info Sheets</i>	929 Koster St., Eureka, CA 95501	---	https://humboldt.gov/DocumentCenter/Index/3521	The info sheets are one page documents written for the assister, case manager, eligibility specialist, provider, social worker, etc. The info sheets have plain introductory language that covers basic program information. Info sheets are intended to be a beginner's base on which to build additional knowledge.
Organization Resources	<i>Humboldt County Resource Card (co-produced by DHHS and Human Rights Commission [HRC])</i>	---	---	---	DHHS and the HRC jointly produce this business card-sized, water-resistant four panel card that lists critical resources. Organizations can request cards by e-mailing CalFreshOutreach@co.humboldt.ca.us or hhr@co.humboldt.ca.us.
Organization Resources	<i>Humboldt Network of Family Resource Centers (HNFRC)</i>	---	---	https://www.hnfrc.org/	HNFRC acts as a hub for local nonprofits to share best practices, build relationships, and form coalitions to address community concerns. HNFRC seeks to collectively improve health and resiliency in all of our communities. The website has many resources including a search engine based on this resource list.
Organization Resources	<i>LatinoNet</i>	---	---	http://latinonet.org/	The Latino Community Providers' Network (LatinoNet) was created in 2000 as a community resource addressing the unique experiences of our Latino community. LatinoNet's mission is to improve the quality of life for Spanish-speaking families on the North Coast through networking, information, collaboration and advocacy.
Organization Resources	<i>Northcoast Hoarding Task Force</i>	434 7th St., Eureka CA 95501	707-442-3763	---	Anyone who addresses hoarding in their professional or personal lives is invited to attend quarterly meetings.
Organization Resources	<i>Northern California Association of Non-Profits (NorCAN) email listserv</i>	363 Indianola Road, Bayside, CA 95524	707-267-9916	https://www.hafoundation.org/Non-profit-Resources/Northern-California-Association-of-Nonprofits/Our-Email-List	NorCAN offers a regional nonprofit email list, or 'listserv' that has a subscriber-ship of almost 1,000 people. This service provides public sector organizations the opportunity to share information about available resources, events, organizational updates, job openings, needs, reports and key issues regarding their work.
Organization Resources	<i>Northern California Association of Non-Profits (NorCAN)</i>	363 Indianola Road, Bayside, CA 95524	707-442-2993	https://www.hafoundation.org/Non-profit-Resources/Northern-California-Association-of-Nonprofits	NorCAN's mission is to support the connection between people and organizations that work everyday to keep communities healthy and strong. NorCAN offers professional development opportunities, Board support, networking connections and more.
Organization Resources	<i>Physical Activity and Nutrition Program (DHHS-PH Healthy Communities)</i>	908 7th St., Eureka, CA 95501	707-268-2132	https://humboldt.gov/2049/Physical-Activity-and-Nutrition-Program	Supports CalFresh-funded agencies with resources related to healthy eating and active living such as recipe cards, cookbooks, physical activity dvds and brochures.
Organization Resources	<i>Rx Safe Humboldt</i>	---	707-443-4563	http://www.rxsafehumboldt.org/	The mission of the Rx Safe Humboldt Coalition includes developing community standards and supporting structures for diagnosis and treatment for chronic and acute pain while providing patients with the best care possible and recognizing the risks of prescribing pain medications. Members include Open Door, St. Joe's, DHHS, NCHIIN, Partnership. (See site for full details.)
Organization Resources	<i>See the Service Agencies, Clubs & Funders section</i>	---	---	---	The Service Agencies, Clubs & Funders section is a good resource for organizations looking for resources or funding.

Main Category	Name	Address	Phone	Website	Brief Description
Organization Resources	<i>Southern Humboldt Working Together (SHWT)</i>	---	---	https://www.facebook.com/SouthernHumboldtWorkingTogether/	The mission of SHWT is to promote and sustain the well-being of the people, communities, environment and economy of Southern Humboldt (SoHum). It also works to promote cultural, recreational and commercial development of SoHum and to serve as a sponsor to groups forming to achieve these goals. Monthly meetings and a Google Groups listserv.
Parenting Resources	<i>Breastfeeding Task Force (BTF) (Parenting)</i>	---	707-441-5573	http://first5humboldt.org/programs-and-partners/resources/breastfeeding-task-force/	BTF's goal is to boost the duration of breastfeeding by increasing community awareness and support for breastfeeding mothers. Members include lactation consultants, health care providers, nurses, doulas, peer counselors and mothers. DHHS's Maternal Child & Adolescent Health program helps coordinate the BTF.
Parenting Resources	<i>First 5 Humboldt</i>	525 Second St., Suite 201, Eureka CA 95501	707-445-7389	http://first5humboldt.org/	Promotes comprehensive, integrated systems of services for early childhood development in order to foster secure, healthy and loving children eager to learn and develop to their full potential. Provides several play groups for 0 to 5 year olds in various communities.
Parenting Resources	<i>Growing Together Perinatal Program (GTPP) (Parenting)</i>	Redding Regional Office 3688 Avtech Parkway, Redding CA 96002	800-863-4155	http://www.partnershiphp.org	Through Partnership HealthPlan of CA for Medi-Cal (MC) recipients. Located in Redding, but services provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Parenting Resources	<i>Life of a Single Mom (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	Aims to serve the practical, spiritual and survival needs of single moms.
Parenting Resources	<i>Love & Logic, Parents In Training (PIT)</i>	PO Box 6358, Eureka, CA 95502	707-443-1401 (Office),707-496-6070	http://www.Parentsintraining.org	Parent training provides information about gangs, substance use disorder, divorce and stepparents. Also covers early childhood (birth to 3 years old) and (4 years and older). Classes held at 2734 Hubbard Lane, Eureka. Every Thursday; Love & Logic Early Childhood Parenting Made Fun 4 to 5 p.m., Parenting the Love & Logic Way 6 to 7:30 p.m.
Parenting Resources	<i>MOPS (Mothers of Preschoolers) (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	MOPS offers a chance for moms to meet with other moms who are experiencing the same stages of life. Mothering looks different for each person, but the need for support and encouragement is the same across the board.
Parenting Resources	<i>Mother 2 Mother Breastfeeding Support Circle</i>	908 7th St., Eureka, CA 95501	707-441-5573	http://californiabreastfeeding.org/coalition-information/communitycoalitions/members/humboldt/	Free Mother-to-Mother support circle. A great opportunity to meet with other nursing mothers, share concerns, funny stories, and discuss day-to-day management of breastfeeding
Parenting Resources	<i>North Coast Regional Department of Child Support Services (parenting)</i>	2420 Sixth St., Eureka, CA 95501 and 850 B Main St., Weaverville, CA 96093	866-901-3212	http://humboldt.gov.org/DCSS	Caring professionals serving Humboldt and Trinity families living in separate households. Utilizes legal practices to establish paternity and resolve financial issues related to supporting their children. Mediated child support and time share agreements, and free budgeting skills education for parents using Department services. Learn more at https://www.youtube.com/watch?v=LtjAIT63ORM
Parenting Resources	<i>Nurse-Family Partnership, Public Health, DHHS (Parenting)</i>	529 I St., Eureka CA 95501	707-268-2105	http://www.humboldt.gov.org/578/Nurse-Family-Partnership	Evidence-based public health program that helps transform the lives of low-income mothers pregnant with their first child. A free, voluntary program for first time moms under 28 weeks along. Home visiting with nursing and other resources.
Parenting Resources	<i>Paso a Paso, St. Joseph Health</i>	2200 Harrison Avenue, Eureka, CA 95501	707-441-4477	https://www.stjoehumboldt.org/for-community/paso-a-paso-step-by-step-/	Various parenting workshops offered throughout the year, as well as Positive Discipline classes. All classes presented in Spanish.
Parenting Resources	<i>Perinatal Services, Public Health, DHHS (Parenting)</i>	908 Seventh St., Eureka CA 95501	707-445-6210 707-441-5573 (Emily)	http://humboldt.gov.org/656/Perinatal-Services	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life.
Parenting Resources	<i>Redwood Coast Parent Project® (RCPP), Humboldt County Office of Education</i>	1820 Sixth St., Eureka, CA 95501	707-445-7098	https://changingtidesfs.org/node/260	Coordinates the Parent Project®: 11 week workshops that provide parents with effective strategies & tools to influence and motivate strong-willed teens, w/ focus on turning around the most destructive adolescent behaviors: truancy/school refusal, defiance in the home, & more. Appropriate for parents with youth 10+. Available in Arcata, Eureka, Fortuna.

Main Category	Name	Address	Phone	Website	Brief Description
Parenting Resources	<i>WIC, Public Health, DHHS (Eureka) (Parenting)</i>	317 Second St., Eureka, CA 95501	707-445-6255	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	<i>WIC, Public Health, DHHS (Fortuna) (Parenting)</i>	Temporarily located at: 753 14th St., Fortuna, CA 95540	707-726-9427	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need. (Temporary location on 14th Street until approximately January 2020; call ahead to confirm location.)
Parenting Resources	<i>WIC, Public Health, DHHS (Garberville) (Parenting)</i>	727 Cedar St., Garberville, CA 95540	707-923-2779	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Parenting Resources	<i>WIC, Public Health, DHHS (McKinleyville) (Parenting)</i>	1450A Hiller Road, McKinleyville, CA 95519	707-445-6255 or 707-839-1173	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Pets/Animals	<i>Animal Control, County of Humboldt</i>	980 Lycoming, McKinleyville, CA 95519	707-840-9132	http://www.humboldt.gov.org/377/Animal-Control-Division	Animal Control is responsible for the enforcement of State laws and local ordinances pertaining to animals and serves as a contact point for the public with regard to animal problems and issues.
Pets/Animals	<i>Arcata Animal Hospital</i>	1300 Giuntoli Lane, Arcata, CA 95521	707-822-2402	https://arcatavet.com/	Providing genuine care, comfort, and high quality veterinary medicine for patients and clients is Arcata Animal Hospital's highest mission. Browse website to learn more about the services provided. Find specific information about medical conditions as well as information about general pet care for all species in the Pet Library, view "how-to" videos and find details about upcoming events.
Pets/Animals	<i>Companion Animal Foundation</i>	88 Sunnybrae Center, Arcata, CA 95521	707-826-7387	https://www.cafanimals.org/	Companion Animal Foundation is a 501 (c) 3 non-profit animal rescue organization formed in 2002 in response to the high euthanasia rate of adoptable animals in Humboldt County. Two thrift stores, Sunny Brae and in Blue Lake. The money raised in these stores helps rescue and care for animals until permanent homes are found. Offers spay/neuter assistance for people on limited incomes, provide humane trapping methods for feral cats, run humane education programs, and a number of other services to the public.
Pets/Animals	<i>Friends for Life Animal Rescue</i>	PO Box 962, Eureka, CA 95502	707-442-5999	http://www.dogrescuers.org/index.htm	Friends for Life was founded in 2001 and is a 501 (c)(3) non-profit California corporation. It is the goal of FFL to provide a bridge for animals from homelessness or abandonment to their forever homes by offering services including: Spay/neuter program, foster cat program, shelter emergency medical fund and humane education program.
Pets/Animals	<i>Humboldt Animal Rescue Team (HART)</i>	8 West Sixth St., Eureka, CA, 95501	707-616-6440	https://www.humboldtanimalrescue.team.org/	Humboldt Animal Rescue Team (HART) is a small, non-profit, volunteer-run animal rescue specializing in cats and kittens. Open Fridays, Saturdays and Sundays noon to 3 p.m. Adoptable cats are spayed/neutered, treated for fleas/worms, vaccinated, tested for FIV. Adoption fee to cover costs is \$125 for a kitten, lower for older animals.
Pets/Animals	<i>Humboldt Dog Obedience Group (HumDOG)</i>	PO Box 6733, Eureka, CA 95502	707-444-3862	http://www.humdog.org/index.htm	HumDOG was founded in 1978 with two primary goals: 1) Promote benefits of obedience training for all dogs; 2) Encourage responsible dog ownership. Most members live on the North Coast. By their enthusiasm, help and knowledge, HumDOG is kept alive and continues to serve our community.
Pets/Animals	<i>Humboldt Spay/Neuter Network (SPAY Humboldt!)</i>	2606 Mrytle Ave, Eureka, CA 95501	707-442-7729	https://www.spayhumboldt.org/	SPAY Humboldt! is a grassroots, all-volunteer organization working to improve the lives of animals in Humboldt County, California, by providing access to low-cost spay/neuter surgeries, assistance with trapping and fixing feral cats, and adoptions of dogs and cats to loving homes.
Pets/Animals	<i>Miranda's Rescue For Large & Small Animals</i>	1603 Sandy Prairie Road, Fortuna, CA 95540	707-725-4449	http://mirandasrescue.org/	No-kill rescue, adoption and sanctuary facility for distressed, neglected, abused and discarded animals, large and small. Finds animals loving adoptive homes.
Pets/Animals	<i>Redwood Pals Rescue</i>	PO Box 2913, McKinleyville, CA 95519	707-839-9692	http://redwoodpalsrescue.org/site/	Redwood Pals Rescue is an all-volunteer organization dedicated to support rescue and adoption efforts of animals that are at risk in the Humboldt County Animal Shelter in addition to working to improve the quality of their lives.

Main Category	Name	Address	Phone	Website	Brief Description
Pets/Animals	<i>Sequoia Humane Society</i>	6073 Loma Avenue, Eureka, CA 95503	707-442-1782	http://sequoiahumane.org/	Sequoia Humane Society provides shelter for homeless and neglected companion animals, pet adoption services, assistance in getting pets spayed or neutered, education about responsible pet ownership. Tue - Sat Noon to 5 p.m.
Pets/Animals	<i>Trinidad Rancheria, Animal Control</i>	1 Cher-Ae Lane, Trinidad, CA 95570	707-599-6828	http://trinidad-rancheria.org/animal-control	The purpose of the Animal Control program is to assist the Rancheria community with animal-related issues, as well as acting as a resource and education tool regarding pet ownership and care. If you have an urgent matter to report, please call the phone number. Otherwise, please navigate to the website and fill out a Member Service Request Form.
Prenatal Services	<i>Growing Together Perinatal Program (GTPP) (prenatal)</i>	Redding Regional Office 3688 Avtech Parkway, Redding CA 96002	800-863-4155	http://www.partnershiphp.org	Through Partnership HealthPlan of CA for Medi-Cal (MC) recipients. Located in Redding, but services provided to multiple counties including Humboldt. Assists with access to care and care coordination services related to prenatal and postnatal community members with MC.
Prenatal Services	<i>Moonstone Midwives</i>	4677 Valley East Blvd. Suite 2, Arcata, CA 95524	707-633-3009	http://www.moonstonemidwives.com/	Prenatal Services.
Prenatal Services	<i>North Country Prenatal Services</i>	3800 Janes Road, Suite 101 Arcata, CA 95521	707-822-1385	http://opendoorhealth.com/opendoor/?page_id=413	Prenatal services, including check-ups, examinations, laboratory work, and education on a wide range of topics. The clinic provides team care, and a provider is on-call 24 hours a day.
Prenatal Services	<i>Nurse-Family Partnership, Public Health, DHHS (prenatal)</i>	529 I St., Eureka CA 95501	707-268-2105	http://www.humboldt.gov/578/Nurse-Family-Partnership	Evidence-based public health program that helps transform the lives of low-income mothers pregnant with their first child. A free, voluntary program for first time moms under 28 weeks along. Home visiting with nursing and other resources.
Prenatal Services	<i>Oliver Puttler, M.D., FACOG</i>	3798 Janes Road Suite 15, Arcata, CA 95524	707-822-1131	http://madriverhospital.com/oliver-puttler-md-facog	Prenatal Services.
Prenatal Services	<i>Open Door Community Health Centers, NorthCountry Prenatal Services</i>	3800 Janes Road, Suite 101, Arcata, CA 95521	707-822-1385	http://opendoorhealth.com/opendoor/locations/northcountry-prenatal-services/	Prenatal services.
Prenatal Services	<i>Paso a Paso, St. Joseph Health (Prenatal Resources)</i>	2200 Harrison Avenue, Eureka, CA 95501	707-441-4477	https://www.stjosephhumboldt.org/for-community/paso-a-paso-step-by-step/	Childbirth education, parenting and breast feeding support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Prenatal Services	<i>Perinatal Services, Public Health, DHHS (Prenatal)</i>	908 Seventh St., Eureka CA 95501	707-445-6210 707-441-5573 (Emily)	http://humboldt.gov/656/Perinatal-Services	The goal of the Perinatal Services Program is to improve the health of low-income pregnant women and give their babies a healthy start in life.
Prenatal Services	<i>Planned Parenthood of Northern CA, Eureka Health Center (Prenatal)</i>	3225 Timber Fall Court Suite B, Eureka, CA 95501	707-442-5700	http://www.plannedparenthood.org/srpp/	Information on a variety of healthy living topics; same day appointments available; ensures access to reproductive and sexual health care for all.
Prenatal Services	<i>Pregnancy Care Center of the North Coast & J. Rophe Medical Center</i>	2390 Myrtle Avenue, Eureka, CA 95501	707-442-2345; J Rophe Medical 444-0423	http://www.pcceureka.org/home.aspx	Offers compassion, direction and hope to those facing life decisions. All services are free and confidential and include: pregnancy testing, ultrasounds, accurate information on pregnancy options, assistance with maternity and baby clothing, and ongoing support. Christian orientation and focus.
Prenatal Services	<i>St. Joseph Health Medical Group (formerly Humboldt Medical Specialists) (prenatal)</i>	2773 Harris St. Suite D, Eureka CA 95501	707-476-2909	http://www.stjosephhealthmedicalgroup.com/	St. Joseph Health Medical Group offers women a full range of women's health and wellness services, including obstetrical and gynecological care which is appropriate of each stage of life. Prenatal and gynecological services are also available in Spanish.
Prenatal Services	<i>Welcoming Dawn Midwifery Practice</i>	1433 11th St., The Hilliard Building, Arcata, CA 95521	805-300-0475	http://www.welcomingdawnmidwifery.com/	Offering prenatal, postpartum and well woman care. Homebirth and birth yurt options. Insurance accepted. Referrals offered.

Main Category	Name	Address	Phone	Website	Brief Description
Prenatal Services	<i>WIC, Public Health, DHHS (Eureka) (Prenatal)</i>	317 Second St., Eureka, CA 95501	707-445-6255	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	<i>WIC, Public Health, DHHS (Fortuna) (Prenatal)</i>	Temporarily located at: 753 14th St., Fortuna, CA 95540	707-726-9427	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infants, and Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding and non-breastfeeding women and children under the age of 5 years old who have a nutritional need. (Temporary location on 14th Street until approximately January 2020; call ahead to confirm location.)
Prenatal Services	<i>WIC, Public Health, DHHS (Garberville) (Prenatal)</i>	727 Cedar St., Garberville, CA 95540	707-923-2779	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	<i>WIC, Public Health, DHHS (McKinleyville) (Prenatal)</i>	1450A Hiller Road, McKinleyville, CA 95519	707-445-6255 or 707-839-1173	http://humboldt.gov.org/657/Women-Infants-Children-WIC	The Women, Infant, Children (WIC) Supplemental Nutrition Program is for income-eligible pregnant, breastfeeding, and nonbreastfeeding women and children under the age of 5 years old who have a nutritional need.
Prenatal Services	<i>With Open Arms Reproductive Health Services</i>	2505 Lucas St. Suite B, Eureka CA 95501	707-442-0400	https://www.withopenarmshealthcare.com/	Dedicated to providing a full range of options for pregnancy & childbirth at the hospital of your choice. Offering tubal ligations and vasectomy procedures. "A Practice of Aloha."
Recreation & Fun	<i>Amazon Prime (recreation)</i>	---	---	www.Amazon.com	Amazon Prime is available for \$5.99 a month for qualifying customers with an EBT card or a Medicaid Card (Medi-Cal in California, card is called a BIC.) Includes the music and video streaming libraries and free shipping.
Recreation & Fun	<i>Arcata Pool</i>	1150 16th St., Arcata, CA 95521	707-822-6801	http://arcatapool.com/	Facility use is \$8.50 for adults, \$7.25 for seniors and \$5 for youth. Discounted price is \$4 for recipients with proof of SSI Disability, Medi-Cal or EBT, also offered on children's swimming lessons.
Recreation & Fun	<i>Humboldt County Library</i>	Main: 1313 Third St., Eureka, CA 95501 See website or call for branch locations	707-269-1918	https://humboldt.gov.org/1346/Public-Library	A vital community resource, the Library provides services through the Main Library in Eureka, ten Branch Libraries, and a Bookmobile. Everyone is welcome to visit and use the Humboldt County Library. 'Permanent' Library Cards are free of charge to Humboldt County residents with a permanent local mailing address. 'Express' Library Cards are free of charge and available without providing such an address.
Recreation & Fun	<i>Latino Outdoors</i>	---	707-502-4574	http://latinooutdoors.org	Latino-led and volunteer powered organization that provides outdoor recreation opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs. Contact Ruby Rodriguez.
Recreation & Fun	<i>Morris Graves Museum of Art (Recreation)</i>	636 F St., Eureka, CA 95501	707-442-0278	http://www.humboldtarts.org/	The museum features exhibitions from artists, both local and from around the world. Families with EBT Cards (CalFresh/CalWORKs) can visit for free any day.
Recreation & Fun	<i>Museums for All</i>	---	---	https://museums4all.org/	Through Museums for All, those receiving CalFresh/SNAP benefits can gain free or reduced admission to more than 300 museums throughout the United States simply by presenting their EBT card. Website has search function.
Recreation & Fun	<i>Parks & Recreation, City of Eureka</i>	---	707-441-4248	https://www.ci.eureka.ca.gov/depts/recreation/default.asp	The City of Eureka's Recreation Division also offers a wide range of options to choose from, including summer day camps, after school program, teen leadership programs, community classes, youth programs, Eureka Skate Park and Hoopsters Youth Basketball.
Recreation & Fun	<i>Redwood Discovery Museum</i>	612 G St., Suite 102, Eureka, CA 95501	707-443-9694	https://www.discovery-museum.org/	The Discovery Museum is a nonprofit children's museum that offers interactive exhibits and thematic programs. Discovery Museum exhibits and programs promote hands-on, open-ended discovery in the areas of science, art, culture, technology and healthy living.
Recreation & Fun	<i>See Extensive Listing of Resource Centers</i>	numerous in county	---	---	Many of the family/community resource centers in the Community Info and referral section host recreational activities. Local resource centers are also an excellent resource for neighborhood events and activities.
Recreation & Fun	<i>Sequoia Park Zoo (recreation)</i>	3414 W St., Eureka, CA 95503	707-441-4263	http://www.sequoiaparkzoo.net/	Established in 1907, Sequoia Park Zoo is the oldest zoo in California and one of the smallest accredited zoos in the country. Reduced entrance fees with EBT card (CalFresh/CalWORKs) or BIC (Medi-Cal). All visitors half-price first Wednesday of the month.
Recreation & Fun	<i>Visit Redwoods website</i>	---	---	https://www.visitredwoods.com/	Visitredwoods.com has a page to find Humboldt County events, such as street fairs.

Main Category	Name	Address	Phone	Website	Brief Description
Senior Services	<i>Area 1 Agency on Aging (HICAP)</i>	434 Seventh St., Eureka, CA 95501	707-444-3000 (Eureka)	http://www.a1aa.org/	Health Insurance Counseling and Advocacy Program (HICAP); local non-biased help for people on Medicare. Medicare workshops, resources.
Senior Services	<i>Area 1 Agency On Aging (Senior Services)</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/	Provides funding for senior programs and administers the following programs: Health Insurance Counseling and Advocacy Program (HICAP), RSVP, Senior Information and Assistance, and Volunteer Center of the Redwoods.
Senior Services	<i>Area 1 Agency on Aging Stay Put Services</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/	Services designed to address potential safety hazards in the home. Provides a limited amount of hours to remove clutter and reorganize small spaces.
Senior Services	<i>Easy Call, Advanced Security Systems (Senior Services)</i>	1336 Fourth St., Eureka, CA 95501	707-443-6366	http://www.advancedsecurity.us	"I've fallen and can't get up" button for seniors/persons with disabilities.
Senior Services	<i>Food for People (Commodity Supplemental Food Program)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166 x 303	http://www.foodforpeople.org/programs/commodity-supplemental-food-program-csfp	CSFP provides a large box of nutritious food monthly for income-eligible people age 60+. Applications must be filled out in person. Services available for pick-up in Eureka, Arcata, McKinleyville, Trinidad and Fortuna.
Senior Services	<i>Food for People (Senior Brown Bag)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166 x 303	http://www.foodforpeople.org/programs/senior-brown-bag-program	Provides a monthly bag of groceries for seniors age 60 or older at locations throughout Humboldt County; see website. Delivery may be available to homebound seniors too ill or disabled to leave home, depending on volunteer resources.
Senior Services	<i>Fortuna Senior Bus (Senior Services)</i>	---	707-725-7625	http://friendlyfortuna.com/index.aspx?nid=98	Reservation and dispatcher-based system: call dispatchers to schedule the times bus is needed. Buses servicing seniors and people with disabilities (disability under 50 with doctor's note). \$2.50/ride or 15 trips for \$22.50.
Senior Services	<i>Fortuna Senior Center</i>	2280 Newburg Rd., Fortuna, CA 95540	707-726-9203	http://fortunasenior.org/	Links seniors with health and fitness, educational, social and recreational, financial, legal and other necessary service organizations, primarily in the immediate Fortuna area. Most are free of charge. Office hours Mon-Fri 10am-12 noon.
Senior Services	<i>Healy Senior Center of Southern Humboldt, Inc.</i>	456 Briceland Rd., Redway, California 95560	707-923-2399	http://www.healyseniorcenter.org/	Open to all older adults, their spouses and friends. Hot meals available Monday, Wednesday, and Thursday from 12:30 to 1:00 p.m.
Senior Services	<i>Humboldt Senior Resource Center (HSRC)</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	The Humboldt Senior Resource Center is committed to providing services, information, education, and recreation for seniors, families, and caregivers in Humboldt County. Services include: Activities Program, Adult Day Health, Alzheimer's Resource Center, Dial-A-Ride tickets, Senior Firewood, Home Delivered Meals, Multipurpose Senior Services Program, Nutrition Program, Redwood Coast PACE, and Senior Home Repair.
Senior Services	<i>Humboldt Senior Resource Center/ Dining Center (Arcata) (Senior Services)</i>	321 Dr. Martin Luther King, Jr. Parkway, Arcata, CA 95521	707-825-2027	http://www.humsenior.org/	If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6.00 per meal. Lunch served in Arcata, Tuesday through Friday, from 11:30 a.m. to 12:15 p.m.
Senior Services	<i>Humboldt Senior Resource Center/ Dining Center (Eureka) (Senior Services)</i>	1910 California St., Eureka, CA 95501	707-442-1181	http://www.humsenior.org/	Call for reservations. If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6 per meal. Lunch served in Eureka, Tuesday through Friday, from 11:45 a.m. to 12:15 p.m.
Senior Services	<i>Humboldt Senior Resource Center/ Dining Center (Fortuna) (Senior Services)</i>	Mountain View Village Retirement Center, 2130 Smith Ln., Fortuna CA 95540	707-725-6245	http://www.humsenior.org	Call for reservations. If age 60 or older, donation of \$3.50 suggested but not required. If younger than 60, \$6 per meal. Lunch served in Fortuna, Tuesday through Friday from noon to 12:30 p.m.
Senior Services	<i>Humboldt Senior Resource Center/Activities Program</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	The Activities Program offers educational classes, social events, and recreational opportunities, as well as the Senior Firewood program, computer lab, support groups, Dial-A-Ride tickets, Senior Home Repair, commodity food distribution, Are You Okay® telephone reassurance service, tax assistance, and more. The monthly activities schedule can be found on HSRC's website or at the Center. Call ext. 1228.

Main Category	Name	Address	Phone	Website	Brief Description
Senior Services	<i>Humboldt Senior Resource Center/Home Delivered Meals (Senior Services)</i>	---	707-443-9747	http://www.humsenior.org/	Home Delivered Meals are available to homebound elderly in Arcata, Eureka, Fortuna, and McKinleyville. Drivers also provide "wellness checks" for clients on their routes. Call ext. 1221.
Senior Services	<i>In-Home Supportive Services (IHSS), Mental Health, DHHS (Senior Services)</i>	808 E St., Eureka, CA 95501	707-476-2100, toll free 866-527-8614	https://humboldt.gov.org/502/In-Home-Supportive-Services	In-Home Supportive Services (IHSS) is an alternative to costly out-of-home care such as nursing homes; provides aid to blind, aged, and disabled individuals who are unable to remain safely in their own home without the aid of a care provider.
Senior Services	<i>Multipurpose Senior Services Program (MSSP), Humboldt Senior Resource Center</i>	1910 California St., Eureka, CA 95501	707-443-9747	http://www.humsenior.org	Multipurpose Senior Services Program (MSSP) is a community-based care management program that helps frail, low-income elders age 65 and older, and their families, to locate, arrange, and manage supportive services. Call ext. 3259.
Senior Services	<i>Primitimers (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	This group, for those 55 and older, meets every third Friday of the month for a potluck and fellowship.
Senior Services	<i>Redwood Coast Village</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.redwoodcoastvillage.org/	RCV membership open to residents of Humboldt aged 50 and above who need just a little help to stay in their own homes. Matches members' needs with volunteers' services and disseminates information from member recommendations. New and growing.
Service Agencies, Clubs & Funders	<i>CarrollCo Energy Savings Assistance Program (Service Agencies)</i>	102 West Fourth St., Eureka, CA 95501	707-497-6235	https://carrollco.net/	CarrollCo, as part of PG&E's Energy Savings Assistance Program, is responsible for helping Humboldt County renters and owners improve the weatherization of their residences. Call to learn more and see if a household qualifies for free services. Informational fliers will be provided upon request.
Service Agencies, Clubs & Funders	<i>Humboldt Area Foundation</i>	363 Indianola Road, Bayside, CA 95524	707-442-2993	https://www.hafoundation.org/	A local and regional advocate for community giving and a proponent of the value of local capital working for local priorities and the public good, offering: Scholarships, grants and other community services such as trainings, workshops, etc.
Service Agencies, Clubs & Funders	<i>Humboldt Health Foundation</i>	363 Indianola Road Bayside, CA 95524	707-442-2417	http://www.ulhf.org/	In partnership with the Humboldt Area Foundation; services to improve the health and wellbeing of the residents and communities of Humboldt County; provides small grants to meet immediate medical or health related needs (Angel Fund).
Service Agencies, Clubs & Funders	<i>Lions Clubs (Eureka)</i>	PO Box 274, Eureka, CA 95502	707-267-7580	http://www.e-clubhouse.org/sites/eureka/hosts/	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	<i>Lions Clubs (McKinleyville)</i>	PO Box 2352, McKinleyville, CA 95519	707-496-9724	http://e-clubhouse.org/sites/mckinleyville/	To create and foster a spirit of understanding among all people for humanitarian needs by providing voluntary services through community involvement and international cooperation. A world service organization.
Service Agencies, Clubs & Funders	<i>Low Income Home Energy Assistance Program (LIHEAP), RCAA</i>	539 T St., Eureka, CA 95501	707-444-3831, 707-444-3834 Mon 9 a.m. to Noon for app't	http://www.benefitsapplication.com/program_info/CA/LIHEAP	RCAA provides energy assistance to eligible clients through the Low Income Home Energy Assistance Program (LIHEAP). Assistance with payments or purchases of electricity, propane, natural gas, heating oil, or firewood.
Service Agencies, Clubs & Funders	<i>McLean Foundation</i>	1336 Main St., Fortuna, CA 95540	707-725-1722	http://mcleanfoundation.org	Empowers communities in the Eel River Valley and Humboldt County by providing funding, leadership and support.
Service Agencies, Clubs & Funders	<i>North Coast Grantmaking Partnership (NCGP)</i>	---	707-442-2993	https://www.hafoundation.org/Grantseekers/North-Coast-Grantmaking-Partnership	NCGP is a collaborative network of granting organizations that mobilizes resources to sustain healthy and vibrant communities on the North Coast. NCGP's emphasis is on investing for greatest impact in the region. NCGP does this by sharing resources, learning together and working collaboratively.
Service Agencies, Clubs & Funders	<i>Rotary Club of Arcata Sunrise</i>	Jacoby's Storehouse Third Fl. Plaza View Rm. Arcata, CA 95521		https://arcatasunrise.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Arcata</i>	Rotary Club of Arcata PO Box 4274, Arcata, CA 95518	707-822-4835	http://www.arcatarotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.

Main Category	Name	Address	Phone	Website	Brief Description
Service Agencies, Clubs & Funders	<i>Rotary Club of Eureka</i>	Rotary Club of Eureka, PO Box 65, Eureka, CA 95502	---	http://rotary1.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Ferndale</i>	Humboldt County Fairgrounds, 1250 Fifth St., Ferndale, CA 95536	---		Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Fortuna</i>	Rotary Club of Fortuna, PO Box 1002, Fortuna, CA 95540-1002	---	http://fortunarotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Fortuna Sunrise</i>	Hot Brew, 904 S. Fortuna Blvd., Fortuna, CA 95540		http://fortunasunriserotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Mad River</i>	Luzmila's, 1751 Central Ave., McKinleyville, CA 95519		http://www.madriverrotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Old Town Eureka</i>	Red Lion Hotel 1929 Fourth St. Eureka, CA 95501	---	http://www.oldtowneureka.rotary-clubs.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Rotary Club of Southwest Eureka</i>	P.O. Box 6054 Eureka, CA 95502		http://www.swrotary.org/	Organization of businesses and professional leaders united worldwide who provide humanitarian service, encourage high ethical standards in all vocations, and help build goodwill and peace in the world. Rotary is an international organization with a strong community presence.
Service Agencies, Clubs & Funders	<i>Soroptimists (Arcata)</i>	Soroptimist International of Arcata, PO Box 288, Arcata, CA 95518	707-822-3579 msg	http://www.arcatasoroptimists.com/index.html	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: scholarships, education, or even lending a hand through their sisterhood.
Service Agencies, Clubs & Funders	<i>Soroptimists (Eel River Valley)</i>	Soroptimists International of the Eel River Valley, PO Box 869, Fortuna, CA 95540	---	http://www.si-founderregion.org/si-eel-river-valley.html	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: scholarships, education, or even lending a hand through their sisterhood.
Service Agencies, Clubs & Funders	<i>Soroptimists (McKinleyville)</i>	Soroptimist International of McKinleyville, CA, PO Box 2239, McKinleyville, CA 95519	---	http://www.si-founderregion.org/si-mckinleyville.html	A driven group of professional women dedicated to helping women and children in the community. They spend volunteer time and money as well as organize community projects and fundraisers for opportunities such as: scholarships, education, or even lending a hand through their sisterhood. e-mail mckinleyville@soroptimist.net
Service Agencies, Clubs & Funders	<i>St. Joseph Community Benefits</i>	2700 Dolbeer St., Eureka, CA 95501	707-445-8121	https://www.stjoehumboldt.org/for-community/community-benefit/	The Community Benefit Department of St. Joseph and Redwood Memorial Hospitals sponsors, develops, manages and sustains Healthy Community initiatives for the vulnerable populations of Humboldt County.
Service Agencies, Clubs & Funders	<i>Women and Children's Fund</i>	1707 E St., Eureka 95501	707-441-1001	http://www.211humboldt.org/	A partnership between service providers with clients identifying they have unmet needs. Deeply committed to achieving lasting solutions – not just quick fixes – for the entire community.

Main Category	Name	Address	Phone	Website	Brief Description
Shelters: Emergency/Crisis	<i>Arcata House Partnership</i>	501 Ninth St., Arcata, CA 95521	707-633-6236	http://www.arcatahouse.org/home/	24-hour low barrier shelter program for adults (people 18 or older) and families with children in various locations. Temporary shelter provided as people work to get entitlement benefits, employment and connection to medical/mental health/substance use support services and prepare to be permanently housed in the shortest time possible. Case management provided to develop service and housing plans and provide housing navigation services.
Shelters: Emergency/Crisis	<i>Eureka Rescue Mission-Men's Program (Shelter)</i>	110 Second St., Eureka, CA 95501	707-443-4551	http://www.eurekarescuemission.org/	The doors of the Mission are opened each evening at 5:30 p.m. At that time men are given the opportunity to sign up for a bed, enjoy a spirit filled chapel service, partake of a hot, filling meal, enjoy a hot shower, and exchange their dirty clothing for clean clothing. Must be sober, male, over the age of 18, and possess valid photo id. Breathalyzer used. Coordinates emergency weather shelter activities in Eureka.
Shelters: Emergency/Crisis	<i>Eureka Rescue Mission-Women & Children's Program (Shelter)</i>	107 Third St., Eureka, CA 95501	707-443-5016	http://www.eurekarescuemission.org/	The Women & Children's Shelter provides a sober, structured environment with daily responsibilities and Bible study. An interview and picture ID are required to utilize services at the shelter. An interview may be scheduled at 4:45 p.m. any day of the week. Must be sober, female with or without kids the age of 12 years and under, and possess valid photo identification. Breathalyzer used.
Shelters: Emergency/Crisis	<i>Fortuna Adventist Community Services (Housing resources)</i>	2331 Rohnerville Road, Fortuna, CA 95540	707-725-1166	http://fortunaacs.com/	Shelter is geared towards those escaping domestic violence.
Shelters: Emergency/Crisis	<i>Humboldt Domestic Violence Services</i>	PO Box 969, Eureka, CA 95502	707-443-6042; 707-444-9255	http://www.hdvs.org/	Emergency shelter geared towards those escaping domestic and intimate partner violence, sex, and human trafficking.
Shelters: Emergency/Crisis	<i>McKinleyville Family Resource Center - Extreme Weather Shelter</i>	1450 Hiller Road, McKinleyville, CA 95519	707-840-0905	http://mckfrc.org/	Open when weather info contacts them during extreme conditions. They open for dinner/showers, then people are transported to church locations for overnight stay.
Shelters: Emergency/Crisis	<i>North Coast Veterans Resource Center (Emergency Housing)</i>	109 4th St., Eureka, CA 95501	707-442-4322	https://www.vetsresource.org	(Not technically an emergency shelter; may take a couple of days to verify eligibility.) NCVRC operates a 15-bed Health Care for Homeless Veterans (HCHV) behavioral health program. In total, NCVRC is able to provide temporary housing and services to 50 homeless veterans at a time.
Shelters: Emergency/Crisis	<i>Our House, Youth Services Bureau, RCAA (Housing)</i>	---	707-444-2273	http://rcaa.org/division/youth-service-bureau	Provides shelter services for youth who may be experiencing homelessness, severe family conflict, or fleeing from a dangerous living situation. Our House Shelter is a temporary residential program with the goal of family reunification. Call the 24-Hour Crisis Hotline to learn more about the program and the entrance procedure.
Shelters: Emergency/Crisis	<i>Parents and Children in Transition Program (PACT)</i>	---	---	---	PACT is a confidential, 3-month long shelter program that serves homeless families with children, with an intense focus on obtaining and maintaining permanent housing. Staff provide case management, financial literacy, and support services for the entire family. Referrals for the program can be obtained through many DHHS programs, including Healthy Moms, DHHS-Alcohol and Other Drugs, and Child Welfare Services.
Spanish Language Resources & Support	<i>Changing Tides Family Services (Spanish Language Support)</i>	2379 Myrtle Avenue, Eureka, CA 95501	707-445-1195	http://changingtidesfs.org	Bilingual staff that can assist with child care, respite, mental health and special needs services.
Spanish Language Resources & Support	<i>English Express Humboldt (Spanish Language Resources)</i>	---	707-443-5021, Mary Ann Hytken, teacher/maestra	http://www.englishexpresshumboldt.org/	FREE adult English Language Development classes at the Jefferson Community Center in Eureka and at the Multi-Generational Center in Fortuna. Childcare is free. MarketPlace English offers free, drop in instruction at La Pasadita Market in Eureka and La Chapparita Market in Fortuna. Check website for current days/times. Part of the Humboldt Network of Family Resource Centers (HNFRC).
Spanish Language Resources & Support	<i>Healthy Kids Humboldt, St. Joseph Health – Humboldt County (Spanish Language)</i>	2200 Harrison Avenue, Eureka, CA 95501	707-442-6066	https://www.stjoehumboldt.org/for-community/healthy-kids-humboldt/	Bilingual staff Marcelina Mejia de Castillo and Lucy Silveira. Services focus on children's health insurance, Medi-Cal enrollment and navigation of the health care system.

Main Category	Name	Address	Phone	Website	Brief Description
Spanish Language Resources & Support	<i>LatinoNet (Latino Community Provider Network)</i>	---	707-583-9137	http://latinonet.org/	The Latino Community Provider Network or "LatinoNet" is a community coalition of over 150 members representing over 50 agencies from areas such as health care, social services, education, business and children's services. The Mission of LatinoNet is to improve the quality of life for Spanish-speaking families of the North Coast through networking, information, collaboration, and advocacy.
Spanish Language Resources & Support	<i>League of Women Voters</i>	PO Box 3129, Eureka, CA 95502	707-444-9252	http://www.votersedge.org/ca/es	The LWV, a nonpartisan political organization, encourages informed & active participation in government and works to increase understanding of public policy issues. LWV provides materials in Spanish on elections including information on measures on ballot & guide to help make a decision.
Spanish Language Resources & Support	<i>North Coast Translate</i>	363 Indianola Road, Bayside CA 95524	707-442-2993	https://www.hafoundation.org/Non-profit-Resources/North-Coast-Translate	A resource for language interpretation and translation needs throughout California's far northern coast. This site serves as a central location for resources that support Spanish-English and Hmong-English interpretation and translation in Humboldt and the neighboring region. A list of interpreters available to hire in the region and guidelines for hosting effective multi-lingual meetings is also available.
Spanish Language Resources & Support	<i>Northern California Translators Association</i>	2261 Market St., #160, San Francisco, CA 94114-1600	510-845-8712	http://www.ncta.org/	Finding language professionals for translation and interpretation needs. It also assists translators and interpreters with their profession.
Spanish Language Resources & Support	<i>Paso a Paso, St Joseph Health (Spanish Language)</i>	2200 Harrison Ave, Eureka, CA 95501	707-441-4477	http://www.stjoe-humboldt.org/For-Community/Paso-a-Paso-Step-by-Step-	Childbirth education, parenting and breast feeding support classes offered in Spanish. This is an outreach program of St. Joseph Health-Humboldt County.
Spanish Language Resources & Support	<i>Sacred Heart Church, Eureka</i>	2085 Myrtle Avenue, Eureka, CA 95501	707-443-8429	http://www.facebook.com/sacredhearteureka	Sacred Heart Church offers services in Spanish: Mass Wednesday at 7 p.m. and Sunday 12 p.m."
Spanish Language Resources & Support	<i>Spanish Translation & Interpretation Club, HSU</i>	1 Harpst St., Arcata, CA 95521	spantran@humboldt.edu	https://clubs.humboldt.edu/club_sites/spanish-translation-interpretation-club	Dedicates time to interpret and translate documents for local businesses, non-profit organizations, and community members.
SUD Services	<i>"Substance Use Disorder (SUD) Programs in Humboldt County," DHHS List</i>	---	---	http://humboldt.gov.org/DocumentCenter/View/844	DHHS-Mental Health maintains a listing of Substance Use Disorder (SUD) Programs in Humboldt County. See SUD.
SUD Services	<i>Adult Drug Court</i>	825 Fifth St. Room 301, Eureka, CA 95501	707-476-2371	http://www.humboldt.gov.org/157/Adult-Drug-Court	The program works to provide judicial oversight, community supervision, case management and drug treatment to felony non-violent adult criminal offenders. Each offender undergoes a Substance Use Disorder assessment and is referred to an appropriate treatment program.
SUD Services	<i>Al-Anon</i>	PO Box 6425, Eureka, CA 95502	707-443-1419 / 888-425-2666 (Toll Free)	https://www.ncwsa.org/district-01/	Support group for family/friends of those struggling with Substance Use Disorder. Various meeting places and times throughout Humboldt.
SUD Services	<i>Alcohol Drug Care Services</i>	528 Fifth St., Eureka, CA 95501	707-445-1391, 707-445-3869 (Detox)	---	Offers detoxification services as well a complete care program for persons dealing with substance abuse, dual diagnosis and other related issues.
SUD Services	<i>Alcoholics Anonymous (AA)</i>	PO Box 7102, Eureka, CA 95502	844-442-0711 (Humboldt #)	http://aahumboldtelnorte.net/	Support group for those struggling with substance use disorders. Only requirement for membership is a desire to stop drinking. Multiple meeting locations and times across Humboldt; go to website for current listings-changes often.
SUD Services	<i>Celebrate Recovery (Eureka Faith Center)</i>	1032 Bay St. Eureka, CA 95501	707-442-1784	eurekafaithcenter.org	Celebrate Recovery offers a 12-step accountability and support program for men and women as they seek healing from various hurts, habits and hang-ups.
SUD Services	<i>Detox: Alcohol Drug Care Services</i>	1335 C St., Eureka, CA 95501	707-445-3869	---	First step to a clean and sober lifestyle includes home cooked meals, group education, and staff support, 3-7 day detox and referrals to aftercare support, groups and meetings.
SUD Services	<i>Drug Education Program, Humboldt Family Service Center</i>	1802 California St., Eureka, CA 95501	707-443-7358	http://humboldtfamilyservice.org/in dex.html	A court-ordered 20-hour program that focuses on drug education, HIV, domestic violence, stages of use, blood alcohol concentration, drug effects on sleep, neurophysiology of MDMA and meth amphetamines. Fee is \$300.

Main Category	Name	Address	Phone	Website	Brief Description
SUD Services	<i>Faith Center Recovery Ministries: Celebrate Recovery</i>	1032 Bay St., Eureka, CA 95501	707-442-1784	http://eurekafaithcenter.org/	Program offered on Mondays at 7 p.m.
SUD Services	<i>Healthy Moms, Mental Health, DHHS</i>	2910 H St., Eureka, CA 95501	707-441-5220	http://humboldt.gov.org/417/Healthy-Moms-Program	Substance Use Disorder program; goals are to assist women in treating their addictions and to support them to become healthy, productive women and mothers. Childcare is provided on site for children 5 and under; offers mental health counseling.
SUD Services	<i>Humboldt Alcohol Recovery Treatment (HART)</i>	Fortuna Adventists Community Services, 2331 Rohnerville Road, Fortuna, CA 95540	707-725-9381, 800-98-Sober	http://fortunaacs.com/hart	Program is for any individual arrested or convicted of Driving Under the Influence of alcohol or drugs. Goal is to assist client to recognize his/her level of chemical dependency, and to aid in their recovery.
SUD Services	<i>Humboldt Area Center for Harm Reduction</i>	PO Box 7365, Eureka CA 95502-7365	Not listed	https://hachr707.org/home/	Provides comprehensive community-wide education programs, trainings and workshops; advocacy, empowerment, and support for drug users and other high-risk communities; overdose prevention; direct services, counseling, and referrals; safe injection supplies; and advocates for more humane drug policy.
SUD Services	<i>Humboldt County Programs for Recovery, Mental Health, DHHS</i>	720 Wood St., Eureka, CA 95501	707-476-4054 Toll free 866-930-6384	http://humboldt.gov.org/411/Alcohol-and-Other-Drugs-Treatment-Servic	Treats adults who are experiencing substance use problems. Treatment is conducted in groups. Outpatient Group counseling packet can be picked up at mental health and after filling it out the application can be dropped off at 720 Wood street. Intake hours are every Monday at 2 p.m., Wednesday at 9 a.m. and 2 p.m., and Friday at 9 a.m.
SUD Services	<i>Mothers Against Drunk Driving</i>	2233 Watt Avenue #230, Sacramento, CA 95825 PO Box 341009, Sacramento, CA 95834	916-481-6233	http://www.madd.org/	Action oriented support group for family and friends of victims of drunk drivers. Email: ca.state@madd.org.
SUD Services	<i>Narcotics Anonymous (NA)</i>	PO Box 6634, Eureka, CA 95502	707-444-8645 Toll Free: 1-866-315-8645	http://www.humboldtna.org/	NA is a nonprofit fellowship of men and women for whom drugs had become a major problem. Recovering addicts meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. Go to website for current printable list of meetings.
SUD Services	<i>North Coast AIDS Project(NorCAP), Public Health, DHHS</i>	908 Seventh St., Eureka, CA 95501	707-268-2132; Outreach (call or text) 707-599-6318	http://www.humboldt.gov.org/620/North-Coast-AIDS-Project-NorCAP	Offers non-medical case management, counseling, housing assistance, resource referral and advocacy services for people living with HIV/AIDS. HIV and hepatitis C testing and referral services, counseling, support, syringe exchange, homeless outreach services. Trainings to organizations and individuals on HIV, hepatitis C, PrEP and Narcan(opioid overdose reversal medication).
SUD Services	<i>Substance Abuse Treatment Services For Youth (SATS), United Indian Health Services</i>	1600 Weott Way, Arcata CA 95521	707-825-5000	http://www.unitedindianhealthservices.org	Youth outpatient substance abuse treatment program incorporates culturally appropriate services as well as the traditional 12-step model.
SUD Services	<i>Substance Use Disorder Services, Open Door Community Health Centers</i>	2426 Buhne St., Eureka, CA 95501	707-269-7073 Email: SUDServices@opendoorhealth.com	http://opendoorhealth.com/opendoor/new-patient-information/substance-use-services/	For those who want to stop using opioids. Includes Medication Assisted Treatment, one-on-one and group counseling, and support to make healthy choices in a non-judgmental environment. Check website for a program near you.
SUD Services	<i>United Indian Health Services, Behavioral Health</i>	1600 Weott Way, Arcata, CA 95521	1-800 675 3693 707-825-5000	http://www.unitedindianhealthservices.org	Supportive counseling to Indian children, adolescents, and adults who are struggling with personal adjustments, emotional issues, or Substance Use Disorder. Individual, couple, group therapy. Outpatient services.
SUD: Residential Facilities and Clean & Sober Houses	<i>AJ's Transitional Living</i>	PO Box 2562, McKinleyville, CA 95519	707-630-3619	https://www.ajsliving.org	The transitional living house operates on a 12-step model and operates on a cooperative model where residents share house duties and chores. Residents are permitted to make mistakes without being rejected, within limits. Rooms generally cost from \$300 to \$400 per month.

Main Category	Name	Address	Phone	Website	Brief Description
SUD: Residential Facilities and Clean & Sober Houses	<i>Alcohol and Drug Care Services, Women's Residential Treatment Program, formerly Bonnie Brown</i>	1742 J St., Eureka, CA 95501	707-444-2232	---	Transitional Housing and part of Waterfront Recovery Services
SUD: Residential Facilities and Clean & Sober Houses	<i>Cornerstones Transitional Housing</i>	Not listed	707-725-9252	---	Cornerstones is a transitional housing program for men based in Eureka and Rio Dell.
SUD: Residential Facilities and Clean & Sober Houses	<i>Crossroads: North Coast Substance Abuse Council</i>	1205 Myrtle Ave, Eureka, CA 95501	707-445-0869	---	This is a 22 bed residential facility; 90 percent of SSI goes to program; average 90-day program; six beds are reserved for women.
SUD: Residential Facilities and Clean & Sober Houses	<i>Dale Ward: Clean and Sober Houses</i>	Not listed	707-496-1709	---	Dale Ward oversees several clean and sober houses in Humboldt County
SUD: Residential Facilities and Clean & Sober Houses	<i>Feather House Sober Living</i>	---	707-721-5595	---	Sober living facility in Eureka. FeatherHouseSoberLiving@gmail.com.
SUD: Residential Facilities and Clean & Sober Houses	<i>Humboldt Recovery Center</i>	PO Box 6310, Eureka, CA 95502	707-444-6262 (men), 707-443-0514 (women)	http://www.humboldtrecoverycenter.org/About_Us.html	Licensed and certified residential substance abuse treatment facility. Provides treatment and recovery services to men and women who wish to develop meaningful, drug-free lifestyles.
SUD: Residential Facilities and Clean & Sober Houses	<i>Men's Program, Eureka Rescue Mission</i>	100 Second St., Eureka, CA 95501	445-3787 Admin, 443-4551 men's shelter	http://eurekarescuemission.org	Faith based residential program. Go to the Mission to fill out an assessment with house manager. One year long program.
SUD: Residential Facilities and Clean & Sober Houses	<i>Mercy's Haven (SUD)</i>	PO Box 607, 311 1/2 Greenwood Road, Blue Lake, CA 95525	707-844-3042	http://www.mercyshaven.org/	Non-denominational, faith-based transitional housing resource for adult mothers and their children. Offers structure, support, and accountability for moms willing to grow and build successful lives with their children. Please call or visit the website to learn more about they do and apply for residency.
SUD: Residential Facilities and Clean & Sober Houses	<i>Mission Teens, Inc. Mountain of Mercy</i>	PO Box 55, Honeydew, CA 95545	707-601-3403	http://www.missionteens.com/	Non-denominational Christian Discipleship. Free program (excluding SSI clients who pay \$210/mo) helping people who struggle with life-controlling problems/drug addiction. Residential 8-10 months treatment with 5.5 hrs/day bible classes, 2 hrs/day work projects 5/days a week. One on one counseling.
SUD: Residential Facilities and Clean & Sober Houses	<i>Redwood Teen Challenge</i>	2212 Second St., Eureka, CA 95501	707-268-8727	http://www.redwoodtc.org/	Programs for those 18 and over: Men's Center and Women's Center. A faith based solutions program to the drug epidemic; free, one year live-in program.
SUD: Residential Facilities and Clean & Sober Houses	<i>Shelly, Tim: Clean and Sober Houses, Plumbing</i>	Not listed	707-499-1266	---	Tim Shelly oversees several clean and sober houses in Humboldt County.
SUD: Residential Facilities and Clean & Sober Houses	<i>Singing Trees</i>	2061 US Highway 101, Garberville, CA 95542	707-247-3495	http://www.singingtreesrecovery.com/	Detoxification services in all of their primary programs which include: 7-Day Detox, 14, 30, 60 and 90-Day Residential Treatment Programs (no Medi-Cal).
SUD: Residential Facilities and Clean & Sober Houses	<i>Waterfront Recovery Services</i>	2413 Second St., Eureka, CA 95501	707-269-9590	---	Waterfront Recovery Services (WRS) is a new 56-bed medically managed detoxification and residential addiction treatment center located at the former Multiple Assistance Center next to Target. The intake coordinator is available Mon-Fri from 9:00 a.m. to 5:00 p.m. for those wanting to complete the screening process for new residents 18 years of age or older.
Transportation	<i>Amtrak</i>	925 E St., Arcata, CA 95521	800-872-7245 (Redding Station)	http://www.amtrakcalifornia.com/	Amtrak is a publically funded service operated and managed as a for-profit corporation to provide intercity passenger train service in the United States.
Transportation	<i>Angel Flight West</i>	3161 Donald Douglas Loop South, Santa Monica, CA 90405	888-426-2643	http://www.angelflightwest.org	Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs.
Transportation	<i>Arcata & Mad River Transit</i>	925 E St., Arcata, CA 95521	707-822-3775	http://www.arcatatransit.org/	Provides bus service throughout Arcata.

Main Category	Name	Address	Phone	Website	Brief Description
Transportation	<i>Area 1 Agency on Aging Volunteer Driver Program</i>	434 Seventh St., Eureka, CA 95501	707-442-3763	http://www.a1aa.org/	Provides local non-emergency medical transportation to eligible clients.
Transportation	<i>Community Bike Kitchen, Jefferson Family Resource Center</i>	1000 B St., Eureka, CA 95501	707-269-2061	https://www.facebook.com/CommunityBikeKitchenATJeffersonSchool	The Community Bike Kitchen is open for general hours on Tuesday, Wednesday and Sunday evenings from 6 to 8 p.m. Women's and trans only open hours are on the first and third Sundays of the month.
Transportation	<i>Dial-A-Ride (Transportation)</i>	HTA, 133 V St., Eureka, CA 95501	707-443-0826 (HTA) 707-443-7077 (HCAR)	http://www.hta.org	The certification process for travelers with disabilities to use paratransit/dial-a-ride services in Humboldt County is performed through Humboldt Transit Authority, although the service is a collaboration with HCAR. Visit HTA website for appropriate form.
Transportation	<i>Fortuna Transit (Transportation)</i>	---	707-725-7625	http://friendlyfortuna.com/index.aspx?nid=98	Provides transportation within the Fortuna City limits to people who are at least 50 years of age or persons with a disability; Monday through Friday 8:30 am to 4 pm.
Transportation	<i>Greyhound</i>	925 E St., Arcata, CA 95521	707-825-8934, 800-231-2222	http://www.greyhound.com	A public bus transportation system.
Transportation	<i>Humboldt Transit Authority</i>	133 V St., Eureka, CA 95501	707-443-0826, 707-822-3775, 707-668-5101	http://www.hta.org	Sells a variety of different bus passes: daily/monthly, Eureka Transit, Redwood Transit, Southern Humboldt.
Transportation	<i>Klamath Trinity Non-Emergency Transportation (KT Net)</i>	38883 Hwy. 299 (In the Willow Creek Community Resource Center)	530-629-1192	www.ktnet.org	Offers public transportation services in rural Northeastern Humboldt County. Serves the communities of Willow Creek, Hoopa, Weitchpec, Wautec and Orleans.
Transportation	<i>SFVAMC Shuttle, Eureka VA Outpatient Clinic</i>	930 W Harris St; Eureka, CA 95501	707-269-7500	https://www.sanfrancisco.va.gov/locations/Eureka.asp	Two shuttles can be used for medical appointments at S.F. or Santa Rosa VA clinics. Must provide proof of appointment; must have a "hotel" (Lodging through the V.A.). Leaves Mondays at 7 a.m., Tuesdays through Thursdays 7 and 10:30 a.m.
Transportation	<i>Transportation Assistance Program (TAP), Social Services, DHHS</i>	929 Koster St; Eureka, CA 95501	707-269-4106	http://humboldt.gov.org/530/Transportation-Assistance-Program	Provides permanent relocation assistance for those seeking to leave the county, who have verified employment or housing waiting for them.
Veterans	<i>Carlos L. Lopez and Associates LLC (Veterans)</i>	434 Seventh St., #210 Eureka, California 95501	707-267-0740 email preferred: see description	http://www.career-rehab.com/	A unique partnership between the Department of Veterans Affairs and Housing and Urban Development (HUD) that provides long-term case management, financial supportive services and permanent housing support for chronically homeless veterans. kgonzalez@career-rehab.com or k.gonzalez@VA.gov
Veterans	<i>Counseling for Veterans</i>	2830 G St., Suite A Eureka, CA 95501	707-444-8271	https://www.va.gov/directory/guide/facility.asp?id=513	For veterans who have served in any combat zone; help for veteran and their family with readjustment counseling, military sexual trauma and outreach services. Contact person Deborah Reeves.
Veterans	<i>Eureka VA Outpatient Clinic: U.S. Dept. of Veteran Affairs</i>	930 West Harris St., Eureka, CA 95503	707-269-7500	http://www.sanfrancisco.va.gov/locations/Eureka.asp	Offers a wide range of preventative and primary care to Humboldt County veterans. Appointments are required. Clinic hours are Mon. through Fri. 8 a.m. to 4:30 p.m.
Veterans	<i>North Coast Veterans Resource Center (HCHV) (Veterans)</i>	109 Fourth St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	NCVRC operates a fifteen-bed Health Care for Homeless Veterans (HCHV) behavioral health program. In total, NCVRC is able to provide temporary housing and services to fifty homeless veterans.
Veterans	<i>North Coast Veterans Resource Center (HCHV) (Veterans)</i>	109 Fourth St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	At the HCHV behavioral health program, NCVRC employs a full-time clinician as well as a case manager to address some of the higher level needs clients may be facing including: substance abuse, healthy relationships, anger management and communication skills.
Veterans	<i>North Coast Veterans Resource Center (SSVF) (Veterans)</i>	109 Fourth St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	NCVRC operates a Supportive Services for Veteran Families (SSVF) program. SSVF is a rapid rehousing program that can assist veteran households that are homeless, or at risk of losing their housing, to become housed or remain housed.

Main Category	Name	Address	Phone	Website	Brief Description
Veterans	<i>North Coast Veterans Resource Center (Veterans)</i>	109 Fourth St., Eureka, CA 95501	707-442-4322	http://www.vetsresource.org/vrc-north-coast.html	NCVRC operates four programs for homeless veterans in Eureka. The transitional housing (TH) program consists of 36 VA Grant & Per Diem beds, three currently designated for female veterans. In TH, veterans engage with case management staff upon enrollment. Staff and veteran work to develop an Individual Service Plan to identify various barriers and develop goals to overcome them.
Veterans	<i>USDVA, Bereavement Services</i>	2830 G St. Suite A, Eureka, CA 95501	202-461-6530	http://www.vetcenter.va.gov/bereavement_counseling.asp	Assistance and support to people with emotional and psychological stress after the death of a loved one. Bereavement counseling includes a broad range of transition services, including outreach, counseling, and referral services to family members.
Volunteer Opportunities	<i>Court Appointed Special Advocates (CASA) (Voluntariado)</i>	2356 Myrtle Avenue, Eureka, CA 95501	707-443-3197	http://www.humboldtcasa.org/	Court Appointed Special Advocates (CASA) speaks for children in court because all children have a right to live in a safe, healthy and secure environment. Trained volunteers advocate for abused children in court, assuring that they are placed in safe, nurturing homes.
Volunteer Opportunities	<i>Food for People, Volunteer Opportunities</i>	307 West 14th St., Eureka, CA 95501	707-445-3166 (phone) 707-445-5946 (fax)	https://www.foodforpeople.org/volunteering	Volunteers are at the heart of Food for People. It takes a community of volunteers to make programs successful. All volunteers are required to attend an orientation to begin volunteering. Orientations are held at the Food for People headquarters in Eureka every Monday at 2:30 p.m., except on holidays.
Volunteer Opportunities	<i>Friends of the Dunes</i>	PO Box 186, Arcata, CA 95518	707-444-1397	http://www.friendsofthedunes.org/	Friends of the Dunes is dedicated to conserving the natural diversity of coastal environments in Humboldt County, California, through community supported education and stewardship programs.
Volunteer Opportunities	<i>Humboldt County Library, Volunteer Opportunities</i>	1313 Third St., Eureka, CA 95501	707-269-1918	https://humboldt.gov.org/711/Volunteer	Apply to volunteer at the Humboldt County Library in Eureka by navigating to the website and printing out the volunteer application form. Alternatively, the application can be requested from any public service desk in the area.
Volunteer Opportunities	<i>Latino Outdoors (Volunteer Opportunities)</i>	---	707-502-4574	http://latinooutdoors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs. Contact Ruby Rodriguez.
Volunteer Opportunities	<i>North Coast Big Brothers Big Sisters (Volunteer)</i>	428 C St., Suite G, Eureka, CA 95501	707-445-4871	http://www.ncbbbs.org/	Providing children facing adversity with strong and enduring, professionally supported 1-to-1 relationships. BBBS partners with parents/guardians, volunteers & others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors, & educational success.
Volunteer Opportunities	<i>Retired Senior Volunteer Program (RSVP), Area 1 Agency on Aging</i>	839 Ninth St., Arcata, CA 95521	707-630-5081	http://www.a1aa.org/programs-and-services/volunteer-center-redwoodsrsvp	Recruits, refers, supports, and insures community members 55 years of age and older. Connects them with local non-profit organizations in Humboldt County.
Volunteer Opportunities	<i>St. Joseph Hospital, Volunteer Opportunities</i>	2700 Dolbeer St., Eureka, CA 95501	707-445-8121	https://www.stjoehumboldt.org/about-us/volunteer-opportunities/eureka-volunteers/	St. Joseph Hospital Eureka has a very dynamic volunteer program comprised of many individuals of all ages. Depending on individual interests, dedicated volunteers serve in several areas of the hospital and in the community as well. Each year the volunteers raise thousands of dollars through the recycling program and gift shop sales, with all proceeds going to benefit patient care and scholarships for care providers.
Volunteer Opportunities	<i>UPLIFT Eureka!</i>	1011 Waterfront Dr., Eureka, CA 95501	707-268-1858	https://www.empowereureka.org/co-pilot-program	The City of Eureka community services program UPLIFT Eureka was created to guide the houseless population in accessing vital community resources to obtain housing and employment. By uplifting one individual in need, together volunteers and participants can benefit and strengthen our entire community.
Volunteer Opportunities	<i>VolunteerMatch</i>	VolunteerMatch 409 13th St., Suite 800 Oakland, CA 94612	---	https://www.volunteermatch.org/	VolunteerMatch is an online search engine that allows non-profit organizations and prospective volunteers to find and connect with each other based on location, preferred fields of work, and other variables.
Youth Services	<i>4-H, UC Cooperative Extension</i>	5630 South Broadway, Eureka, CA 95503-6998	707-445-7351	http://cehumboldt.ucdavis.edu/4-H_Program_270/	4-H is the world's largest youth-serving organization open to ages 5-19. Over 200 hands-on projects are offered from crafts, gardening, guide dogs and horses, to robotics, computers, cooking and outdoor adventure. Clubs throughout the county. Contact Thomas Stratton.

Main Category	Name	Address	Phone	Website	Brief Description
Youth Services	<i>Boys and Girls Club of the Redwoods</i>	939 Harris Avenue, Eureka, CA 95503	707-441-1030	http://bgcredwoods.org/	Services to enable all children in grades K-12 to reach their full potential as productive, caring, responsible citizens. It is a youth development program; services include the Teen Centers and Club House. Teen Courts (for first time juvenile offenders) is a restorative justice program that receives referrals directly from law enforcement.
Youth Services	<i>Boys and Girls Club of the Redwoods (recreation)</i>	939 Harris Ave., Eureka, CA 95503	707-441-1030	http://bgcredwoods.org/	The Eureka Teen center serves teens in grades 6th through 12th. Numerous programs, activities and special events. Annual membership fee of \$30; talk to unit director about payment options. Open Monday through Friday.
Youth Services	<i>Boys Town</i>	---	Hotline 800-448-3000	http://www.boystown.org/	Reuniting kids with their families, finding foster homes for others, providing a Boys Town family for those with nowhere else to turn. National headquarters 402-498-1300, CA headquarters 714-558-0303
Youth Services	<i>Food for People (Backpacks for Kids)</i>	Check with the child's school.	No Phone	http://www.foodforpeople.org/programs/backpacks-kids	Backpacks for Kids provides income-eligible children with a bag of food on Fridays during the school year. The bag contains enough food for breakfast, lunch, and dinner for two days. Enrollment happens through the school.
Youth Services	<i>Food for People (Children's Summer Lunch)</i>	307 West 14th St., Eureka, CA 95501	707-445-3166 x309	http://foodforpeople.org/programs/summer-lunch-children	Food for People's Children's Summer Lunch Program operates June through August, when school (and school lunch) is out. Check website for locations.
Youth Services	<i>Foster Youth and Homeless Education Services, Humboldt County Office of Education</i>	901 Myrtle Avenue, Eureka, CA 95501	707-445-7187	http://www.humboldt.k12.ca.us/foster-youth.php	Ensures foster/homeless youth receive every opportunity to education students are entitled to. Works in collaboration with Humboldt County school districts/DHHS to fully implement state & federal laws which protect the educational rights of foster and homeless youth and children. Contact person Roger Golec.
Youth Services	<i>Head Start & Early Head Start Programs, (Northcoast Children's Services)</i>	Main Office, 1266 Ninth St., Arcata, CA 95521	707-822-7206 800-808-7206	http://ncsheadstart.org/	Work in partnership with parents to provide child and family-centered services through half and full-day child development and parent education. Numerous locations throughout Humboldt. Head Start ages 3-5, Early Head Start ages 0-3.
Youth Services	<i>Humboldt County Transition-Age Youth Collaboration (HCTAYC), DHHS</i>	433 M St., Eureka, CA 95501	707-476-4922	https://humboldt.gov.org/542/Transition-Age-Youth-Programs	HCTAYC helps to foster and build skills in the areas of youth leadership, policy change, youth advocacy, community engagement and wellness. Aided by the Youth Advisory Board, the program works to empower transition-age youth and transform systems to better serve them in their formative years.
Youth Services	<i>Independent Living Skills Program, DHHS</i>	433 M St., Eureka, CA 95501	707-382-4522	http://humboldt.gov.org/541/Independent-Living-Skills-Program	Independent Living Skills Program is voluntary and designed to assist youth transitioning from the foster care system. Youth who have been in foster care after their 16th birthday are eligible for ILSP services until 21st birthday.
Youth Services	<i>Latino Outdoors (Youth Services)</i>	---	707-502-4574	http://latinooutdoors.org	A Latino-led, volunteer-powered organization that provides outdoor recreational opportunities to youth and families to inspire and empower Latino wellness and outdoor leadership using culturally relevant programs. Contact Ruby Rodriguez.
Youth Services	<i>North Coast Big Brothers Big Sisters (Youth)</i>	428 C St. Suite G, Eureka, CA 95501	707-445-4871	http://www.ncbbbs.org/	Providing children facing adversity with strong and enduring, professionally supported 1-to-1 relationships. BBBS partners with parents/guardians, volunteers & others in community to hold all accountable for each child in program achieving higher aspirations, avoidance of risky behaviors, & educational success.
Youth Services	<i>Our House, Youth Services Bureau, RCAA (Youth)</i>	---	707-444-2273	http://rcaa.org/division/youth-service-bureau	Provides shelter services for youth who may be experiencing homelessness, severe family conflict, or fleeing from a dangerous living situation. Our House Shelter is a temporary residential program with the goal of family reunification. Call the 24-Hour Crisis Hotline to learn more about the program and the entrance procedure.
Youth Services	<i>Raven Project, RCAA (Youth)</i>	523 T St. (Drop-In Center), Eureka, CA 95501	707-443-7099	http://rcaa.org/youth-services-bureau	Provides food, clothing, showers, and other services to homeless youth 21 years of age or younger. The RAVEN Project is open Monday from 5:00-9:00 p.m., Wednesday from 1:00-6:00 p.m., Friday from 1:00-4:00 p.m., and Sunday from 1:00-5:00 p.m.

Main Category	Name	Address	Phone	Website	Brief Description
Youth Services	<i>RCAA - Launch Pad Transitional Living Program (Youth Services)</i>	1100 California St., Eureka, CA 95501	707-445-1360	http://rcaa.org/youth-services-bureau	The Launch Pad is a long term transitional living program for homeless youth or youth fleeing dangerous living situations. Drop-In hours are 3:00-5:00 p.m. every Wednesday (or by appointment). During Drop-In all prospective youth meet with program staff; youth are informed of program expectations and given a brief tour of the TLP living facility.
Youth Services	<i>Street Outreach, Raven Project, Youth Services Bureau, RCAA</i>	523 T St. (Drop-In Center), Eureka, CA 95501	707-443-7099	http://rcaa.org/youth-services-bureau	Street Outreach Workers take to the streets with resource materials, safer sex supplies, first-aid supplies, and toiletries, socks, and snacks. Goal is to interact with individuals who cannot, or have not yet accessed services through the drop-in center.