NARCAN SAVES LIVES

Mira Friedman, MSW

Lead for Health Education and Clinic Support Services

Student Health and Wellbeing

mira@humboldt.edu

Narcan

Narcan is a medication that immediately reverses the effects of opioid overdose.

Each dose contains one spray and only sprays one time.

Only works on opioids

Safe to use on someone who has not used opioids.



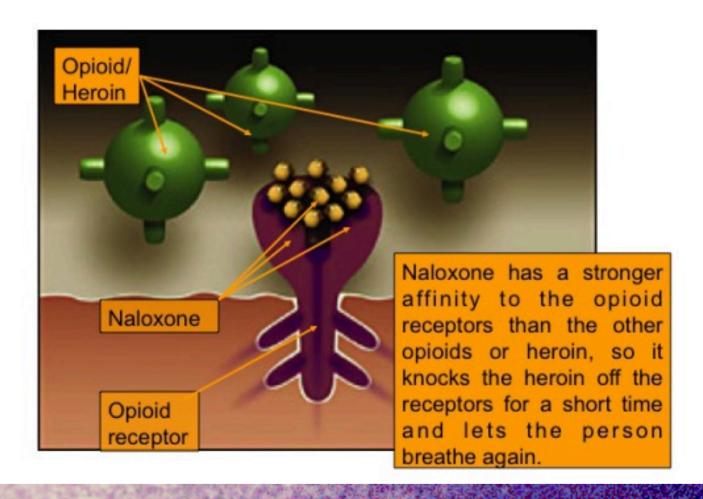
Naloxone is a safe, non-addictive medication that can reverse an overdose and save lives.

When someone is overdosing on opioids the medicine essentially knocks the drugs off the brain's receptors.

Narcan is safe for pregnant people, children and pets.

The individual does not have to be breathing for Narcan to work.

Naloxone reversing an OD



Opioids occur naturally in plants.

An opioid is broadly defined as any synthetic, semisynthetic, or natural drug which acts on the brain's opioid receptors.

Examples: Codeine, Vicodin, Heroin, Morphine, Fentanyl

Fentanyl

100 times stronger than morphine 50 times stronger than heroin



A fatal dose, for most people, is around 2 milligrams.

Multiple doses of narcan are often needed to reduce an overdose when fentanyl is present.

Fentanyl

Fentanyl is being mixed into all kinds of drugs including ecstasy, cocaine, methamphetamines, heroin, and counterfeit pills.

In the United States, Fentanyl overdose fatalities were 2,666 in 2011 and spiked to over 100 thousand in 2021.

National Intitute on Drug Abuse

6 out of every 10 counterfeit prescription pills tested by the U.S. Drug Enforcement Agency lab in 2022 contained fentanyl.

It's cheap to manufacture and easy to transport because it only takes a minuscule amount to get a strong drug effect.

Dr Candy Stockton, M.D. Humboldt County Public Health Officer

Over 89 overdose deaths related to opioids in Humboldt County in 2022

Who do you think is overdosing?

"They were between 22 and 74 years old.

One only completed eighth grade, but some had master's degrees."

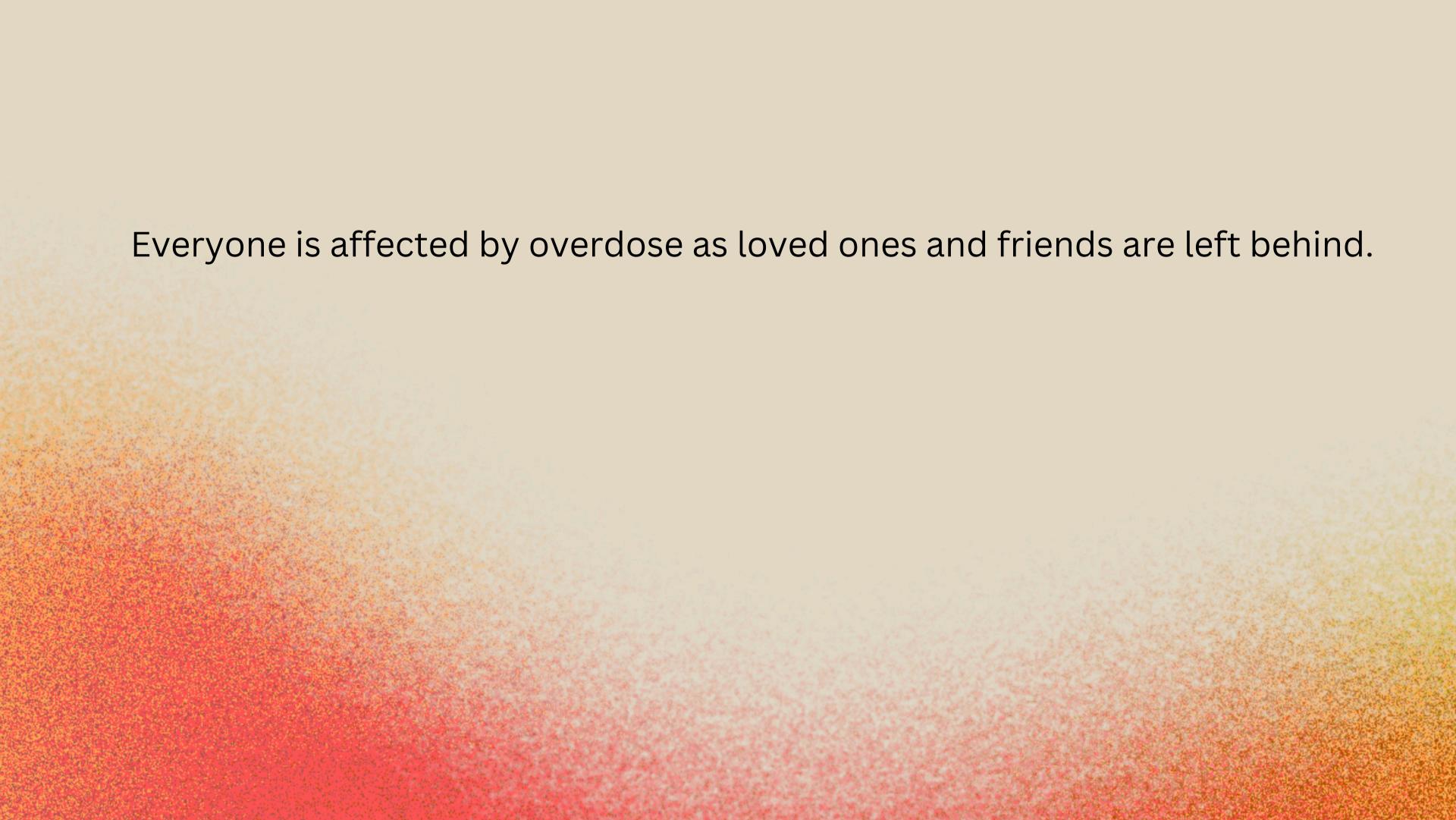
"A few had never worked, but the rest worked in nearly every sector of our community.

A few were unhoused, but many died in their own homes.

Eleven were married."

"They included essential workers, first responders, and veterans.

They represent 11 different cities and towns in Humboldt County."



<u>Opioid overdoses can happen</u>

When a patient misunderstands the directions for use, accidentally takes an extra dose, or deliberately misuses a prescription opioid.

With recreational drug use.

If a person takes opioid medications prescribed for someone else.

If a person mixes opioids with other medications, alcohol, or over-the-counter drugs.

Additional Risk Factors

Using alone

Changes in the drug supply

History of previous overdose

Reduced tolerance after incarceration, detox, rehab, hospitalization, and/or sporadic patterns of drug use

Using in a new environment

Signs of a potential overdose

Person does not wake or respond to loud voice

Breathing is not normal, very slow, or has stopped

Pin-point sized pupils

Change in color of face and lips

Gurgling sounds

Does not respond to squeezing arm, leg, or knuckle rub on sterum

Responding in moments of crisis

Clear the air way

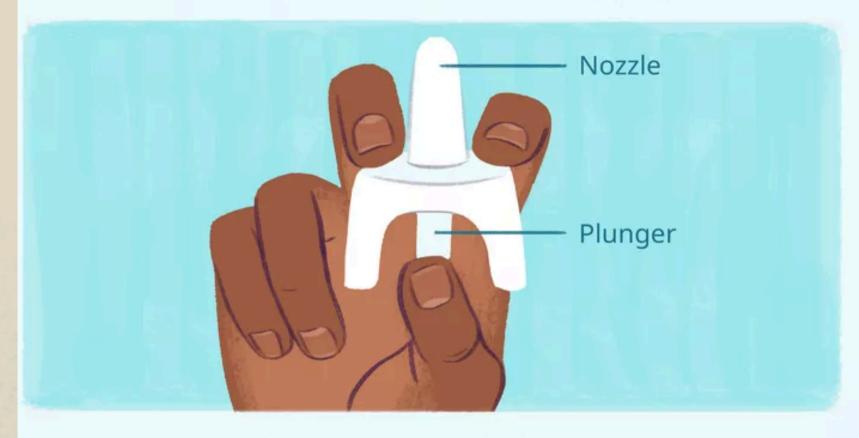
Give one dose narcan nasal spray

Call 911

Additional sprays every 2 to 3 minutes until they begin breathing normally

Stay will the person until help arrives

How to Give Narcan Nasal Spray



 Hold the spray with your thumb on the bottom of the plunger and place your index and middle fingers on the side of the nozzle.

Narcan

SAFE TO USE EVEN IF SOMEONE DID NOT TAKE AN OPIOID

Store at room temperature

Opioid overdose events where naloxone is administered are reversed at rates between 83%-100%

Better to use an expired Narcan than none at all

The individual does not have to be breathing for Narcan to work.

California Law and Narcan

AB 472

"Good Samaritan Law"- protects people who call 911 at the scene of an overdose from prosecution for possession of usable amounts of controlled substances

AB 635

Protects doctors and other licensed professionals who prescribe or distribute naloxone

Please...

Lock up medications and any recreational drugs

Properly dispose of any unused medications

Learn about recovery and support services like Waterfront, Aegis, and Providence's Substance Use Navigator

Talk about Narcan

If prescribed an opioid ask your provider for Narcan

Narcan and fentanyl test strips on Campus

Vending machines (SAC & Nelson Hall)

Peer Health (RWC 127)

Oh Snap Student Food Programs (RWC 122)

Check It (Forbes 151)

Health Center

Testing drugs using fentanyl test strips Although not 100% effective, it is a harm reduction tool

Narcan can also be obtained from the Humboldt County Public Health Department & Humboldt Area Center for Harm Reduction



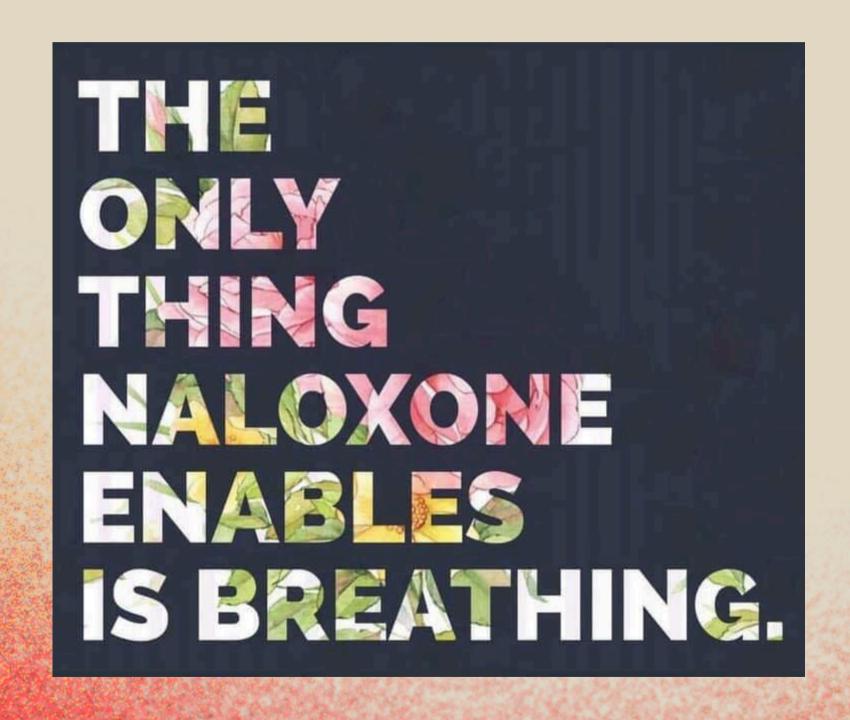
Call Never Use Alone 877-696-1996 your Overdose Prevention Lifeline.

Toll-free national overdose prevention, detection, life-saving crisis response and medical intervention services for people who use drugs while alone. Never Use Alone's peer operators are available 24-hours a day, 7 days a week, 365 days a year.

No stigma. No judgment. Just love!

www.neverusealone.com

YOU CAN SAVES LIVES



Resources

www.rxsafehumboldt.org www.harmreduction.org www.neverusealone.com www.naloxoneforall.org

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